2009 CHAMPS

Men’s Soccer Wins NEC Tournament Title

CHARLES KRUZITS
ASSOCIATE SPORTS EDITOR

The Hawks have collected many accolades over the season, but since day one their main focus has been to win the NEC championship. Over the weekend the opportunity to accomplish this feat was in their grasp. With home-field advantage the Hawks faced off against last season’s champs, no. 4 seed Fairleigh Dickinson, on Friday.

In the midst of scattered show- ers the Hawks and FDU played their best despite the adverse weather conditions. The first half was an uneventful one for the offense on either side but both defenses played tremendous while not allowing a goal and saving a combined five shots. Standing at a 0-0 stalemate the game was

Men’s Soccer continued on pg. 23

Hawks Open MAC In Style

“arles opened up in style,” said Isaiah Thomas, referring to the opening of the MAC on Friday night, November 13. Thomas, the head coach of the visiting Florida Interna- tional Panthers, not only had to endure a tough 70-69 loss to the Hawks; he also had 3,468 screaming fans to deal with. The student section, packed tightly, positioned directly behind the basket on the east side of the gym, was a white, moving mass, as each student was decked out in a white t-shirt that signified the opening weekend’s games at the new $57 million Multipurpose Ac- tivity Center.

Throughout the game, the student section led chants that were meant to zing the former Detroit Pistons “Bad Boy,” and more recently, the former head man for the New York Knicks, who was making his first trip back to the New York metropolitan area since leaving the Knicks organization. Many chants were inspired by his sexual harassment case that dated back to 2007. Others were inspired by his recent fallout with Magic Johnson, and his accidental sleeping pill overdose.

“I thought the students were well in line and in bounds in terms of the chants and the things that they were saying,” said Thomas. “It’s all in good fun. That’s what being a fan is all about.”

The fans were definitely a factor, becoming the sixth man in the arena. After the game, freshman forward Ed Waite complimented the crowd atmosphere of the new building.

“I felt like I was playing in a real college basketball game,” said Waite. “The fans were great.”

Even head coach Dave Call- loway was impressed with the fan turnout and enthusiasm.

“Our student section was abso- lutely terrific,” said Calloway.

Calloway thought they were so terrific that he personally wrote an email and sent it to each student at Monmouth thanking them for their sup- port.

With the help of the fans, the Blue and White were able to put together an amazing off-ensive performance, nearly reaching triple digits in the score total. The team shot 63.3% from the field, starting off the season with a momentous win for the program.

The strong offense of the Hawks was led by sophomore forward Travis Taylor, who had 18 points, connecting on 8-of-12 shots from the floor. He also grabbed five rebounds and dished out four assists and had two blocks. Waite had a strong

Home Opener continued on pg. 23
After the “Second Chances” thrift shop opened in Neptune last year, the entrepreneurship class is planning a comedy/variety show on campus to fundraise for the Ronald McDonald House this December.

The holiday charity event, which is set to take place in Pol-lak Theatre on December 3 at 7:30 p.m., will consist of a talent competition, hosted by comedian D’Anthony Palms.

D’Anthony Palms. Palms can be seen in the film Harold and Kumar 2.

“Everyone has done an absolutely outstanding job, going above and beyond the responsibilities of their specific groups.”

DARA PALMS
Student and Class CEO

University Center for Entrepreneurship (MUCE)

Eighty percent of the profits will go towards the Ronald McDonald House, a place for children to live and receive treatment in their last stages of cancer. Parents are also there, which often are the patients’ stay, which often are the patients’ last stages of cancer. Parents are also there, which often are the patients’ last stages of cancer.

The class is running the event in association with the Monmouth University Center of Academic Advising and Student Experience at Norfolk State University.

Education, both from Temple University and the lower level of the Student Center, and all the right people are here to attend the event.

The Center for Student Success offers assistance in academic and career-oriented advising, cooperative education, experiential education, disability services, tutoring (including the Writing Center), transfer, and undeclared services, the Educational Opportunity Fund (EOF), and volunteer programs.

The CSS, formerly known as the Life and Career Advising Center, expanded its amenities with the move to the lower level of the Student Center (previous home of the bookstore). With the new space, the CSS is able to provide more room for tutoring cubicles, advising areas, computer stations, and offices.

University students can receive instant assistance during the CSS hours of operation, which are 8:45 a.m. to 5 p.m. Monday, Tuesday, Thursday and Friday and 8:45 a.m. to 2 p.m. Wednesday. The class is coordinating among events that provide us the opportunity to give back to the community.

The class has set up a message board on E-campus with general discussion messages, involving one another at every step of the project. Another question others may have is: Furthermore, each department, including Executive Board, Sales, Board of Directors, Event/Staff Production, Advertising/Media, Publicity, Website Production and more, has their own message board.

“We're going to sell out. It's unacceptable not to sell out. If we don't it's because we didn't work hard enough.”

JOHN BUZZA
Business Professor

“The class is running the event in association with the Monmouth University Student News since 1933.”

STOP BY THE PLANGERE COMMUNICATION CENTER VISIT US IN ROOM 260

General Meetings: Monday @ 7:30
Wayne Pollard, public relations consultant and journalist, came to the University last Wednesday, November 11, to speak with communication students and members of Monmouth’s PRSSA chapter.

Pollard spoke about his experiences in the field and helped students create topic ideas and understand how to pitch a story. He gave students a packet of exercises to do along with him.

He urged students to write about what they are passionate about. Pollard focused on editorial writing and said, “If you’ve pissed off something, write about it.”

“Writing is critical,” Pollard said of the public relations field. He showed students an article he wrote about the lack of writing skills in some public relations professionals.

After asking students which publications they read regularly, Pollard said, “You have to study to be an effective PR person.”

Research is not limited to the public relations field. In an excerpt from his book, Minds Before Market Share, Pollard said, “Only after much studying will you be able to pitch with above-average success.”

He informed students of the best way to study their topic. “When you have your piece, go online and check archives,” he said. He gave students the example of sending an editor a story that they recently covered. “It shows you aren’t reading.”

Research and reading are not the only jobs a journalist has. “Pitches are a big part of a journalist’s job.” Pollard gave students ideas for how to pitch a story. He even handed out copies of three of his own pitches.

Pollard told students to make sure to work with their editors. “He flexible.” Tell them you can, “make any deadline, word count, and are willing to make necessary changes,” he said.

He urged students to leave Monmouth with at least an idea of the many opportunities available to them, that they might not have thought about before.

Only after much studying will you be able to pitch with above-average success.”

Wayne Pollard, public relations consultant and journalist.
**H1N1 Influenza: What’s the Real Story?**

**KATHY MALONEY**

H1N1 influenza made media headlines as millions of skullcaps became sick in Mexico and Businesses of the government shut down. Then just as the University was getting ready for peak season for the summer, area K-12 schools in Monmouth County were closed due to experience outbreaks. The K-12 school in Monmouth was declared closed for the summer but, there was a total of 13 school flu cases among children in summer school. 

As University students were still enjoying the last vestiges of summer in mid to late August, our colleges to the south such as Georgia and the Carolinas were already in full swing. As though thousands became sick in Mexico and Businesses of the government shut down. Then just as the University was getting ready for peak season for the summer, area K-12 schools in Monmouth County were closed due to experience outbreaks. The K-12 school in Monmouth was declared closed for the summer but, there was a total of 13 school flu cases among children in summer school. 

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A Premiere Monmouth County Community Choral Group

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1475 West Front Street, Lincroft, NJ 07738

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- Haydn Creation
  3/21/10 3pm, First Presbyterian Church, Freehold
- "Go for Baroque" An Evening with Bach
  6/5/10 8pm, First Presbyterian Church, Freehold

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www.shrewsburychorale.org
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THE OUTLOOK STAFF

On Wednesday, September 16, Monmouth University officially opened the Multipurpose Activity Center (MAC), a combined building of sports arenas, champion’s hall, university gymnasium, and student bookstore. Our editorial staff at The Outlook takes great pride in such an addition to our campus, especially because this means getting to showcase Monmouth’s Division I athletic programs.

It is important to offer support to our dedicated athletes and coaches, and, with basketball season underway, there is no better time to make some noise for the Hawks. Here are some reasons to grab a foam finger this fall and route for our basketball teams inside the MAC.

Students and faculty alike may want to take advantage of the brand new MAC basketball arena, seating 4100 spectators and complete with multiple concession stands. Unlike Kessler arena, the new arena offers fun activities for everyone to enjoy during the March Madness tournament really enthuses us here at The Outlook and certainly guarantees excitement this season—another reason to come out to the MAC arena and cheer on the Hawks.

Let’s not neglect to mention our dedicated and talented coaching staff for both the men and women’s teams—they are the behind-the-scenes to all of our success our basketball teams are experiencing. It seems they are as excited about the MAC as we are. Head coach of the men’s basketball program, Dave Callaway, said the MAC provided the best atmosphere in which he has ever coached, and that comment came only after the first game of the season.

Head coach of the Lady Hawks, Stephanie V. Gailey, believes that the MAC will assist in recruiting new athletes, providing the basketball program with new advantages and improvements. This is our year to really step it up as Monmouth Hawk supporters. It takes more than just a devoted coaching staff and skilled players to comprise a good team—without a loyal fan base, we cannot truly be complete. As central parts of the university and surrounding community, students and faculty have a duty to cheerlead the teams representing our school. The MAC’s new basketball arena has given all of us the opportunity to become more united as faithful supporters of our team—without a loyal fan base, we cannot truly be complete. As central parts of the university and surrounding community, students and faculty have a duty to cheerlead the teams representing our school.

DISCLAIMER: All articles appearing in the Op/Ed section of The Outlook are solely the opinions of the authors and do not reflect the views of The Outlook’s editors (unless otherwise noted) or any and all advertisers. Opinion articles are run unedited and the content is the sole responsibility of their authors. All students and faculty are welcome to respond to any opinion piece that appears on these pages, and everyone is encouraged to submit an article for consideration. The Outlook reserves the right to withhold any articles deemed inappropriate or otherwise unfit to print in the Op/Ed section. Due to legalities, The Outlook will no longer print anonymous articles.

Did you know... your cartoon or picture can be here next week!
It can be about anything but should be related to the Monmouth community, student life, or something going on in the news that week.
E-mail submissions to outlook@monmouth.edu
A Night at the Metropolitan Opera

When I first heard that Dr. Paul Gunner of the music department was offering a free trip to the Metropolitan Opera in New York City, I jumped at the chance. That would be fun! We had even performed a few operatic pieces in high school - quite different from the showtunes and Christmas carols one would normally come to expect of a high school choir. Actually, the solo in "Amor Voluntariado" from the opera Carmen Bunschutz had been quite impressive, and all of the best singing experiences I ever had.

I think the Italian language is fantastic for opera. Composers such as Handel or Mozart often wrote pieces in Italian. It's easy to see why. The fluidity of the language makes it easier for a singer to properly enunciates words. So native speakers such as librarians Giuseppe Acquaviva and Maria Elisa Canzio write an article about Italian composing genius Giacomo Puccini to create the opera Turandot, the finished result could only be a masterpiece. As I'm sure I had never been to the opera be- fore. Seeing my first at the Metro- politan Opera will be an experience in itself. However, it was a great way to start. It is a masterfully designed piece of architecture. The entire opera house is covered in scarlet and gold, with the walls and floors covered in a classical chandelier. No matter how you sit down, at the very top, called the "opera house" to the very bottom of the opera house. In spite being high up, every sound reached us perfectly: the sound of a violoncello.

The opera itself was amazing. Lise Lindstrom singing the title her- oine was an excellent choice. The characters Ping, Pang, and Pong, played by Joshua Hopkins, Tony Stevenson, and Eduardo Valdes, re- spectively, certainly brought a great deal of humor to the opera. The entire opera house built the entire "house" down, so the character's. It is one of the areas that everyone has heard of, where you can find a real affection. As a matter of fact, I had never been to the opera be- fere. Seeing my first at the Metro- politan Opera will be a life-changing experience for me. However, it was a great way to start. It is a masterfully designed piece of architecture. The entire opera house is covered in scarlet and gold, with the walls and floors covered in a classical chandelier. No matter how you sit down, at the very top, called the "opera house" to the very bottom of the opera house. In spite being high up, every sound reached us perfectly: the sound of a violoncello.

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Students Strike a Pose at Monmouth’s Next Top Model

BRETT BOoner
ASSISTANT NEWS EDITOR

Alpha Xi Delta hosted Monmouth’s Next Top Model at 10 p.m. Sunday, Oct. 25, in Pollock Theater in support of Autism Speaks.

The event featured over 15 participants from a number of different organizations on campus. The judges were representatives from Theta Phi Alpha, Sigma Sigma Sigma, Alpha Tau Omega, Delta Zeta, Epsilon Sigma Alpha, and Phi Alpha Delta.

The event started by lighting small lamps and also offering flowers to the small idol of Lakshmi, which is followed when she was announced as the winner.

“I was not expecting to win at all so when I was announced the winner I was in complete shock!” said Mollenkamp.

The sisters of Alpha Xi Delta help their second annual Monmouth’s Next Top Model this past Wednesday to raise money for Autism Speaks.

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ATTENTION SENIORS
Time is running out to nominate your Outstanding High School Teacher for the

THE MONMOUTH UNIVERSITY-ROBERTS CHARITABLE FOUNDATION OUTSTANDING TEACHING AWARD

Nominations are open only to seniors who will graduate in January 2010 or May 2010

Deadline for nominations FRIDAY, DECEMBER 11

If you have not already received a nomination form, please stop by the Dean’s Office in the School of Education (MH 116)

For more details please visit our webpage on: http://www.monmouth.edu/academics/schools/education/outstandingteacheraward.asp or call 732-263-5513

Please note - this award is not open to Monmouth University Professor
The Monmouth University Center for Student Success
Career Services Office presents

NETWORK 2009
Career Day

WEDNESDAY, NOVEMBER 18, 2009
12:30 - 4:00 p.m.
STAFFORD STUDENT CENTER - ANACON HALL

✔ 60+ employers expected...Get on-the-spot interviews.
✔ Discuss career and job opportunities with local, regional and national employers.
✔ Business, government and non-profit represented.

For more details visit:
http://www.monmouth.edu/academics/CSS/career_services/fallcareerday.asp
(Check this link often for updates / new employers!)

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Discovery - The Financial Info Grp
Drug Enforcement Administration
Easter Seals, NJ
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FBI
Federal Bureau of Prisons
First Investors Corp
Fort Monmouth - C4ISR
George Harms Construction
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Kraft Foods
Meridian Health
Met Life - Jersey Shore Fin Grp
MU Graduate Admission
MU Human Resources
NAVAIR
NJ Army National Guard
NJ Assoc of Deaf & Blind
NJ Early Intervention
NJ Prevention Network
NJ State Police
NJ Transit
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US Army
US Secret Service
Umer Barry
Wachovia
Wayside Technology Grp
Wegmans
Weiser, LLP
Wells Fargo Financial
WRAT- 95.9FM
Xela Communications

More employers are expected to register by date of event; check website often for updates!
Catholic Center Schedule

Sunday Mass ~ 7 PM
Daily Mass ~
Tues through Thur ~
12 PM in Wilson Hall Chapel

Bible Study for Women ~ Wednesdays at 7:30 PM
Bible Study for Men ~ Sundays at 5:30 PM
Thanksgiving dinner ~ Sunday November 22 at 8:00 pm
Soup kitchen volunteering ~Saturday November 21
Meet at the cc at 10:30 am for carpool
Catholic Centre at M.U.
16 Beechwood Avenue
~ 732-229-9300
Gate to our house is located in the rear of Lot 4, next to the Health Ctr.

CHECK US OUT ON THE WEB:
www.mucatholic.org &
ON FACEBOOK: Monmouth University Catholic Centre

2 Maltese puppies
puppies need Adoption.
They are Vet checked
AKC registered
for more information
contact me on
mrevlon55@gmail.com

Detective David D’Amico, from Monmouth County’s Bias Crimes and Community Relations Unit, will be talking with students about prejudice, hate crimes, and how our campus community can respond.

November 18
2:30-4:30 pm
Wilson Auditorium

There will be a follow up discussion for anyone who attends the November 18 program and would like to talk more about the topic.

November 19
4-5pm
RSSC 202B

Counseling and Psychological Services
Tel. 732-571-7517 email mucounseling@monmouth.edu
For special accommodations, please contact us before the program.
John Mayer: The Man of a Thousand Tweets Releases a New Album

Although he hasn’t released a studio album since 2006’s Continuum, the world has not had a lapse in John Mayer face time. The in-famously Twitter-obsessed warm-alyzer has been in the center of many a tabloid maelstrom. Ironi- cally enough, none of the stories written about him lately have had anything to do with his music. To correct this, Mayer has released a new LP, Battle Studies, to put the focus back on his music.

Like Mayer’s last album, Mayer delivers the U2 inspired “Heart- break War.” It almost sounds like the male response to Pat Ben- nat’s female anthem, “Love is a Battlefield.” The song is a clever juxtaposition of love and war, in which Mayer sings in the chorus, “Once you want it to begin No one ever really wins.”

The next three tracks are argu- ably the best on the album. The chorus alone on, “All We Ever Do is Say Goodbye,” makes the song worth the listen. Mayer delves into a seriously high falsetto. To a seasoned Mayer fan the song may sound like the vocals of “Vul- tures” set to the music of “St. Pat- rick’s Day.” To the casual fan, it’s easy listening at its best.

“Half of My Heart,” is a catchy Cohen cover which contains seven fea- tures the vocals of the chart-top- ping country singer, Taylor Swift. (Is anyone else relieved that there were never relationship rumors about this duo?) Mayer sounds like he is channeling Tom Petty on this track, which is likely to be the second single to be released off the record.

The most single off the record, “Who Says,” is a folk-ballad that features a similar acoustic guitar sound to Continuum’s “Stop This Train.” The song follows the con- tinuing theme of rebellion and artistic freedom that started after Mayer received the reputation as a garage pop artist following the re- lease of two of his albums, Room for Squares and Heavy Things. It has been a reputation that he has been trying to shake ever since. Mayer sings that at any time in his life he has the opportunity to change if he chooses the idea that he can, “Rewrite my his- tory.” The song is about having the freedom to take what you want out of life and embracing your identity, even if it is as controver- sial an identity as Mayer’s.

Mayer also continues the trend of covering the songs of some of music’s most renowned artists. In the past, he has covered songs by Jimi Hendrix, and Michael Jack- son, and now moves on to Blues icon, Robert Johnson. Mayer’s rendition of the Cream-inspired “Crossroads” is a funk infused gem. It is always a risky under- taking when an artist covers the song of an icon, but Mayer seems to have the formula down to a sci- ence. There are some misses on the al- bum. The song, “Assassin,” seems to be a bit out of place on the re- cord. The theme of the song is, for lack of a better term, quite lame. Surely, if you look hard enough you can almost see Jennifer Annis- ton’s name as the inspira- tion for this song in the liner notes…maybe.

The song, “War of My Life,” could be great, but sounds a little too self-righteous. The line, “I’ve got a hammer! And a heart of glass! I gotta know right now! Which walls to smash,” seems to fit when you consider that Mayer is often the cause of his own heartbreak. The war in his life is due to the war he often wages with himself. Even still, the song, which echoes nearly every Mayer song, could be great, but is a decent contribution to the record.

The last song, “Friends, Love, or Nothing,” is a great fit as the end to the album. The song is almost an ultimatum to end the war; choos- ing where you stand in a relationship. It is an un- settling ending to the on- going battle in love that Mayer has presented on the album.

Ultimately, this may be Mayer’s most personal album to date. Although he may be a polarizing figure in the music indus- try and in the public, it is hard to argue that the man can make music and make it well. He knows what works. However, sometimes it seems as though he gets in his own way. The album is clearly trying to show a more ma- ture and vulnerable side of Mayer. Sometimes, however, it is hard to view him as a serious artist when you see him fashioning Bora’s in- famous onnie bathing suit. It almost seems as though all of the scandals and controver- sies that Mayer gets into are just experiments. Perhaps behind the school boy humor and the promis- cuous demeanor there is a clever genius. He twists arms here, and pushes buttons there in order to see people’s reactions and gain unique experiences. Surely, the “battle studying” that John Mayer has done for this album might just earn him a PhD in relationships.
Matthew Fisher
Staff Writer

Director Roland Emmerich is known for bringing special effects to the screen. His films often include insane amounts of destruction such as in "Independence Day" and "The Day After Tomorrow." With his new apocalyptic film "2012," Emmerich pulls out all the punches and leaves nothing to chance. Emmerich sees the movie as a canvas for him to work upon and tears it up into little pieces.

Some special effects are the star of this film, with the actors and storylines playing second fiddle. Putting startling images on the screen adds an element of fear to the movie. It seems that every five minutes something new comes apart--such as the Sistine Chapel or the Great Wall of China--taking a huge chunk out of the world.

They don't interrupt.

"Go" or "Come on!" Even though they don't interrupt, the effect is still there, leaving nothing to the imagination and creating goose bumps.

People who are curious about the special effects will be intrigued by the film. Those who don't want to see a movie featuring endless destruction should look elsewhere. While much of the special effects are astounding, some moments seem semi-real (as when the earth starts to crack) and other times look silly (when the characters try to escape California by plane, the set looks like a moon bungee).

Essentially, "2012" is how humans try to save a world falling apart through political and personal upheavals. The film bases the movie on the idea that someone预言s the end of the Mayan calendar ending on December 21, 2012 signaling the end of the world. The movie follows characters such as Adrian Helmsley and John Cusack as they try to save the world.

The movie opens in 2009 with Jackson, a calculating Chief of Staff, Carl Silberman (Thomas McCarthy), explaining the scientific lingo at an incredible rate. Jackson explains the scientific lingo at an incredible rate, causing neutrinos to have a solar eruption in history, which leads to the North and South Poles shifts, the crust destabilization, and makes the moment feel more intense. The CGI is fantastic and makes the moment feel more intense.

Emmerich and Kloser do this with each turn of the car, auditioning actors for their roles. They seem to reconcile their characters always manage to avoid death and destruction as he fights to save his kids and ex-wife, with boyfriend in tow. Jacko evades death and destruction as he fights to save his family and head to hope in the form of a secret government project.

The movie shifts between Jackson's quest to save his family and Adrian working within the government to prevent what appears to be a huge earthquake. Emmerich is happy about these additions to the story. In a movie attempting to tell something is okay, the opposite effect happens. For example, an Arnold Schwarzenegger impersonator, as California's governor, adds an element of fear to the movie in recent memory. Cu-sack is great and a fun actor to watch with this signature expressions and oddly enough looks like he just walked out of a hiti- fied film, 1408. He works well with Peet, who does a nice job as his ex-wife, Carl Silberman. They share together feel genuine as they seem to deal with their character's shenried relationship.

Ejisoffo plays a very compas- sionat and smart scientist/gov- ernment official. He puts a lot of heart into his character and explains the scientific lingo in an understandable level. Like Cusack's character, Ejisoffo is able to have people root and follow him as he tries to find a way to save as many people as he can.

Some surprising and ex- cellent actors appearing in the film include Jackie Glever as President Wil- son and, Oliver Platt as the cold, calculated husband of Kate Curtis, who explains to him that the world is causing neutrinos to have a solar eruption in history, which leads to the North and South Poles shifts, the crust destabilization, and makes the moment feel more intense.

Emmerich and Kloser do this with each turn of the car, auditioning actors for their roles. They seem to reconcile their characters always manage to avoid death and destruction as he fights to save his kids and ex-wife, with boyfriend in tow. Jacko evades death and destruction as he fights to save his family and head to hope in the form of a secret government project.

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When Dolores O’Riordan of the Cranberries take the concert stage, it is nothing but endless waves of poetry that assails listeners’ eager senses. The voice of poetry is everlastingly embraced (as ridiculous as that seems). Certainly an accurate sentiment is the fact that it will always be easier for an individual to be constructive (in terms of both an actual and metaphorical sense), while it remains a challenge to create, to give life, to give voice to all of the beauty and positivity which art (and our existence) allows. The voice of poetry is filled with the electric music of life, the attempt to reach into the mysterious elements which compose our immortal soul, and grasp that key ingredient which resides at the heart of our construction.

Once grasped, this elusive catalysis provides its emotional power to the words of the poet; the rhythm and rhyme of each captured moment filling the air with a natural symphonic harmony/drumbeat. While the decaying poison of negativity and violence has always sought to efface and corrupt the revitalizing energy of art (whether poetry or other similar expressions), it remains an impossibility.

As long as the human heart beats, the voice of poetry and art will continue to sound.
Use of Steroids Still Debated
From high schools to the major leagues, anabolic steroid use continues to draw ire from some.

BRYAN SHARPLES CONTRIBUTING WRITER
Steroid abuse among high school athletes has become a huge problem, according to the National Institute of Drug Abuse Research Report; steroid use has been on the rise in high school athletes since 1990. In 2008 it was reported that five percent of all high school athletes use anabolic steroids. According to the National Institute of Drug Abuse, “anabolic steriods” is the familiar name for synthetic substances related to hormones. The male sex hormones (e.g., testosterone.) are anabolic steroids. The familiar name for synthetic substances related to steroids is the familiar name for anabolic steroids. The synthetic substances related to hormones include testosterone and other anabolic steroids.

According to the National Institute of Drug Abuse, “anabolic steroids” is the familiar name for synthetic substances related to the male sex hormones (e.g., testosterone.) They promote the growth of skeletal muscle (anabolic effects) and the development of male sexual characteristics (androgenic effects) in both males and females.

The concern about high school students taking anabolic steroids has caused great controversy, according to Danny Sharples, 22, of Manasquan, NJ. Sharples has been a personal trainer for three years and trained many young athletes who compete on the high school level.

“I personally wouldn’t mind professional athletes using steroids, assuming they feel the care of their doctors and training is helping them,” Sharples said. According to the National Institute of Drug Abuse, many harmful health consequences are associated with the use of anabolic steroids. The list includes hormonal system disruptions, negative muscularkeletal effects, cardiovascular disease, skin disfigurement, and mental health disorders.

“Just the other day I was doing a pre-interview for college basketball. It’s sad that so many kids are willing to turn to these drugs in order to play sports. What ever happened to drug testing?” said Sharples.

According to the National Institute of Drug Abuse, abuse of anabolic steroids is motivated in most cases by a desire to build muscles, reduce body fat, and improve sports performance. Abuse is estimated to be very high among competitive bodybuilders and may also be widespread among other athletes.

Dave Force, 41, of Interlaken, NJ, has two kids that play basketball at the high school level. The thought of his two sons using steroids is a daunting one.

“Kids using steroids in high school makes no sense, they are asking for problems. Steroids are illegal first off; my children know I do not tolerate any type of drug or illegal act. Secondly steroids are poisons that can negatively affect the internal functions as well as mental behavior.”

“It’s sad that so many kids are willing to turn to these drugs in order to play sports. What ever happened to drug testing?” stated Force.

With this problem reaching record highs, according to the National Institute of Drug Abuse, precautions are being implemented.

New attempts to educate high school students are being taught all over the nation. New Jersey has become the first state to start testing their high school athletes to insure they are not using steroids. Governor Richard Codey was responsible for putting this action into effect.

Christina Ferrante, 24, of Montvale, NJ, is a special education teacher and the mother of an 8-year-old boy.

“I am happy they put together a steroid testing system in our schools. With all the things going on in life, my son taking steroids shouldn’t be something I should be looking forward to. My son loves the Giants and loves playing football. When it’s his turn to play in high school I hope they have everything worked out so I don’t have to worry about my son engaging in something dangerous,” said Ferrante.
Republicans Set Sights on 2010 After Virginia, New Jersey Wins

STEVEN THOMMA
MCt CAMPUS

Republicans swept the governor’s races in New Jersey and Virginia Tuesday night, but election officials don’t expect the races to have much impact on the midterm elections for control of the U.S. Congress.

Nonetheless, a Republican named Chris Christie ousted incumbent Demo cratic Gov. Jon Corzine in the New Jersey race, or so the race was called late Tuesday. Christie defeated Corzine’s running mate, Lt. Gov. Anthony G. Piccolo, in a race called yesterday by The New York Times.

In Virginia, Republican Bob McDonnell easily defeated Democrat Creigh Deeds in a state where the incumbent Democrat was term-limited.

“It was an overwhelming victory, a testament to the greatness of Virginians,” McDonnell said.

Although Virginians could have been expected to reject the incumbent Democrat, Deeds was considered the frontrunner in the Democratic primary. After the election, the Virginia Democratic Party vowed to go to court to contest the outcome.

In the election, McDonnell ran on the promise of improving the economy and transportation, but avoided national issues like oppose Democratic proposals on education and health care.

His win stopped a string of Democratic victories in a state that has been a “negative vote,” said Democratic pollster Mark Mellman. Only two have run for re-election with numbers that were bad enough to make them lose.

The Democrats had been on a winning streak in the state, taking the governor’s office twice, winning both U.S. Senate seats for the first time since 1978 and 1964.

Virginia has a long history of voting against the party in power in the White House, most recently electing two Republicans during Democrat Bill Clinton’s two-term presidency, then electing two Democrats during Republican George W. Bush’s eight years in the White House.

However, Virginia has emerged as more of a national bellwether in recent years, as its vote for Obama in 2008 was closer to his national average than any other state. “It’s the closest state that’s close,” said University of Virginia political scientist Larry Sabato.

In New Jersey, Governor’s race was a state that went for Obama by 15 percentage points last year and which hadn’t elected a Republican governor in a dozen years. Christie vowed a smaller, leaner state government and promised to rein in the state’s high taxes.

It was bound to be a tough year for the Democrats in both states given a deep recession, but particularly in New Jersey, where 68 percent of voters said heading into the election that the state was on the wrong track.

Since the 1950s, 13 governors have run for re-election with numbers that were bad enough to make them lose.

The Republicans won both states Tuesday — governor, lieutenant governor and attorney general for the first time since 1997.

The Monmouth University Debate Hawks flew to Danbury, Connecticut last weekend for the Hat City Debate Tournament. It’s home of the state’s nickname “Hat City” because, in its heyday, Danbury manufactured 25 percent of the hats sold in the United States.

Teams fought with vigor for hours, debating the above resolution. The Debate Hawks were forced to sum mon their mental and physical en durance as the Saturday rounds lasted from 8 a.m. until 3:30 p.m. After a quick meal and little sleep, the debates began again on Sunday at 8 a.m.

Proving that a lack of sleep would not deter them, Monmouth Univer sity had three of its teams advanced to the playoff round.

Krissy Mikulka and Bryan Tsica also defeated a team from the University of Rochester before losing in the Quarter finals to SUNY Bingham ton. In addition, Greg Morga, Tamari Lagvilia, and Mike Bokim also received individual speaking awards.

In the policy debates, competing teams defended and opposed the U.S. policy of the 2000-2008 administration. The federal government should substantially reduce the size of its nuclear weapons arsenal, and/or substantially reduce and restrict the role and/or missions of its nuclear weapons arsenal. Each team was required to compete in six rounds of debate, three on the affirmative and three on the negative, with each debate round lasting approximately two hours.

On the affirmative, the Debate Hawks put together several cases, such as advocating for the Comprehensive Test Ban Treaty, a No First Use Policy, or taking the US off of “Hair Trigger” alert status. The same teams were also required to de bate against these topics, and similar topics, when arguing from the negative perspective.

The Monmouth University Debate Hawks have had three contest for the first time since 1970 and going for a while.

In New York, the 23rd Con gressional District, Republicans McHugh to hold a seat they’re currently controlling for decades after a fight that threatened to lose it. They’ve been a safe seat for Republicans for decades after a fight that threatened to lose it.

New Jersey was a state that went for Obama by 15 percentage points last year and which hadn’t elected a Republican governor in a dozen years. Christie vowed a smaller, leaner state government and promised to rein in the state’s high taxes.

New York White House aides, perhaps anticipating losses for their party, downplayed the significance of all Tuesday’s elections. “We don’t look at either of these as being that significant of elections,” said White House s p o k e s m a n Robert Gibbs.

In New York, the 23rd Con gressional District, Republicans had to hold a seat they’d controlled for decades after a fight that threatened to lose it. They’ve been a safe seat for Republicans for decades after a fight that threatened to lose it.

New Jersey governor elect Chris Christie talks to the press about his plans for 2010.
**Announcements**

**Richie Havens**

Woodstock Opening Act

**Friday**

**Jan 29**

**8pm**

**Pete Fornatale**

Book Signing - Back to the Garden

and Presentation

with film screening of

**TAKING WOODSTOCK**

Wed | Jan 27 | 7pm

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Monmouth University’s Department of Music & Theatre Arts presents

**December Senior Show**

December 4 - 11

in the Rotary Ice House Gallery

Opening Reception:

Friday, December 4, 7-9 p.m.

**Visiting Writers**

Matthew & Michael Dickman

Book Reading and Signing:

Wilson Hall Auditorium

Wednesday, December 9 at 4:30 p.m.

WWW.MONMOUTH.EDU/ARTS

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**November 18, 2009**

**The Outlook**

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What is Your Favorite Class and Why?
COMPILED BY: SARAH ALYSE JAMIESON

Jen freshman
“A tie; Anthropology and Music. Music is my favorite course, and Professor Veit is the best.”

Jessica senior
“Anthropological Theory, because I learn a lot and think outside the box.”

Alli sophomore
“Introduction to Sociology, because I have Dr. Mele, and he’s the best.”

David freshman
“Biology, because it’s hands on, and I like that.”

Justin sophomore
“Introduction to Psychology, because I have Professor Holmes, and she’s great.”

Kristen senior
“My Classroom Management class, because I get to observe.”

Joe junior
“Literacy Instruction, because I get to work with kindergartners.”

Fahim graduate
“Business Ethics, because it works with my major.”

Samantha junior
“Alternative and Complimentary Health, because it was hands on.”

Toby graduate
“Multicultural Counseling, because it’s relevant to counseling.”

Campus Events This Week

WEDNESDAY, NOVEMBER 18
Intervention TV Show and Discussion 1:00 – 2:00pm • Afflitto
The Network 2009 Fall Career Day 12:30 – 4pm Anacon
Bias and Hate Crimes 2:30 – 4:30pm • Wilson Aud.
Vampires: The Real Underworld • 8:00pm • Wilson Aud.
After Juliet • 8pm • Woods Theatre • Tickets $15 www.monmouth.edu/woods_theatre

THURSDAY, NOVEMBER 19
Turn in your cigarettes for candy, gum, etc. • 11am-4pm • Student Center
Who Killed Daniel Pearl?: A Muslim Woman’s Journey Through International Violence • Ms. Asra Q. Nomani • 11:30am-12:45pm • Wilson Aud.
Study Abroad 1st Step • 4:00-4:45pm • New Lounge-1st Fl. Student Center
Zumba (Dance Fitness) • 5:15-6:15pm • Boylan Gym (B101)
After Juliet • 8pm • Woods Theatre • Tickets $15 www.monmouth.edu/woods_theatre

FRIDAY, NOVEMBER 20
Spa Night w/ Massage Therapists, Manicurists, and Temp. Tattoos! • 8pm • Oakwood
After Juliet • 8pm • Woods Theatre • Tickets $15 www.monmouth.edu/woods_theatre

SATURDAY, NOVEMBER 21
Football vs. Robert Morris • 12:00pm • Kessler
Medieval Times • Tix $40 students/$45 non MU Students • Bus Leaves RSSC @ 6pm
Ebonie Night • 7pm • Anacon • Tix -Student Center Info Desk • $25 – adults, $15 – students & children under the age of 10. Tickets $5 more at the door.
After Juliet • 8pm • Woods Theatre • Tickets $15 www.monmouth.edu/woods_theatre

SUNDAY, NOVEMBER 22
Women’s Basketball vs. Pacific • 3:00pm • MAC
Interfaith Thanksgiving Service • 3pm • Wilson Aud.
Vegan Potluck & Lecture • 5:30pm • Student Center Cafeteria
For more information email- chirschl@monmouth.edu

TUESDAY, NOVEMBER 24
Thursday’s Classes
FaceSpace Group • 11:30am • Afflitto

WEDNESDAY, NOVEMBER 25
Friday Classes
Halls Close For Thanksgiving Break at 3:00pm

MLK, Jr. Unsung Hero Award!!

This award is meant to recognize people who exemplify Dr. King’s spirit, life, teachings, and commitment to service. Fill out the nomination form online now at: http://www.monmouth.edu/campus_life/activities/diversity/forms/unsungheroaward.asp
Or just type “MLK Unsung” in the search engine on the MU Homepage.

Awards will go to a MU student, a MU employee, & a Monmouth County community member.

Nominations are due Friday, December 4TH by 4:30 pm
Need An Ex Ed Placement?

Experiential Education Opportunities

Listings Provided by The Center for Student Success
The Office of Service Learning and Community Programs & Cooperative Education

Community Outreach Intern
Build relationships with community organizations and small businesses to raise awareness of energy efficiency issues. Organize community forums to educate people on how to save energy and money. Coordinate volunteers to participate in home energy audits and weatherization projects.
Contact Marilyn Ward.

Elementary Education Coordinator
Recruit volunteers to set up and teach lessons about energy efficiency to elementary school students in local schools. Design lesson plans about energy.
Contact Marilyn Ward.

Summer: Wildlife Care Internship
Interns will be working in an animal rehabilitation hospital. Assignments will include feeding, cleaning, and providing care for injured and orphaned wildlife; answering phones and returning animal concern calls; greeting people with incoming animals; assisting with special events; and all other aspects of the Refuge (located in Medford, NJ).
Contact Kathy Kennedy.

Human Resources Intern
Projects include organizing, researching, and assisting with employee handbook trainings, research and assistance with changing governmental regulations and compliance issues, assisting with safety plan and workplace violence prevention plans (located in New York).
Contact Kathy Kennedy.

Check in weekly for information on volunteer opportunities both on and off campus.
Search "Volunteer Directory" on the MU home page for more opportunities.
Questions? E-mail volunteer@monmouth.edu or stop by the Office of Service Learning and Community Programs in The Center for Student Success on the lower level of the RSSC.

We never get to the bottom of ourselves on our own. We discover who we are face to face and side by side with others in work, love and learning.
-Robert Bellah

Volunteer Corner
Check in weekly for information on volunteer opportunities both on and off campus.

Interfraternity Council Food Collection: Donations of canned food and non-perishable items are being collected through November 19. Drop-off boxes are located in all the Residence Halls and Academic buildings. For more information, contact either Andre Renaudo (s0695068@monmouth.edu) or David Hughes (s0652002@monmouth.edu).

Teach Reading and Writing: A Spanish-speaking resident of Center House in Asbury Park would like to learn how to read and write English. Center House provides apartments for individuals with HIV/AIDS. Volunteers are needed to help out days, evenings or weekends. For more information, please contact Steve Albert at 732-774-3416 x20.

Search “Volunteer Directory” on the MU home page for more opportunities.

Questions? E-mail volunteer@monmouth.edu or stop by the Office of Service Learning and Community Programs in The Center for Student Success on the lower level of the RSSC.

We never get to the bottom of ourselves on our own. We discover who we are face to face and side by side with others in work, love and learning.
-Robert Bellah
**Announcements**

**The FoodBank of Monmouth & Ocean Counties**
3300 Route 66, Neptune, New Jersey 07753  / Tel: 732-918-2600, ext 223

Most Needed Holiday Items:
The Holidays are approaching.
Please consider donating a few items listed below.

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<th>Perishable</th>
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<td>Frozen Turkeys</td>
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<td>Canned or Fresh Hams</td>
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<td>Stuffing and Gravy</td>
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<td>Ready-to-eat Canned Meals</td>
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<td>Canned Sweet Potatoes or Yams</td>
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<td>Canned Fruits</td>
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<td>Instant Potatoes</td>
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<td>Pasta/Rice</td>
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<td>Macaroni &amp; Cheese</td>
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<td>Canned Juices &amp; Sip-size Juices</td>
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<td>Canned and Dry Soup</td>
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**Holiday Offerings at Pollak Theatre**

**The Winnie-the-Pooh Christmas Carol**

- **Sun | Dec. 6 | 2 pm**
- **Mon | Dec. 7 | 10:30 am**

**A Christmas Carol**

- **Fri | Dec. 11 | 8 pm**
- **Sat | Dec. 12 | 2 pm**
- **Sun | Dec. 13 | 2 pm**

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**Tiki Tan**

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The Outlook
November 18, 2009

Consuming coffee leads many to become zombie-like. Have aliens tampered with our coffee?

MAX TIMKO
21

The Coffee is Thinking for You.

Two weeks ago, I decided that I needed a change in my life. So, instead of buying some new parachute pants or a sweet Nerf gun with semi-automatic features, I decided, like a loser to stop drinking coffee.

Not only have I stopped drinking coffee, but I have also decided to switch to tea. Now right away when you think of someone that drinks tea, you picture someone weak and pathetic. If you don’t, then you probably drink tea. Now let me just say that I have nothing against tea because I have recently joined the “tea party”. Of course, not by free will. I had developed a problem associated with drinking several cups of coffee each day. Due to constantly ingesting this beverage, I was sleep deprived and acting like a zombie while awake. I really needed sleep, but coffee took my soul away and made me continue with the rest of my day. I can’t believe that I have been off coffee for two weeks now. For this reason, I pose the following question to the public: HAVE ALIENS TAMPERED WITH OUR COFFEE?

Now, I am not saying that aliens have done anything at all, I am just insinuating it. Think about it people. You drink coffee for what reason? To wake up. If we want to get real technical, why do we wake up? We wake up to go to class or to work, and why do we work? We go to class and work because that is the norm for what people do in a regular society. So, who has created these norms?

Why do you need to have a job when you graduate or work for a company to grow up with a family? Eventually be divorced and do this entire thing all over again? I say, Aliens. Now, I know that is a pretty harsh statement, but please listen to reason. If Aliens have not been contaminating our coffee supply, then why do people go through withdrawal when they stop drinking coffee? I say, Aliens. It is because the Aliens are making you suffer and luring your back to drinking their coffee. Aliens blend the coffee we drink. And I applaud them, coffee tastes wonderful. It is like god himself has come down just to blend thecaffeinated drink to energize your tastebuds for another day’s existence. But that is not the case. Now, I know everyone will not believe me that coffee is controlling everyone, but wrap your head around this one. Coffee spelled backward is "EEFFOC." Which as we all know stands for "Earth Enters Forced Fixation Of Coffee", which by stealing an Alien document last week (don’t ask how), I learned this information. Now, I believe that if we continue to drink coffee it will turn us into drones who do the bidding of the Alien high commander Zeknock Dorphous. Or, I could have made up the entire thing because I spilled a cup of coffee on my most delicate region while driving to the train station at 6:30 in the morning. I would say maybe, but you need to decide for yourself if these Alien stories about coffee are true. But, they also could be a result of my having seen a trailer for the movie "The Fourth Kind", and not being able to sleep for four whole days, making it so I’ve been relying on coffee to function. However, it would explain the way I’ve been acting. What I am trying to say is; do not pander to the aliens, be your own person and decide for yourself. But, if all else fails, just blame Aliens for your coffee addiction. I’ll believe you.

"Ha, ha. This is all just, ha, ha, a big misunderstanding..."
Hawks Surrender Lead, Chance at NEC Title

Blue and White Let 19-0 Lead in Fourth Quarter Slip Away, Losing 20-19 at CCSU

KEVANEY MARTIN
ASSISTANT SPORTS EDITOR

The Hawks, despite upholding a 19-0 lead going into the fourth, allowed Central Connecticut State to go on a 20 point run in Saturday’s NEC matchup to lose the game as well as any hopes of an NEC Championship.

“It was a devastating loss,” said fifth year wide out Ron Lauch. “We let them get back into it and before we knew it they had stolen the lead as well as the game.”

The Blue Devils, who moved to the top of the conference at 8-1 overall and 6-1 in the NEC, did just that. They robbled Monmouth of what would have been a season-changing victory. Although MU completely dominated the first three quarters, scoring 19 points, they let their opponents have their way in the fourth which ultimately cost them the win.

The game opened up on a sour note for the Blue and White when freshman quarterback, Kyle Frazier, threw his first interception of the season to CCSU’s Marcus Dorsey who returned it to the MU 21. The Monmouth defense held the home squad and forced them to kick a field goal which sailed far right and kept the score deadlocked at 0-0.

Frazier put the first points on the board on the following possession, due in large part to the sensational running of David Sinisi. Sinisi, who finished with 201 yards and three touchdowns on 36 carries, accounted for them on this drive which he finished off with a touchdown, giving MU a 6-0 after a high snap resulted in a fumble being blocked.

The Blue and White continued their scoring spree on their next offensive possession with backup running back, Bobby Giles, collecting 31 yards on five carries which brought them down to the three yard line. Sinisi then tallied his second score of the contest after he pounded his way into the end zone to make it a 13-0 score with 2:29 left in the first half.

On the ensuing possession, Central Connecticut started to show signs of life when they managed to drive the ball down to the MU 20. But the defense, once again, showed that they were ready for a challenge and forced them to turn it over on downs and maintain a comfortable lead heading into the break.

The second half picked up right where the first ended with the Blue Devils driving into Monmouth territory, but the Hawks coming up big and forcing a turnover.

Trailing by 13 at the start of the third quarter, Central’s offense took over and was able to get on the board. Defensively, the drive was highlighted by Ogdin tossing a deep pass to his second score of the contest af-

The football team led 19-0 going into the fourth quarter at NEC leader CCSU, but could not hang on, losing 20-19.

The 17 yard scoring run gave the fifth-year senior three for the day and 13 on the season.

Central went into a hurry up offense on their ensuing possession, putting together its best drive of the afternoon mainly on the legs of quarterback Aubrey Norris and Mallory. On third and two, Blue Devil reserve tailback Brian Fowlerester gashed the Hawk defense for 15 yards and a CCSU first down at the MU 14.

Two plays later fullback Eric Richardson put the Blue Devils on the board on a six yard run, cutting the lead to 20-19 with just 13:36 to play in the game.

After stopping the Hawks, CCSU went back to work on offense, with Norris doing most of the damage through the air, connecting on a number of key first downs with junior Joseu Paul. With time ticking away, Central elected to run three straight times inside the five yard line, the third time resulting in an Norris touch-
down run. The kick was blocked and Monmouth held on to a 19-13 lead with 3:12 to play.

After dominating the first three quarters of play in the driving wind and rain to build a 19-0 lead, Monmouth was able to run the clock out. Frazier was nine-of-17 for 80 yards and one interception, while Norris finished with 158 yards on 10-of-19 passing.

Paul led all receivers with six catches for 131 yards, 114 of those coming on a catch and run, finishing with seven tackles, in including a sack while registering a pass breakup.

Monmouth will wrap the regular season with a home game against Robert Morris on Kessler Field.

November 18, 2009

Outlook’s Weekly NFL Picks - Week 11

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Ryan Kinne scoring what proved to be the game-winning goal in the 2-1 win over Quinnipiac.

The Hawks faced off against Quinnipiac earlier this season at home and were victorious by a score of 2-0. Quite the contrary to Friday’s weather, the conditions were perfect as the weather was cool and there was no precipitation. The first 10 minutes match was an offensive struggle while both teams were stuck at 0-0. At the start of the second half MU came out firing on all cylinders and within the first 10 minutes MU scored two goals from juniors Ryan Kinne and Chase Barbieri. Seven minutes later Quinnipiac answered back with a goal to reduce the lead to 2-1, but that was as close as they would come as the Hawks preserved their lead. The result of the match was 2-1 in favor of the Hawks and for the third time in MU history the program wins the tournament title and advances into the NCAA Tournament.

Four of the Hawks players made their way onto the All-NEC Tournament: RJ Allen (MVP), Cody Calafaro, Daniel Bostock, and Ryan Kinne. The postseason destination for MU was announced late Monday night on ESPNews. The Hawks will host no. 9 Connecticut on the Great Lawns, Thursday, November 19 at 1200 pm EST for the First Round of the Big East Regular Season Championship and comes into the matchup with MU with a record of 11-3-3.

The women’s soccer team was also in action on Friday, but did not have the same result as the men’s team. After their opening round NCAA Tournament game, the team dropped a hard-fought contest to no. 20 and host team Maryland, 4-0. This season was the second season in a row that MU scored only 33 points and 11 points with 10 minutes remaining, but the Pirate players, as the Hall went on to shoot only 18-of-32 from the charity stripe. The Hall went 13-5-1 overall and won its second NEC title in three seasons. While the squad was disappointed with the outcome of the game versus Maryland, which also marked the end of their season, it was a successful year nonetheless.

The 15 wins mark the fourth consecutive year that the Blue and White have tallied double-digit wins. Whether, it’s the Sham Wow not being nearly as good as pre- dicted yet again. The Hawks have a record of 11-4-3.

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Thank you for your support during The Hawk's opening weekend.