The department of Information Logistics and Security is a vital component of Monmouth University's technology and electronic communication on a day-to-day basis. One-third of the Information Management division, the staff of Information Logistics and Security works together on purchasing equipment like hardware and software for the entire campus, inventory tracking, asset management, software maintenance, and continuity and disaster recovery. They also handle security oversight and policy management. Their overall mission is to ensure that they can assist, in any way possible, the business of the school: teaching and learning. The new department was created at the beginning of 2010-2011 fiscal year after Vice President for Information Management Systems Edward Christensen arranged the Information Management division into three parts, the other two are Information Support and Information Operations.

Questions for Information Logistics and Security?
Visit Edison Science Hall • Call: 732-571-3656 • E-Mail: jcavallo@monmouth.edu

Resolution

This was a resolution passed by the Board of Trustees at the June Board meeting to thank the employees of Monmouth University for donating over $1 million dollars in the past five years to Monmouth University's Employee Giving Campaign.

WHEREAS, in 2006 the Division of University Advancement embarked on a campaign to motivate and energize the University community to participate in the Annual Fund, and

WHEREAS, in 2006 Faculty, Staff and Administrative employees numbering 408 donated $126,628 to the Annual Fund, and 46 of them became members of the President's Society, and

WHEREAS, in calendar year 2010, 607 employee donors gave $262,362.96 to the University’s Annual Fund with 84 becoming members of the President’s Society, and

WHEREAS, the amount of dollars raised and the number of employee participants has risen steadily every year, resulting in over $1 million having been contributed to Monmouth by University employees over the last five years, and

WHEREAS, the Board of Trustees is extremely mindful of the impact this level of employee giving has on the reputation of the University and the positive light it casts when foundations and grant entities consider providing financial support to Monmouth, and

WHEREAS, these funds will provide scholarships for students, and support for academic and athletic programs, while demonstrating the deep commitment and dedication of Monmouth's employees, now therefore,

BE IT RESOLVED, that the Monmouth University Board of Trustees expresses to the Faculty, Staff and Administrative employees, who have donated so generously, its profound gratitude and appreciation for this extraordinary level of support, and

BE IT FURTHER RESOLVED, that the Board of Trustees trusts that the philanthropic example set by these employee participants will inspire others to join in this noble endeavor.

Paul G. Gaffney II  Robert B. Sculthorpe ’63
President of the University  Chairman of the Board of Trustees
(continued from cover)

**John Cavallo** is the Logistics and Security Director. He meets with stakeholders within Information Management and also with other departments on campus, streamlines technological operations, and ensures that the University stays within compliance for various laws and regulations, such as the Family Educational Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act (HIPAA) for all digital assets. He has worked at the University since May 1997.

His favorite part of his job is “the sense of the accomplishment in finding the best possible solution for the campus.” As for one specific accomplishment, John reports, “to have the ability to step up when asked, and provide a reliable service to the MU users.” He chose this profession because he believed it was a good fit for him, and also liked the idea of merging his lifelong interest of information with technology.

Before coming to Monmouth, John was a production assistant for New Jersey native singer Bruce Springsteen, which he describes as a “very natural thing.” John has his undergraduate degree in Communication from Monmouth, and is currently going for his graduate degree in Corporate and Public Communication. In his spare time, John plays as a musician in his classic rock band Chik-A-Boom. He is also a scuba diver, and has explored through the Caribbean and many other waterways. In addition, he enjoys playing computer games.

**Ted Tsoutsas** is the Software Licensing Administrator, and documents the purchases made for all of the campus’ software. Ted has worked with the University for 10 years, also being employed in Instructional Technology. Ted attended Monmouth University majoring in computer science. Overall, he said the best part of his job is solving issues the department or campus community runs into regarding software issues. “With my out-of-the-box solutions, I attempt to solve any problem. I have saved the University a ton of money.” Ted has also been working on other projects such as creating a Hawk TV OnDemand and creating digital copies of The Outlook.

When not working, Ted enjoys taking unplanned driving expeditions across the country. He has traveled to North Carolina, Kentucky and other spur-of-the-moment trips. For a conference in Canada, Ted chose to drive there while the rest of the department traveled by plane. “I like to look at things...it’s my biggest relaxation,” he states. He also spends time on his computer outside of the office.

**Linda Cosentino** is the Assistant to the Associate Vice President of Information Logistics and Security. She has worked for the University for 17 years, starting out in Undergraduate Admission, moving to Affirmative Action, Human Relations and Compliance, and finally to Information Management. She has been a part of the current department for 12 years.

Within this unit, Linda loves that her job is not monotonous and includes a variety of tasks. She says she chose this profession because she not only wanted to continue with her education, but the position seemed to be in an interesting field, had room for advancement, and is very challenging. She also is happy to interact with different members of the campus community. “I enjoy working on a vibrant college campus.”

Previously, Linda was employed at Fort Monmouth, specifically in Patterson Army Hospital and also assisted the Dietician in the Nutrition and Care Division, which oversaw the dining facilities. She received her undergraduate degree in Anthropology from Monmouth, which she considers her biggest accomplishment here. She is looking forward to getting her certificate in Information Technology, and is also preparing to get a graduate degree in either Education or Anthropology. “Now I’m on a roll – I’m not stopping!” Outside of Monmouth, Linda loves being in the outdoors, and visiting the beach and boardwalk. She also enjoys traveling with friends and family, and has a fondness for the Caribbean Islands.

**Annemarie Corcoran** is the Telecommunications Assistant in Information Logistics and Security. She has been employed at the University since June 2002, first working in Administrative Services. She then split her time between Information Management and Administrative Services. Annemarie applied for the position as Telecommunications Assistant in November 2009 and was selected. When asked what she admires most about her job, she responded that she loves talking with so many people each day, since every department on campus purchases equipment at one point or another. “We buy everything for everybody.” In addition, Annemarie is most proud of the inventory tracking system that was implemented by the department last year. “It was such a big accomplishment and we use it on a daily basis.”

Annemarie received her undergraduate degree in Anthropology from Monmouth. She is currently working towards her graduate degree in Education. “Now that they have a Master’s in Anthropology, I might as well go for that too!” Annemarie says. She says she first wanted to work for Monmouth in order to get an education. “It’s so much easier when it is right when you’re working.” In her spare time, Annemarie enjoys reading, writing poetry, and going to the opera. She also enjoys watching the Met HD Broadcasts in Pollak Theatre. Furthermore, Annemarie is fond of traveling, and has visited Italy, France, Germany, and is hoping to make it to India this summer.

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**New Dean of Honors School Named**

I am pleased to announce the appointment of Dr. Kevin Dooley of the Department of Political Science and Sociology as the Dean of the Honors School, effective July 1, 2011. Dr. Dooley, who comes highly recommended by the Honors School Dean Search Committee, will succeed the Interim Dean, Dr. William Mitchell, who will return to full-time faculty service as the Freed Chair in Social Science in the History and Anthropology Department.

Dr. Dooley, who is currently an Assistant Professor of Political Science (he is scheduled for promotion and tenure on July 1, 2011, subject to Board approval), graduated from Monmouth University in 1999, and earned his Master’s and Doctoral degrees from Rutgers University-Newark. In his brief career at Monmouth (since 2003), Professor Dooley has already enjoyed outstanding success with his teaching and scholarship and publications in his areas of national identity and globalization, comparative European governments, and ethics and international relations. He has taught Honors sections of Political Science and advised students completing their Honors theses. Of his myriad service contributions over the years, the most relevant to his new Honors assignment have been his leadership on the Faculty Council (as Governance Secretary), as Director of the Governor’s School on Public Issues in New Jersey (2004-2007), and as faculty director of an experiential course on the Model United Nations.

(continued on pg.4)
Max Bado

Max Bado joined the Information Support department on May 9 as a Technology Support Specialist. Max graduated from Bucknell University in Lewisburg, Pennsylvania with a Bachelor’s degree in International Relations and East Asian Studies. Previously, Max performed desktop support and PC repair while employed by Dell/Apex at Fort Monmouth, Firedog/Circuit City in Eatontown and privately as Omega Computer Solutions.

Mel Dale

Mel Dale joined the University as Director of Compliance on April 25. Melissa received her Bachelor’s degree in Music Recording Technology with a minor in Physics from Lebanon Valley College in Annville, Pennsylvania and her Juris Doctorate from the Earle Mack School of Law at Drexel University in Philadelphia. Before coming to Monmouth, Mel was employed as an alumni recruiter for her law school, as well as serving as a law clerk for Cooper Levenson in Atlantic City and the Environmental Protection Agency Office of Regional Counsel in Philadelphia. She is also a licensed attorney in both PA and NJ.

Julian Williams

Julian Williams was named Director of Affirmative Action and Human Relations in May. Julian received his Bachelor of Arts degree in English from University of Michigan and his Juris Doctorate from Michigan State University College of Law. Julian was previously employed as an Associate Attorney for the law firms of Gottlieb & Goren and Lee & Correll, both of which are located in Michigan.

New Department Chairs

APPOINTED FOR 2011-2012 ACADEMIC YEAR

Please be advised of the following department chair changes:

• Jason Barr – Curriculum and Instruction
• Mirta Barrea-Marlys – Foreign Language Studies
• Min Lu – Marketing and International Business
• Gregory Moehring – Chemistry, Medical Technology and Physics
• Joseph Mosca – Management and Decision Science

Employee Activity Committee (EAC) News

Our 4th Annual American Cancer Society Relay For Life was held on campus on Friday, April 15 into Saturday morning, April 16 and once again, it was an outstanding success. 54 teams participated and we raised over $50,000. Students and employees support this event and we very much appreciate everyone’s hard work. This event teaches all of us to be part of a community and to come together for one night, for one fight, the fight against cancer. Thank you for your very generous support.

On Tuesday, May 24 we held our 8th Annual President's Cup Croquet and Bocce Tournament. Thank you to all who participated. Taking home the President’s Cup this year was team “Keeps the Ship Upright”, which included croquet players President Gaffney and Bob McCaig and bocce players Janet Fell and Annette Gough. Everyone had a great time and the weather was perfect.

On Saturday, July 23 we enjoyed a lovely Sunset Cruise on the Navesink and Shrewsbury rivers aboard the boat “The Venture”. It was a very relaxing way to spend a summer evening with friends and family. Mark your calendar for our annual Monmouth University night at the Lakewood Blueclaws game on Thursday, August 18. Please look for an e-mail announcing the details.

Once again we have discounted Six Flags Great Adventure tickets for sale. The Season Pass for the Theme Park & Safari is $85.00 per pass, no minimum number of Season Passes necessary. This is a savings of $26.99 per pass if you were to purchase on-line. Regular daily admission tickets for the Theme Park and Safari will be $32.00 per ticket. Regular daily admission tickets for Hurricane Harbor will be $27.00 per ticket. New for 2011 is The Green Lantern, a standup steel roller coaster. There is also a new area in the theme park, Safari Discoveries, where you can visit some of the babies born in the Wild Safari this past year. Plan on visiting Great Adventure this summer to see the amazing shows, conquer 13 roller coasters and visit the three expansive children areas at the world’s ultimate thrill park.

We also have discounted AMC movie tickets for $7.00 per ticket. Please remember to make use of the discounted offers from The Buyers Edge and Plum Benefits. If you have any suggestions, please contact Sharon Smith by e-mailing ssmith@monmouth.edu or by calling extension 7594.

Save the Date!

for the Office of Student Employment’s

$ Federal Work Study Job Fair $
Thursday, September 8th
1:30 – 3:30 PM
Location: The MAC

Only 25% of the cost for Federal Work Study students is paid through your department budget!
Welcome Aboard!


Maximilian Bado................. Information Support
Richard Callahan..................... Athletics
Martin Cannon..................... Facilities Management
Reginald Carney..................... Athletics
Melissa Dale...Affirmative Action, Human Relations and Compliance
Marquetta Dickens.................. Athletics
Samuel Ferry......................... Athletics
Daniel Franciscus................... Information Operations
Charles Gerdon..................... University Advancement
David Kacmarsky.................... Facilities Management
Jennifer Palmateer.................. Athletics
Derrick Phelps...................... Athletics
Elaine Ponterio......................... University Advancement
Brian Reese......................... Athletics
Margaret Tarrant................... Athletics
Julian Williams..................... Affirmative Action, Human Relations and Compliance
Leonard Wolfe....................... Facilities Management

Promotions


James Gaul.............................. Patrol Officer III
Kamal Kornegay..................... Associate Director of Undergraduate Admission
Jasmina Perazic..................... Recruiting Coordinator for Women’s Basketball
Timothy Rehm........................ Coordinator of Strength and Conditioning

Transfers


Janeth Merkle......................... Leon Hess Business School

New Head Women’s Basketball Coach

Monmouth University introduced Jenny Palmateer as its new head women’s basketball coach on Thursday, April 21, 2011. The official introduction of Palmateer as Monmouth’s seventh head women’s basketball coach took place in the Hall of Fame Lounge in the Multipurpose Activity Center, as the announcement was made by Vice President and Director of Athletics Dr. Marilyn McNeil, and President Paul Gaffney. The press conference is also available FREE on HawkVision online.

Palmateer was hired to replace Debbie Ryan, who spent 10 years on the North Carolina State coaching staff before her stint at Seton Hall, after enjoying a four-year playing career under the late Coach Kay Yow. Her primary role with the Wolfpack included recruiting, scouting and the development of perimeter players. She also served as the teams’ academic liaison responsible for helping to monitor the players’ academic progress. While at N.C. State, she assisted in recruiting eight out of 10 classes that ranked in the Top-30 nationally, including five in the Top-20. The Wolfpack finished the season ranked in the Top-25 six times while Palmateer was there and made nine NCAA Tournament appearances, advancing to the Sweet Sixteen three times.

A 1993 N.C. State graduate, Palmateer served as a co-captain of the Wolfpack women during both her junior and senior years. During her four years with the Pack, the club compiled an 82-37 record and twice reached the NCAA Tournament Sweet 16. They finished the 1989-90 season ranked No. 11 in the country, bringing home N.C. State’s fifth ACC regular season championship. She also helped lead the ‘89-90 team to nine consecutive road wins during the season, a mark that still stands in Raleigh. The club also finished the 1990-91 season ranked No. 7 in the nation after winning the program’s fourth ACC Tournament title.

Prior to returning to N.C. State, Palmateer spent three years as an assistant coach for Debbie Ryan at the University of Virginia. She began her coaching career in 1995 as an assistant coach at Meredith College in Raleigh for three seasons. Palmateer is a 1989 graduate of Hoffman High School in South Amboy. While there, she helped lead the team to four New Jersey State Championships, including the first ever girl’s Tournament of Champions Title as a senior. That season, she hit the winning shot in the TOC Semifinals to defeat Pascack Valley in a game played in Boylan Gym.

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In the near future Dr. Dooley will build on the Honors School foundations developed recently by Dean Mitchell with respect to the Honors admissions and the student thesis requirements and experience. In addition, he will seek to enhance the overall standards, cohesiveness, opportunities and outcomes for Honors students who complete the entire program as well as focus on increasing the external support and funds for the Honors School.

Please join me in thanking Dr. Mitchell for his valuable service as Interim Dean from 2009 to 2011, and in congratulating Dr. Dooley and wishing him well on his new assignment.

Thomas S. Pearson
To Your Health......

THE BENEFITS OF RUNNING

There are a number of different benefits which an individual can gain from running on a regular basis. There are some runners who run simply for the joy of running but there are others who run because they realize there are a great deal of benefits which can be gained from rigorous exercise such as running. Some of these benefits may include weight loss, improved cardiovascular health, improved bone health, improved mood and better coordination.

Running is for people of all ages and it’s never too late to get started. A recent study conducted by the Stanford University School of Medicine shows that regular running slows the effects of aging. Stanford tracked 500 runners over the age of 50 for a period of 20 years and found that older runners have fewer ailments and remain considerably more active as they age than their non-running counterparts. Not a surprise, running was also linked to lower rates of cardiovascular issues such as stroke or heart attack and was associated with a decrease in neurological disease, cancer, and other types of infections. Running simply slows down the aging process. Those who run regularly are less likely to experience bone and muscle loss as they age at the same pace as those who do not run regularly or at all. The bones grow and become stronger by responding to physical demands. Those who lead a rather sedentary lifestyle do not put this type of demand on their bones and as a result their bones may become weaker. When this happens as an individual ages, he/she is more likely to be susceptible to osteoporosis. Those who run on a regular basis are continually taxing their muscles and their bones so their bones are stimulated to remain stronger and do not weaken as easily with age.

It is a known fact that any cardiovascular exercise will assist in weight loss. However running can be one of the most effective forms of exercise for helping anyone looking to lose a few pounds. Running is an excellent form of exercise for losing weight because it requires a great deal of energy. This energy requirement means the body burns a large number of calories while running. The number of calories burned while running is typically significantly more than would be burned during less taxing forms of exercise such as walking or doing yoga. The simplest formula for weight loss includes burning off more calories than the individual consumes. When this type of calorie deficit is created, the body begins to shed excess weight in the form of fat. In order to lose one pound of body weight, the body must create a calorie deficit of 3500 calories. This is equal to burning 500 calories per day. Most runners can easily burn off this many calories in less than one hour of exercise. The number of calories burned while running depends on a number of factors including the individual’s weight, the intensity of the workout and the efficiency of the runner.

Running can also have many psychological benefits. Runners typically report feeling happier and feeling less stressed than their counterparts who do not run or exercise regularly. Running actually has the ability to alter individuals’ moods because hormones called endorphins are released while running. These hormones create a sense of euphoria often referred to as a runner’s high and can result in an improvement in the runner’s mood. Running has also been reported to alleviate stress in many runners. There are a number of factors which may contribute running to lowering stress levels. One of the most obvious reasons is that running allows people to focus on the task at hand instead of being worried about work, family or other stressors in his daily life. Additionally, running can be very challenging on the body which can result in the individual feeling a sense of accomplishment by completing the run which shifts the focus of his/her attention from negative stressors to a sense of pride and accomplishment.

Awards & Recognition Luncheon
May 11, 2011

Stafford Presidential Award of Excellence

Named in honor of former President Rebecca Stafford, this prestigious award was conferred for the first time in 2003. The award was established to recognize, annually, an outstanding member of the University staff or administration for his or her tireless efforts, dedication, creativity and evident commitment to supporting and enhancing Monmouth. This year’s recipient, Kevin Roane, was honored at the Awards and Recognition Luncheon and received a $1,000 honorarium.

(continued on pg. 10)
DO YOU HAVE A QUESTION ABOUT BENEFITS? JUST...

Ask Kathy

Would you explain how the Back-Up Care Advantage Program works, and who is eligible to use this University provided benefit?

Monmouth University covers the full annual premium of an Emergency Back-Up Care Program that is administered by Bright Horizons Family Solutions. This program is offered to our faculty, staff and administrators and provides access to back-up care when you experience temporary disruptions in your regular child, elder parent, spouse or qualified domestic partner care-giving arrangements that would otherwise prevent you from fulfilling your work obligations.

You can use back-up care when:

- Your regular child, adult or elder caregiver is sick or on vacation
- Your child’s center/school closes for holidays, breaks or inclement weather
- You are in maternity transition/return to work periods
- You have business travel obligations
- You need care for a child or eligible adult recovering from medical treatment.

All full-time and part-time faculty, staff and administrators may participate in this program. Back-up child care may be utilized for an employee’s child, step-child, adopted child or foster child who is considered an IRS dependent.

Back-up elder care is also available for the care of an employee’s spouse/qualified domestic partner, parent, step-parent or parent-in-law regardless of where they reside. Back-up care utilization is available up to 20 days per calendar year per dependent.

Registration with Bright Horizons for a dependent is required prior to care becoming available. Reservations are required and are accepted as early as one month in advance of the day you need care. You can speak with a Bright Horizon consultant to help you with this process 24 hours a day, 7 days a week by calling 1-877-BH-CARES (1-877-242-2737), or going online to www.brighthorizons.com/advantage and entering username mucares and password hawks.

Since Monmouth University is covering the full cost of the annual premium for this program, you will only be responsible for co-payments as follows:

- Center-Based Care: $15.00 per child/day; $25.00 per family/day
- In-Home Care: $4.00 per hour (4 hour minimum)

Please note that additional charges may apply for medical care or for evening/weekend care.

For more information about the Back-Up Care Advantage Program, please contact the Office of Human Resources at extension 3470.
On Tuesday, May 24 we held our 8th Annual President's Cup Croquet and Bocce Tournament. Thank you to all who participated. Taking home the President’s Cup this year was team “Keeps the Ship Upright”, which included croquet players President Gaffney and Bob McCaig and bocce players Janet Fell and Annette Gough. Everyone had a great time and the weather was perfect.
Commencement
JANUARY 14 and MAY 18, 2011

Congratulations to the following Monmouth University employees who recently received degrees:

• Elizabeth Anton – Master of Science in Education – School Counseling
• Adrienne Ashbourne – Master of Science in Education - Principal
• Paula Cannella – Bachelor of Arts in History
• Robert Coles Jr. – Master of Arts in Corporate & Public Communication
• Sandra Crawford – Master of Arts in Liberal Arts
• Teresa DeTuro – Master of Arts in Liberal Arts – Professional Studies
• Carrie Digironimo – Master of Education
• Kevin Drew – Master of Arts in Criminal Justice
• Corey Inzana – Master of Business Administration
• Jamie Keller – Master of Education
• Taryn Landers – Master of Arts in Teaching - Secondary
• Merissa Jones – Bachelor of Science in Business/Management Concentration
• Koorelien Minton – Bachelor of Arts in Anthropology
• Blaze Nowara –
• Barbara Paskewich – Master of Science in Nursing – Nursing Education
• Neva Pontoriero – Master of Arts in English – Literature Thesis
• Clifford Rowley – Master of Arts in Corporate and Public Communication
• Kathleen Stein – Bachelor of Arts in Communication – Applied Communication
• Jarred Weiss – Master of Arts in Corporate and Public Communication
• Shanna Williams – Master of Arts in English – Concentration in Literature Thesis

Proud Parents:
Children of Monmouth University employees who were degree recipients include:

• Sharon Carlino’s daughter Kathleen
• Stacey Brewer’s son Lawrence
• Bill Craig’s daughter Robin
• Carol Cuomo’s son Edward
• Laura Kelly’s daughter Margaret
• Fran Ebert’s son David
• Bruce Johantgen’s daughter Jacqueline
• Colleen Johnson’s daughter Katie
• Frank LaMagna’s daughters Allison and Kristen
• Douglas Mattson’s daughter Bethany
• Jerri McKay’s daughter Merritt
• MaryAnn McQueen’s daughter Nicole
• Irene Menditto’s daughter Morgan
• Donald Miller’s son Matthew
• Sari Mundie’s sons Kenneth and Ryan
• Kathleen O’Donnell’s daughter Miriam
• Carlton and Melissa Richardson’s daughter Javen
• Derrick Roberts’s son Max
• Gary Rosenberg’s son Matthew
• Paul and Wendy Savoth’s daughter Aimee
• Ann Marie Siriani’s daughter Alexandra
• Kathy Stein’s son Andrew
• Tsanangurai Tongesayi’s daughter Patience
Awards and Recognition Luncheon
May 11, 2011

(continued from pg. 6)

Stafford Presidential Award Nominees

Andrea Bornstein,
Assistant to the Vice President for Enrollment Management
Enrollment Management

Evelyn Hampton
Secretary
Chemistry, Medical Technology and Physics

Mark Holfelder
Associate Director of Residential Life
Residential Life

Jenifer Joyce
Program Advisor
Curriculum and Instruction

Deborah Kavourias
Director of Academic Advising
First Year Advising

Paul Longo
Director of Field and Professional Education
School of Social Work

Robert McCourt
Head Coach of Men’s Soccer
Athletics

Steve Mervine
Director of Media Operations
Information Operations

Gertrude Murphy
Assistant to the Dean
Leon Hess Business School

James Pillar
Associate Vice President for Student Services
Student and Community Services

Kevin Roane
Director of Graduate Admission
Graduate Admission

Sarah Savarese
Director of Enrollment Publications and Communications
Enrollment Publications and Communications

Allison Shields
Circulation/Stack Manager
Monmouth University Library

Kara Sullivan
Assistant to the Vice President for Administrative Services
Administrative Services

Marilyn Ward
Coordinator of Service Learning and Community Programs
Center for Student Success

Provost and Vice President for Academic Affairs Thomas Pearson with 2011 Distinguished Teacher Nancy Mezey

Retiree Shelia Baldwin and her husband John

FAMCO representative Carolyn Bradley, Warncke Award winner Heather Kelly with President Paul Gaffney
Employee Assistance Program
Update

We are pleased to announce to you that we are transitioning our Employee Assistance Program to a program with Barnabas Management Services effective August 1, 2011. The Barnabas Health OneSource Employee Assistance Program (EAP) provides full-time employees and their family members living in their household (including your children who may be away at college) assistance with matters such as stress, depression, grief issues, alcohol and drug abuse. In addition, we are expanding this program to include a Work/Life benefit because we know that you face many challenges in your day to day activities. The Work/Life benefit provides additional resources to help in finding access to healthcare, childcare, eldercare, financial matters, legal concerns, or even pet care. These resources include access to on-demand and live webinars, discussion groups, podcasts and articles on various topics.

Barnabas Management Services is a market leader in healthcare awareness and has been providing EAP services to private and public companies of all sizes for over 25 years. Because Barnabas Health OneSource EAP has its origins in a hospital system, the employees of Monmouth University will benefit from their clinically-driven approach. The EAP team at Barnabas Management Services is comprised of caregivers who adhere to the highest standards of customer service – the ones that govern the Barnabas Healthcare System of which they are a part.

By offering immediate and effective assistance when personal issues interfere with daily life, employees can get the support they need through the EAP program. The Central Access Center is available 24 hours a day/7 days a week to receive calls from those seeking EAP Services. The caller will immediately connect to a mental health or substance abuse specialist who will assist in selecting a provider from our nationwide network. Barnabas Management Services is dedicated to serving the needs of Monmouth University employees, therefore, keeping all calls and information collected totally confidential.

Additional services provided by the Barnabas Health OneSource EAP program are the Link and Lifecare.

- Trained staff with the Link can assist the caller in scheduling physician appointments for any healthcare service needed through your medical plan within the Barnabas healthcare system. The Link is accessible 24 hours a day /7 days a week by calling 1-888-724-7123.

- LifeCare is a comprehensive work/life service with regional call centers and worldwide providers to offer additional support to the employee or eligible household family member. LifeCare is accessible 24 hours a day /7 days a week by calling 1-800-873-4636 and can assist with the following services:
  - Education & Career Development
  - Daily Life
  - Caregiving & End of Life Issues
  - Elder Care Services
  - Financial & Legal
  - Child Care & Parenting

Access to webinars, discussion groups, podcasts, articles and other resources are also available through the LifeCare website when you register with them. To access LifeCare on the web, go to www.onesourceeap.com/mu and click on the LifeCare link. If you are not yet registered, follow the “New Users” link and enter Registration Code: monmouth and Member ID: employee number (this is your 9 digit ID number located on your ID card or on your paystub). If your number is not 9 digits, please add zeroes in the front. Need help with your ID number? Contact Human Resources at 732-571-3470.

The road to a healthier state of mind is one phone call away. Barnabas Management Services is dedicated to serving the needs of their clients. Call 1-800-300-0628 or visit the website www.onesourceeap.com/mu.