Dr. Plunk Speaks to Students about Salud y Paz in Guatemala

**DEREK DELUCA**

Dr. Phil Plunk came to campus as a guest speaker to talk to sociology students in Wilson Hall last Tuesday. At first glance, the man seemed like a regular Texan, but his story is no ordinary one. Plunk proved to his audience that we, as American citizens are very blessed to have a home born in the United States, a changed man. I played the lottery, but after going down there and coming home, I realized I already won. I already won because I was born in the United States, Plunk said. He said that he could never go back to his old life after going down there.

Guatemala continued on pg. 8

Vice President Nagy Takes on Community Relations

**ANTHONY PANISSIDI**

Mary Anne Nagy, Vice President for Student Services, was promoted to Vice President of Student and Community Services on September 9, 2010. This promotion was given due to the departure of Susan Docto, the former counselor to the Provost, Dr. Datta V. Naik was promoted to Vice Provost this past August due to his dedication and assistance to the Provost, Dr. Thomas Pearson. "I have been assisting the Provost for many years with many of the tasks now defined as the Vice Provost’s responsibilities, and had served as acting provost in the Provost’s absence. Many feel that my promotion to that position was logical,” Naik said.

The Vice Provost works with the Provost in matters of the University and Academic Affairs, and takes up the responsibilities of the Provost in the event of his absence. "The Vice Provost’s primary job is to free the Provost from routine tasks so the Provost may focus on strategic and leadership issues,” Naik explained. In addition to his new duties as the Vice Provost, Naik is also Dean of the Graduate School and Continuing Education. Along with his service as the Dean, Naik must take up the new responsibilities that have come with his promotion.

"As Vice Provost my principal responsibilities will be in the area of faculty governance, faculty contract issues, and faculty personnel issues," he said. He shall additionally assist the Provost in other affairs of the faculty, such as applications for tenure or promotions and addressing faculty grievances.

The promotion to Vice Provost, while exciting and awarding to Naik, was a gradual, expected turn of events rather than a surprising one. "I have worked side by side of the realm of sports, such as art and concert events, lectures, and commencements. "I increased her duties to include community services, specifically to coordinate non-athletic/fitness marketing and use of the MAC, congressional state and local government relations, and public affairs. However, her principle focus remains student services," said President Paul G. Gaffney II when commenting on Nagy’s new duties.

"I will continue to also focus my time on enhancing our health service programs, food service operations, and support structures for returning veterans," said Nagy as she thought about what she wishes to accomplish in her new role.

In addition to these responsibilities, Nagy will also place more time with her family.

Vice President Nagy settles into her new position. Nagy continues on pg. 2

Dean Datta V. Naik Becomes Vice Provost

**LAUREN GARCIA**

Dr. Datta V. Naik is now in charge of overseeing Public Affairs, Government and Community Relations, and the coordination and marketing of the University’s Multipurpose Activity Center (MAC). The MAC events that Nagy controls are those outside the University’s literary magazine is expanding with a new radio show on WMCC.

Arizona continued on pg. 4

“Arizona: A State of Paranoia”

**Filmmaker Daniel DeVivo Shares Latest Documentary**

Daniel DeVivo, creator of his latest and not yet released film, “Arizona: A State of Paranoia,” shown video clips and touched on what viewers can expect from his new film in a packed Wilson Auditorium last Thursday at 1:00 pm. The documentary presented the latest developments in Arizona’s immigration laws and politics. Before the presentation began, DeVivo showed a video clip of Stephen Colbert’s testimony at a House Judiciary Hearing on the state of agricultural jobs in the United States. "Crossing Arizona," DeVivo’s first documentary, explained how U.S. border policies condensed and funnelled immigrants from California and Texas into Arizona.

DeVivo spoke to students about his latest documentary, “Arizona: A State of Paranoia,” during his lecture on Thursday.

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**Opinion**

MTV’s Jersey Shore has taken over the media, according to one student.

**Entertainment**

Muckan Bob Dylan will be playing at the MAC on November 14.

**Club & Greek**

The University’s literary magazine is expanding with a new radio show on WMCC.

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Dr. Plunk lectured students about health, healing and education in Guatemala this past Tuesday in Wilson Hall Auditorium.

PHOTO COURTESY OF philplunk.org

Dr. Phil Plunk

**PHOTO COURTESY OF Kim Grier**

DeVivo

**PHOTO COURTESY OF Antelope.com**

Dean Datta V. Naik

**Becomes Vice Provost**

Dr. Datta V. Naik was promoted to Vice Provost this past August due to his dedication and assistance to the Provost, Dr. Thomas Pearson. "I have been assisting the Provost for many years with many of the tasks now defined as the Vice Provost’s responsibilities, and had served as acting provost in the Provost’s absence. Many feel that my promotion to that position was logical,” Naik said.

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show many things, such as where advanced GIS system works. Kosiba demonstrated how the information about the program, Kosiba.

The program allows to view as a regular map can show. The GIS contains much more than what a conventional map can. The GIS system can help to visualize, manipulate, analyze, and display spatial data. The system was created in the 1980’s, however, due to advances in technology, it has finally been able to impact those who use it.

The GIS system is able to take information from many different variables and show results on one map, creating a layering effect. The program allows to view aspects in a different way because of the new capabilities of the program. “This program helps to see a different way of the world,” said Kosiba.

After giving background information about the program, Kosiba demonstrated how the advanced GIS system works. The GIS system can help to show many things, such as where people lived in past years, movement of population over years, and which places increased or decreased in population. The program is easy to put together and has 3D visuals. Kosiba then showed slides of students’ maps that they had created.

Two included a map of New Jersey showing the Sexually Transmitted Diseases in each area relative to the county population, while the other showed ecological environments’ water pollutants in Florida. The GIS system can be applied to almost all professions. Kosiba described that during the 2008 Presidential Election President Obama used this system to target certain people in specific areas. Obama used the maps to show the levels of unemployment in various areas, the age of people living in certain cities, and more. He could then use campaign strategies in these areas based on the GIS system to get votes. Other professions that may find the GIS useful include social work, education, and journalism. Professions in the business area can use the information the maps create to find out where their products would sell best according to the location of their target market.

For more information about the GIS system or about the internship, e-mail Kosiba at skosiba@monmouth.edu. For more information about GIS technology and the potential career path, view the upcoming GIS Tesla Talks at www.gismonternshipproject.com.

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Dear Colleagues:

Just last week I wrote to you about campus violence and suggested that “taking care of one another” was important for safety.

Since then, we were shocked to learn of the cruel and blatantly discriminatory act carried out by a roommate and classmate against a roommates, a family. Thank you for those who took time to speak out about this crime over the past few days.

Bullying, a trait most often seen in middle school, can affect us at our level. We are too grown up to accept that. We have too much respect for one another to accept that.

Bullying situations should be reported to residence life or other administrators for prompt action.

Thank you,

Paul Gaffney
President
HERO Day Reminds Students About Alcohol and Fire Safety

Tiffany Mattera
Contributing Writer

Fire doubles in size every 30 sec- onds. Approximately 1,825 students between the ages of 18 and 24 die from alcohol related unintentional injuries, including motor vehicle crashes, per year. It is statistics such as these that make programs like HERO Day so important for stu- dents to participate in, in the hopes of avoiding dangerous situations.

HERO Day took place on the quad from 12:00 pm to 3:00 pm and was sponsored by the Howell Fire Department, Office of Residential Life, Monmouth University Police Department (MUPD), Office of Substance Awareness, Tutoring Center, Monmouth University Safety, Monmouth University HERO, and Theta Xi, Tau Kappa Epsilon, and Sigma Tau Gamma fraternities.

HERO is a nonprofit organization that stresses the importance of hav- ing a designated driver and drinking responsibly.

Displayed on the quad were fire extinguisher demonstrations, a “fire house,” and tables where students could pick up information pamphlets if they desired.

Braille Staniel, a junior, watched as her friends utilized fire extinguish- ers properly.

“It is mandatory training for RA’s and students,” Bob Tice of the Howell Police De- partment provided tips for students.

“Always know at least two exits out of the building, use common sense, and don’t ignore the alarms. Knowing what to do in the case of a fire can be the difference between life and death.”

James Gaul, an officer with MUPD, added “Close the door room doors behind you, call the pol- ice immediately, and take these tips with you.”

Gaul has been helping hold this event for seven years during Fire Prevention Month which takes place every October. He and several other officers are connected with Howell Township, and will be visiting other Howell locations this month, includ- ing Raintown Fire Company, Wal- mart, Home Depot, and the town- ship library.

The fire department has been re- cruiting students, and currently has 10 in total. Recently, there was a fire in Eatontown and the students got their first chance to put out an ac- tual fire. The firefighters are proud to have a presence on campus and in the community.

Later that night, Suanne Schaaf of the Office of Substance Awareness, organized an information session and drunk vision exercises at Pine- wood Hall.

“The top three ways to get in trouble in school because of drugs is storing alcohol in your room, playing beer pong and other drinking games, and attending a party in Ocean Township off-campus,” she said.

She distributed Blood Alcohol Content Cards (BAC) that deter- mine how much alcohol a person can drink before they are drunk by taking into consideration their sex and weight.

After the event, students gathered outside where eight people were cho- sen to run through an obstacle course while wearing goggles that simulate the effects of being drunk. Having stumbled through the cones, Beth Gilman, a freshman, admitted that it is harder than it looks.

At the end of the day, most stu- dents agreed that they gained the knowledge needed to survive the most common situations involving fire and alcohol.

Tutoring Center Plans Events for October

Lea Callahan
Contributing Writer

The Tutoring Center at the University provides an environ- ment for students who are over- whelmed with papers from dif- ferent classes. Most students know that the Tutoring Center offers both peer and faculty tut- ors, but they don’t realize that the Tutoring Center also pro- vides events to help them. This month, a variety of workshops will take place to help students succeed academically.

Neva Pontoriero, Acting Di- rector of the Tutoring Center, announced a series of workshops that will take place throughout the month of October. The first of these workshops occurred on Saturday, October 9, and was held in Mullaney Hall room 136A; it helped students prepare for midterm exams.

Another workshop planned for October is a Time Management workshop, which is scheduled for Monday, October 18, from 7:00 pm to 8:00 pm, in Mullaney Hall Room 136A. Also, a workshop on Textbook Reading Strategies will be held on Tuesday, October 19, from 10:00 am to 11:00 am, in Room 6 of the Center for Student Success. The last of the October workshops is one on Test-Taking Strategies planned for Thursday, October 21, from 1:15 pm to 2:15 pm, in the Center for Student Success, Room 6.

Any student is welcome to at- tend these workshops, but must RSVP in advance. The Tutoring Center’s Web site, or by emailing or calling the Tutoring Center with the dates and times of workshops a student wants to attend.

The Tutoring Center hopes that these workshops will help students improve grades on pa- pers before midterm exams.

The Tutoring Center is a valu- able resource that the University provides to its students, accord- ing to sophomore L.J. Wilson.

“I think it’s a good resource for students to use, especially if they feel like they’re falling be- hind with their work,” Wilson said.

The Tutoring Center, open Monday through Friday from 8:45 am to 5 pm, provides stu- dents with a chance to get help with any aspect of their academ- ic career. Both peer tutors and master tutors are available after completing a Tutor Request form online. The Tutoring Center also provides resources for Western Civilization classes, reading and comprehension, and SC100 classes, and sponsors trips with the School of Humanities and Social Sciences. This semester, they are visiting the Metropoli- tan Museum of Art on October 21, and seeing Turandot at the Metropolitan Opera House on November 9.

A math tutor is available in Mullaney Hall every Wednesday from 8 pm to 10 pm.

The Center wants to provide a safe place for students to grow and develop the skills for inde- pendent learning and thinking, and hopes students will become confident in their academic abili- ties.
Naik Promoted to Vice Provost

Dean of the Graduate School of Associate Professor before ally promoted through the ranks in 1977 when he

University in 1977 when he

Naik said.

drastic hazardous gas leaks in and around space shuttles on launch pads and his recent publications have been about the quality of indoor air.

"He definitely deserves it, it's a recognition of Dr. Naik's contribution to the University," Di. Iacint Wang said of Naik's recent promotion.

Naik expressed his pleasure with his recent promotion and expressed gratitude at the recognition of his hard work.

"Monmouth University is the place where I have grown professionally and I have seen the institution grow from a college to a quality university," he said.

I am proud to be a part of that transformation and look forward to being a contributing member of the University community for years to come," said Naik.

Arizona continued from pg. 1

Arizona. He also claimed to expose how U.S. policies create a situation where people are dealing with the new problem as "deadly and old problems were li-
terating the landscape."

DeVivo's "Arizona: A State of Paranoia" also explains some of the issues with lawmaking on both federal and state levels, and how they have led to attention.

He also intends to encourage students and public electoral politics have led to problems with illegal immigration.

"The U.S. government has cre-
at this monster," and one of the main goals for his new movie is, "to put a human face on the need for reforming laws," said DeVivo.

In helping to accomplish this, he plans to include the story of a 19-year-old from Maricopa County, AZ.

In an interview with the university has urged them to identify as LGBT in some fashion, an event that upset a number of students, many from the LGBT community.

"You say, 'I was there because I care' and felt "forced" to leave. This story provided insight to the impact that new state laws will have on the lives of illegal residents and citizens alike.

We don't need it because lawmakers have already accomplished their goal in making peo-
ple leave. They just wanted more power," said DeVivo in response to the criticism.

He also attributes the signifi-
cant drop in crime not to depor-
tion, but to illegal immigrants being scared for their lives and of police, leaving illegal immigrants who might call the police or report a crime.

Show of Compassion at Rutgers

Filmmaker Shares View on Arizona's Immigration Policy

in helping to accomplish this, a majority of the crowd were Rut-
sburg students, many from the LGBT community. One clementy organizer said, and in the wake of the incident the university has urged them to identify as LGBT in some fashion, an event that upset a number of students, many from the LGBT community.

"You say, 'I was there because I care' and felt "forced" to leave. This story provided insight to the impact that new state laws will have on the lives of illegal residents and citizens alike.

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"I think there could always be more

incarcerations and discuss the communication aspect of the restaurant industry. McMahon will offer a unique

public relations students and professionals. For more information about the speakers series or Monmouth's

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"There is a 15 to 20 year waiting

list for immigrants seeking to

obtain citizenship."

DANIEL DEVIVO

Filmmaker and Creator of "Arizona: A State of Paranoida"
Monmouth University students collected non-perishable food items and competed in a contest to create and build food sculptures. Over 400 pounds of food were donated to the Food Bank of Monmouth and Ocean Counties though Move for Hunger.

Congratulations Beechwood!

For information about the First Year Service Project, please contact Susan Damaschke at 732-571-3590 or sdamasch@monmouth.edu.

Sean Tyrrell “Who Killed James Joyce”
Thurs, Oct 7 | 8 pm | Woods Theatre

Sol y Canto Sabor y Memoria
A Musical Feast in Seven Courses
Sat, Oct 16 | 8 pm | Pollak Theatre

Wagner Das Rheingold
Sat, Oct 9 | 1 pm
Pollak Theatre

Complicite A Disappearing Number
Thurs, Oct 21 | 7 pm
Pollak Theatre
In light of the recent shootings at Seton Hall University and increasing violence on college campuses, we have to ask the question: how safe are our students? Parents, faculty and students are becoming more concerned with safety on our campus.

The MUPD cars can be seen all over campus and the blue lights marking the emergency phones illuminate the campus at night. But how safe do you really feel when walking to your residence hall through the underpass at 2:00 am, especially when you have to walk to your car that's parked miles away from the building you just left?

Monmouth University is a small campus and makes most students feel comfortable and safe, but we often forget that our campus is “open” to the public. There are no gates prohibiting strangers from entering the residential or academic sides of campus and there are no guards keeping track of who enters or leaves campus. Who can forget the “man in the black trench coat” last semester who, according to MUPD, entered residential buildings and walked around campus? Most students took this lightly and laughed it off, but this incident could have ended tragically.

Anyone can enter any academic building until 12 am and most of us know that entering the residential buildings before 8:00 pm when Desk Assistants start signing in guests is a piece of cake. All one has to do is wait for someone to come out and open the door and let them in. Reflecting on the school shootings and violence that have occurred over the past years throughout the country leads us to think that there are some people out there that do mean harm. We can never be too sure or feel too safe.

In the case of Seton Hall student Jessica Moore, her tragic death occurred at an off-campus apartment where four others were wounded in the shooting.

Monmouth University and the MYPD must focus more on identification. Many universities and colleges in the tri-state area have “swipe machines” where students are forced to swipe their identification cards whenever entering and leaving the building. It would keep track of the students in the building and help in case of emergency. The university should force students to update their ID’s every year. Most of the seniors see their ID as a souvenir of their freshman year, which has a picture that is four years old. We all know how much we change in these four years of college, so most of us look completely different from our 18-year-old selves.

More emergency phone boxes would definitely help on both sides of campus and in the surrounding area. Our school year goes from September to May, with a month long break to separate the semesters. As we get closer to exams, daylight gets shorter and shorter, and we soon realize that it is getting dark when we are walking to our 4:30 classes. Now while that can get depressing, it also causes a security threat, which is why the amount of emergency phone boxes needs to be increased.

Our campus might look and feel safe, but don’t be fooled; anything can happen as we live in the 21st century.

The campus, the community around campus, and all around our University are not immune. We can no longer feel that we are safe. Stay safe Hawks!
October 6, 2010
THE OUTLOOK

OPINION / EDITORIAL

Ignorance is Not Bliss

MELISSA ROSKOWSKI
OPINION EDITOR

As suicides by gay teens appear to be on the rise, a lot of people are wondering where to place the blame. By now, most of us have heard about the suicide of Tyler Clementi, a freshman at Rutgers University who recently committed suicide after a video of him kissing another male student was made public online. Sadly, cases of gay teens, some of whom have been bullied and bullied and ending in suicide are not uncommon.

These events reflect on us as a society. Each and every one of us should be personally affected by these tragedies. The fact of the matter is that, the people who are bullied are often emotionally and/or physically abused for being gay, learned somewhere that their atrocious behavior was acceptable. People are not born being programmed to hate others. Generally, these attitudes are formed within the home or the surrounding communities. Once again, we have ignorant adults to blame for pushing their negative ideologies on impressionable minds.

After working at a day care for several years, I can certainly attest to the fact that the majority of all of us. Chil- dren are curious, open minded, race, and gender orienta- tion happens to be and I think we should take advantage. Children will accept innocence is cherished within our society, yet somewhere along the line the notion of setting an example is appropriate to teach hate. It’s sad- dening and rather disturbing.

This will be determined even fur- ther than our society ignoring the fact that we all have personal rights that are indisputable. Many of groups of people are regularly dis- criminated against and hate crimes occur all too often. The most con- veying part about the situation is that, very simply put, we know better. We should be accept- ing and understanding of others, re- gardless of their differences. We all know this, but still there are people who refuse to put it in action.

It is absurd the amount of time people spend worrying about how to isolate people who are different than they are. I don’t know if it’s time to allow people who are like this but it is a waste of time. It’s unfair to be completely unnecessary. Those who refuse to accept peoples’ dif- ferences should keep their opinion to themselves. Being kind and tolerant of people won’t harm you or anyone else, for that matter. In fact, you might learn something about your- self and the world around you.

If learning from experience seems like too daunting a task, then just look back at our society’s his- tory.

Many times throughout the his- tory of our society, we have seen people groups of people targeted and persecuted for being outside of what was considered the “norm.” Years later, as in the case of Afri- can Americans and countless im- migrant groups, our society can ad- mit that its views were wrong, and it definitely seems to, most times.

Let’s take a hint from our history and spark change in a society that condemned peoples’ differences.

What Has This World Come To?

ENOUGH ABOUT JERSEY SHORE!

STEFANIE CALELLO
CONTRIBUTING WRITER

We all know the acronym GTL and DTF and we all know what a grenade and a landmine are, along with smooching. Jer- sey Shore has a huge following and has given the real jersey shore a pretty bad name. People either love or hate the show and the word GTL has become the show for the laughs and to watch how pa- thetic the people on the show actually are. I never thought the show would actually last this long. The Jersey Shore cast makes way too much money each episode to do- mit but party and as they say, “GTL.” Since the start of the first season, they have had very high ratings and such a huge follow- ing. Not only does the crew make club appearances and all that, but they are also starting their own size businesses to make even MORE money. Jwoww has her own la- dies clothing line and the situa- tion has not only his own clothing line, but also a fitness vidéos called “The Situation Workout,” and a few other products. The other cast members also have side projects going on.

When Jersey Shore first start- ed, I got the idea that all of the people on the show would be going to actually be new from Jersey. After the second season, the entire cast are from here. By now, we all have our own personal life, except the cast members. I believe that the Jersey Shore cast is replaceable and they can find many others who look and act the same way they all do. I recently heard how much the cast actually makes per episode and it definitely seems to, most people should resist that urge to watch the show.

LeBron James: The Ringless King

ANTHONY PANISSIDI

To make one thing clear about LeBron James, he was not wrong for leaving the Cleveland Cavaliers to go to Miami to play basketball with Chris Bosh and Dwyane Wade.

Moreover, he should not be held accountable for uplifting the eco- nomy of the city and the spirit of the city of Cleveland.

Upon James announcing his in- tended move to Miami and the on- going 2010-2011 National Bas- ketball Association (NBA) season back on July 8, Cleveland Cavaliers Majority Owner Dan Gilbert re- leased the following statement:

“Dear Cleveland, all Of North- east Ohio and Cleveland Cavaliers supporters wherever you be tonight: As you know, our for- mer hero, who grew up in the very city of Cleveland, an hour-long film of buzzytimes.com

LeBron James: The Ringless King

Stern on the grounds of inappropri- ate comments, and rightfully so.

James is an individual who has a right to choose his own career path, including who he wants to play with. By no means did he deserve such criticism from Gilbert, a man whose team James turned completely around during his seven seasons with them. If anything, Gilbert should have been thanking James for reviving the once seemingly hopeless Cavaliers. However, despite the fact that it is wrong to fault the self-proclaimed “King” for his decision, many may cer- tainly fault the media for blowing James’ decision way out of propor- tion.

While he has arguably become the face of the NBA and easily one of the most famous names in sports today, James’ decision as a free agent did not deserve the level of at- tention that it received. Yes, he did turn the Cavaliers into a winning team from 2003-2010 and he was a key cog in their playoffs during those seven seasons. However, he ultimately failed in his mission of winning an NBA Championship as he was usually anything but clutch when playing in the postseason.

It was completely unnecessary to give James, who failed to prove himself as capable of winning on his own in Cleveland, an hour-long special entitled “The Decision” on ESPN just so he could take a mat- ter of seconds to announce that he would be playing for the Heat. Why give James so much atten- tion? Why treat his decision with so much weight? After all, he is not the first sports star with a big name to contemplate where to play.

LeBron James: Will play for the Miami Heat in the 2010-2011 NBA season.

PHOTO COURTESY of buzzytimes.com

Mike “The Situation” Sorrentino poses with his “Dancing with the Stars” partner, Karina Smirnoff.

PHOTO COURTESY of dailypicsnews.com

LeBron James: The Ringless King

PHOTO COURTESY of buzzytimes.com

Anthony Panissidi for delivering a championship to the teams for which he has cho- sen to play since departing from the city of Cleveland.

However, one thing is for sure. If James truly was “King James,” as he has been calling himself since his senior year of high school, or if he wants to be known as the greatest human-being to ever play the game of basketball, did not receive his due recognition, then when he decided to come out of re- tirement and play for the Washing- ton Wizards in 2001 even though he was a six-time NBA Champion and 13-time all-star.

After two seasons, Jordan failed in delivering a championship to Washington. Furthermore, by no means are decisions such as this one made by James limited to the NBA as they have occurred in other sports as well.

Remember, for the last three years, fans of the National Football League (NFL) have waited for Brett Favre to decide whether or not he had one more season left in him.

Granted, Favre received high levels of attention across the sports world, often consuming many seg- ments of ESPN’s “SportsCenter,” yet, Favre never once received his own hour-long television show to announce his decision due to the fact that he does have a Super Bowl ring and he has reached the pinnacle of his sport, unlike James.

Much like Jordan, Favre has failed in delivering a championship to the teams for which he has chosen to play since departing from the leaving one wondering why the media treated the whole situation as if it was life or death.

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Granted, Favre received high levels of attention across the sports world, often consuming many seg- ments of ESPN’s “SportsCenter,” yet, Favre never once received his own hour-long television show to announce his decision due to the fact that he does have a Super Bowl ring and he has reached the pinnacle of his sport, unlike James.

Much like Jordan, Favre has failed in delivering a championship to the teams for which he has chosen to play since departing from the leaving one wondering why the media treated the whole situation as if it was life or death.

However, one thing is for sure. If James truly was “King James,” as he has been calling himself since his senior year of high school, or if he wants to be known as the greatest human-being to ever play the game of basketball, had not received his due recognition, then when he decided to come out of re- tirement and play for the Washing-
Guatemala jump from pg. 1

In 2001, Plunk opened a small clinic in Guatemala consisting of one office, a bathroom, and a waiting area. The clinic had an operating budget of approximately $6,000 in its first year. Today, Plunk’s effort is known as Project Salud Y Paz and has grown into a large comprehensive health and educational center.

The program’s motto is, “Providing Health, Healing, and Educa- tion for the People of Guatemala.”

It has five medical clinics, and 25 volunteer teams consisting of doctors, dentists and construction crews, that consist of five to six sur- geons each year.

There are about 400 volunteer to- tally who travel down to Guatemala- la each year. Salud Y Paz also has their Amiga program, which trains local women to become healthcare co- ordinators in their own villages.

There are many young women earning scholarships through the program. Last year, the organi- zation opened the Suasena Wisley Preschool to help the local chil- dren learn Spanish (the Mayans, whereby education mostly ben- efits, speak Quiche).

Salud Y Paz now has an operat- ing budget of more than $60,000 a year.

If you volunteer teaching family skills, how to dig latrines, how to cook food fully, and how to cook with corn tortillas.

Local people would travel for six hours or more to get to one of the seven clinics.

Unfortunately it would be too late in the day, and the clinic would not be ready for them. So the people who had traveled for nearly 100 miles to get their teeth looked at.

Dr. Phil Plunk Speaks About Healthcare in Guatemala

Dr. Phil Plunk, Director of Salud Y Paz recognized the need for ade- quate dental care for children living in poverty in the city of Camanchaj, Guatemala.

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FOUNDERS' DAY CONVOCATION

Wednesday, October 13, 2010
Pollak Theatre, 2:15 PM

Convocation Address
Marcia McNutt, Ph.D.
Director of the U.S. Geological Survey

SCHEDULE OF EVENTS

10:00 AM
Henry R. Kranzler ’76, M.D.
Presentation, “The Genetics of Alcohol and Drug Dependence”
H. R. Young Auditorium, Bey Hall

2:15 PM
Convocation Ceremony
Pollak Theatre

3:45 PM
Reception
Great Hall, Wilson Hall

All members of the Monmouth University community are invited to all events.
The Outlook

Tips to Help Avoid the “Freshman 15” Even When You are not a Freshman Anymore

MARIANNE VERNAMARIRANN

Whether this is your first year away at college or you are head-
ing into your last year, everyone worries about gaining weight when they are away at school. It is easy to give in to plac-
es like Nelly’s and JR’s at 3:00 am, but it is not always the best choice for you, especially if you are trying to watch your weight. There are many ways that you can watch your diet and still eat more satisfying options. If you are living in a dorm room you might think that it is impossible, but there are plenty of healthy choices around campus and even options that can come right from your dorm room.

Not only are there tons of healthy food choices in various places on campus, Monmouth also has the gym in the MAC where you can get tons of cardio and weight training done. This might sound old-fash-
ioned, but breakfast really is the most important meal of the day. When you start your day off with a healthy breakfast it will help you avoid being hungry all day and snacking on whatever food is around.

When making your breakfast choices you should go for food that is high in fiber and pro-
tein. The dining hall has many of these options such as egg whites, fruit, yogurt and different types of cereals. You should also try to avoid foods like bagels with cream cheese and butter as well as greasy breakfast meats. If you stick to foods with fiber it will keep you full longer and give you more energy through-
out the day.

Monmouth has several options you can try for lunch and dinner. Some good choices that you can make are sandwiches and wraps on whole grain or whole wheat bread. Try to stick to lean meats that are low in saturated fats, such as turkey, ham or chicken breast. You can also go to the salad bar in the dining hall or pick up a sal-
ad in the student center. Grilled chicken is an option that you can find in a number of different plac-
es, so try it in your next salad or whole grain sandwich. Some places off campus also offer whole wheat pizza, so you can cure your pizza craving and be healthy at the same time.

Another option you can try is soup. Try to avoid soups that have the word “cream” in it be-
cause these are usually packed with calories, but there are many other choices that are low in cal-
ories and keep you full. If you are lucky enough to have a mini fridge in your dorm room there are lots of healthy snacks that you can keep on hand when you have to run to class. Since snacking seems to be a problem with a lot of people when it comes to dieting, you should keep snacks like whole fruits, yogurt and low fat cheese on hand all the time.

You should also try to drink as much water as possible. Stay away from sodas and juices loaded with sugar, those add a lot of calories to your meals. Also buy 100-calorie packs of your favorite chips and cookies, that way you can have some of your favorite snacks in a portion controlled way.

There is no surprise that exer-
cising is the best way to control weight gain. Going to the gym is not for everyone but there are other ways you can exercise without having to go to the gym. Walk as much as you can, if you are in the dorms you are guaranteed to do a lot of walking back and forth to class, but if you get some friends together you can take walks or runs around campus and make it more fun. Another fun way to exercise are workout DVD’s. You might feel weird doing these in front of your roommate, but ask them to join you. Both of you will be surprised at how fun these could be. You can find exercise DVD’s online on various different web-
sites for reasonable prices.

It’s important to find your own exercising technique and figure out what works for you, that way you will be inclined to exercise more often.

Everyone wants to watch his or her weight, but you have to make sure that if you are going to diet that you are doing it in a healthy way. Making sure that you are eating healthy food and getting in some exercise is the best way to stay healthy and fit. Not only is having a healthy diet good for you, but it will give you more energy and help you focus better in class.

Now it may be hard to pass up the late night pizza, and there is no reason you cannot treat your-
self once in awhile, but do not forget that creating good eating habits now will lead you toward a healthy and fit lifestyle.

Healthy sandwiches with vegetables and lean meats like turkey can be delicious ways to eat well.

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-15
-97
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p.m

305
-15
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-30
p.m

F0IL Highlights $55 & Up
cAP Highlights $35 to $45! COLOR & Blowout $40 & Up

Womens Cuts $15 & Up! Mens Cuts $15

-205-3000

THE

OUTLOOK

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The Outlook

Graduate School Information Sessions

- Business Administration (MBA)
  - Accelerated MBA option
- Computer Science
- Corporate & Public Communication
- Criminal Justice
- Education (MAT, MEd, MSEd)
  - Accelerated MAT option
- English
- Financial Mathematics
- History
- Liberal Arts
- Mental Health Counseling
- Nursing
- Doctor of Nursing Practice
  (Begin Summer 2011)
- Psychological Counseling
- Public Policy
- Social Work
  - Traditional/Advanced Standing MSW
- Software Engineering

When: Wednesday, October 6, 7:00 p.m.
      Tuesday, November 9, 7:00 p.m.
Where: Wilson Hall Auditorium

Visit us at www.monmouth.edu/GR_infosession
Mark creates his social network, the Connections. After many hours, asks Eduardo for money to develop rival MySpace and Friendster called Minghella, who want Mark to help Hammer and Josh Pence respectively, but the Winklevoss twins and Divya. As facebook.com, which riles up the world that feels mysterious behind its quasi-reality. Even those in limited elision can call the MAC box office at 732-263-6889. How many people are capable of triggering such awe, though for many fans Bob Dylan is one of those artists. The most influential Ameri- can musician rock & roll has ever seen, while critic Joe Levy referred to his concerts as “…the kin- ney of music in rock & roll.”

When Dylan is coming to Monmouth,” said Colton Kaysor, a third-year music major at Monmouth and a student of Dylan’s. We could be happier with the opportunity to be involved with the administration, staff and students at Monmouth University and the spectacular mac facility,” said Jon Vena, Marketing Director for AEG Live New Jersey. AEG Live New Jersey number of discounted tickets still remain. There is reserved seating available in the bleachers with stand- ing general admission on the floor. Those interested in further information can call the MAC box office at 732-263-6889.

In “The Social Network,” Fincher and Sorkin work wonderfully to- gether on one of the better pictures of Facebook changed the world and its creators in the process.

The Social Network, written by Aaron Sorkin, is a film adapted from the book “The Accidental Billionaires” by Ben Mezrich, to filmmakers adapt “The Accidental Billionaires.” The film is set in Palo Alto, at Stanford University. Needing help to process the creation of Facebook to court hearings, while lawsuits pile up against him, Facebook changed the world and its creators in the process.

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**Entertainment**

*Phantasy Star Portable 2* Scores 9 Out of 10

Players engaging in battle in Sega's *Phantasy Star Portable 2*

about what their calling is. You aren't forced to stick with this one and absolute character, as there are several roles to choose multiple characters.

Now this isn't to say that this game is absolutely perfect; it does have a few flaws. For one thing, the plot is a bit clichéd. The main villain is a man in a black trench coat with long white hair (yeah, they might have taken that from somewhere else). Also, when on story missions, or open missions if you decide, the computer controlled characters aren't very smart. Their game plan is pretty much to make a B-line to the nearest enemy and smash it to death. And I do mean make a B-line; if there's a fence or something in the way, they'll literally get stuck on it, and you have to go back and show them the way. In addition, when there are bosses that require timing and quick reflexes, as well as some thinking, the brute logic of the computer characters doesn't help too much, especially when they die five seconds in the fight.

However, these are minor problems that are fairly easily overlooked. Story mode isn't mandatory, and there is some fun multiplayer to be found. Tackling high level areas with a buddy is much more satisfying knowing you used legitimate skill and tactics rather than staying on the sideline blasting the boss while the computer skewed it with its stats. There is online play to be had, but my friends and I haven't found a way to use this since you have to register with the help desk first. As such, students on campus will have to settle with local multiplayer. Just be prepared with a charger, because chances are you'll run low on battery power quickly. It's not the game's fault though; the PSP only has about six hours of juice, and that's cut in half when you turn on the WLAN switch.

When all is said and done, "Phantasy Star Online 2" has huge replay value and offers a truly fun and enjoyable game play experience. It finally looks like Sega is going to be a respectable game developer again and I couldn't be happier. "Phantasy Star Portable 2" gets 9 out of 10; if you have a PSP, get this game, and find a few friends.

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**Fall Preview: What to Watch**

**NICOLE MASSABROOK**

**Contributing Writer**

*The Undercovers* (Tuesday at 9 on NBC)

This J.J. Abrams (*Lost, Alias*) vehicle is sure to be a hit with everyone. For the past five years, Steve and Samantha Bloom (Boris Kodjoe and Gugu Mbath-Raw) have just been your average, boring married couple. But they weren't exactly boring when they met. They were both undercover spies for the CIA. Their dull lives as retired spies running a catering business are interrupted when a friend is murdered. The Bloom couple and the government thinks that the duo is the only way to find him. These former CIA agents are thrown back to their old lives, and in the midst of dodging bullets and searching for their friend, the couple finds that they still have that spark that has been missing from their marriage for some time. The characters are well written and are believable, and the action sequences are fun. This is one you don't want to miss.

*Hellcats* (Wednesday at 9 on the CW)

Martin Perkins (Alyson Michalka) hates cheerleaders, but when she realizes that her only shot at a scholarship for college involves picking up a pair of pom poms, she starts to give it a chance. The premise actually sounds like a lame rip off of "Bring It On" (which Martin RMS in order to prepare for tryouts). However, the fun dialogue and interesting characters actually make for some good entertainment.

*Detroit 1-8-7* (Tuesday at 10 on ABC)

It's a cop show about a homicide department in Detroit. If you've ever watched "NYPD Blue," "The Shield," or "Southland," you'll have a sense of déjà vu watching this one. The show attempts to set itself apart from its predecessors by filming the series documentary style but they really don't accomplish their mission. Sure, the writing is good and the actors are great, but the same can be said of every other cop show. If you don't mind more of the same, tune in. If you're bored, don't tune in.

*Raising Hope* (Tuesday at 9 on FOX)

What happens if your one night stand gets arrested for murder and you have to take care of him right before her death sentence? Believe it or not, your life becomes ridiculously funny. This is what happens to Jimmy Chance (Lucas Neff), a young drifter who is still living with his parents. Tired of being seen as just a kid who cleans pools, Jimmy decides to keep the baby originally named Princess Beyonce, but is later changed to Hope in order to gain more respect and give his life meaning. The laugh out loud comedy is full of heartwarming moments and is sure to be a favorite among all who watch.

*No Ordinary Family* (Tuesday at 8 on ABC)

Some people bring back a magnet as a souvenir from vacation. But if you're a member of the Powell family, you might bring home superpowers. After surviving a plane crash in the rainforest, the family discovers that they all possess superhuman powers. Mom Stephanie (Julie Benz) has super speed. Dad Jim (Michael Rosenbaum) is super strong. Teenage daughter Daphne (Kay Panabaker) gets to read minds and is telekinetic. Son J.J. (Hemmi Bennett) becomes a math wiz. While the plotlines are rather predictable, they play is still enjoyable with its endearing characters. It even manages to create some cool, movie-like special effects.

You can catch up on all the above shows on iTunes and Hulu.com.

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**October 6, 2010**

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**NICK SEGRETO**

**Contributing Writer**

"Phantasy Star" was a humble little game originally airing on Sega Genesis. Sega's answer to "Final Fantasy," the main difference was that "Phantasy Star" took place in a deep ocean of space, but nonetheless was a solid series of role playing games (RPGs). "Phantasy Star Online," being one of the first RPGs and video games in general to have online features validates that her only shot at a scholar marriage for some time. The character can also be customized to ensure you get the most enjoyment out of the game. The variety of weapons, skills, and classes, and so on is astonishing for a PlayStation Portable. The depth of customization is so well designed. The sound could use a bit of improvement. Aside from the original music, nothing really stands out, but the tunes do usually capture the atmosphere of the situation.

Getting back to the game play, I mentioned that it plays however you see fit. There are plenty of weapons, skills, and classes, and so on is astonishing for a PlayStation Portable. The depth of customization is so well designed. The sound could use a bit of improvement. Aside from the original music, nothing really stands out, but the tunes do usually capture the atmosphere of the situation.

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**PHOTO COURTESY OF pankaphotography @ flicker.com/phony-star-portable**
We were a gay couple in New York City, on our way to heaven, well the closest thing to it these days, the Monster Ball. I was dressed up for the occasion - purple skinny jeans, a t-shirt with Lady Gaga streaming rainbows out of her palms, blue Ray-Bans, and yellow converse sneakers. My boyfriend completed my look in an old school Madonna fashion - green army pants, an eye patch, and red Ray-Bans and sparring/ kissing in a corner. We walked down the streets of New York City, jackets covering our outfits until we arrived. Our tickets were taken and our seats were found through a crowd of drunks, glares, and disinterested professors, fags and their bags.

The lights go down and Lady Gaga emerges from the stage. I look to my left and see my boy friend with a twinkle in his eyes; it may have just been the sparkles reflecting off Gaga’s outfit but I think he had gotten a little teary eyed. Seeing Lady Gaga in person was life changing for us. Our hearts dancing at the stop the first row of the second mezzanine, I looked down to see a tidal wave of gay men roaring with excitement. We had found our sanctuary within the walls of Radio City Music Hall; Gaga was God and we were her witches. This place, known for its family oriented Christmas shows, had become the home of the gays for the rest of the year.

Gaga took the time to thank all her fans, giving a special shout out to those who came in drag saying her song “Boys Boys Boys” to all of us, encouraging us to “get the fuck out” of here. Conceding to her every command, the tidal wave bounding the walls of Radio City Music Hall with exotic dance moves. The audience sang her music and with a prowess, she began to get emotional at the sound of her adoring fans; we had become a gospel choir, as she preached her sermon.

She applauded her gay fans for supporting her and encouraged us to be proud of who we are. Gaga, an advocate for gay marriage, advocates self-confidence. She declared us all “little monsters” and gave us a place to belong - the “Haus of Gaga.”

Her encore came on - it was her latest single “Bad Romance,” the audience with their claws in the air, went wild; screams so loud we could hear from the depths of souls, dance moves reminiscent of Ke$ha were displayed and sparkles everywhere, you looked too focused in was done in shine. Gaga left the stage, the lights went up and I am still in awe. Sweating out vodka and glitter, I have reached the pinnacle of my gay adult life.

Nothing could bring me down from this high. We await for the hot messes next to us to clean the spilt martinis off their purses before we can leave. Waiting there, I can’t help but look around and capture this moment of happiness.

No More Super Seniors: Advising is Key

John D’Esposito, (picture on right), Monster Ball tour.

Feeling pure happiness, I was overwhelmed, not only by the massive amounts of shiny objects, but that one person, one event could make me feel this way. Unfortunately though, all good things must come to an end.

According to Allie Brisicone, the chair of the Academic Affairs committee on the Student Government Association, a lot of the advising complaints from students lie in the lack of personal relationship they have with their advisor.

Professor Lorna Schmidt, the Director of CETL, or the Center for the Communication Department, explains that students as well as professors are each at a certain degree of fault when a student doesn’t have a successful advising experience. As per the contract that every Monmouth University advisor signs when they receive their employment, they are obligated to serve as an academic advisor to a group of students within the major.

Therefore, some professors aren’t necessarily passionate about their advising duties but they are obligated to fulfill them. Schmidt explained that the contract for faculty members states that “typically no one advisor should have more than 30-35 advisees” but “the normal is anywhere from 30-80.”

This explains why some professors do not make the time to dedicate all their effort into the success of all of their advisees, just the ones that go out of their way to be noticed.

According to Schmidt, from an advisor standpoint it is often a concern that the students who have complaints aren’t applying themselves to the cause, and therefore are missing out on the process of becoming a professional. "I emailed her, went to her office hours, she just wasn’t very helpful. We didn’t click," Calello said.

So, what can be done to fix the communication problems in the advisor/student relationship?

Professor Richard Veit, Associate Professor of Anthropology, offers what seems like a bright solution. Veit is the Director of Monmouth University’s Center for Excellence in Teaching and Learning (CETL), which is a voluntary resource for all faculty members.

Veit explains the CETL is a program that runs workshops and programs that help faculty further develop their teaching skills in all aspects of the role.

Through the center they have had workshops dealing with advising in which “quite a few professors broke down and said this is the original copy of the Monster Ball, the original copy was edited. Upon reflection, the Outlook feels the event could make me feel this way. Unfortunately though, all good things must come to an end.

According to Schmidt, it is very important that the advising department to work more on how professors work together better.

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Features

Recordings Artist I-V Emcees Above the League

In sixth grade, I got stuck playing the trumpet because my last name started with “R” and got last pick,” laughs Joe “I-V” Raimondi, an up-and-coming emcee from Marlboro, N.J. “I-V” graduated from Monroe-Woodbury High School in the class of 2008, but in 2007, he was recognized as a producer andrespectable place in the music business, they are even accepting internships interested in receiving college credit to work at the label, as part of the entertainment industry.

By becoming Vice President of Sose Platinum, I-V believes, his individuality and best interests as an artist are more protected. Being in charge of his own direction and career allow him to control his creativity and freedom. Also, with the recognition and bringing up of Sose Platinum, his own career will be able to take off even further. As the record label becomes official, investors continue to open opportunities for the upcoming company to work with a greater budget, impacting I-V’s opportunities.

Along with working on furthering his own career and managing the label, I-V is also open to helping other new artists and acts get further in their own careers. Interested in not only his music being sent out into the public, but other quality music from other artists, shows his selflessness outlook on life. He says that, “in any way that I can help get someone further in their careers, I’ll do it.”

Recently, I-V was also asked to work on beats with music and Kara Rose, a singer with Jive Records; an exciting opportunity for him to showcase his many talents. Offering a word of advice to any artists trying to get their name out into the public, he quotes a line from one of his songs – “if difficulty is measured in levels of doubt,” in other words, doubt is a great thing, but it will never keep you from success.

For now, I-V’s focus remains on his music and getting Sose Platinum off the ground. In May/June 2011, he plans on dropping his first mixtape, titled “First Chapter” (2010). Changes: Remix Series Vol.1,” “Making the League Demo,” (2008), “Head of the Rhymes: Remixes Series Vol 1,” (2009), and “I-V’s League: The First Chapter” (2011). His next performance is a 30 minute set at Bar Anticipation in Belmar, N.J., on Thursday, October 7th, at 9:00 pm.

The best thing you can do is have your roommates fill out a sheet saying the expectations that you have for your roommate, pretty much anything that is blown out of proportion. After a certain time the other person assumes that he or she will not mind. You should also both try to spend a little time outside of the room together, especially in the beginning of the year, until you know each other better.

This will get you comfortable with one another and you will start to trust each other. You need to be able to trust your roommate or else you might drive yourself crazy. In an effort to bond, you and your roommate could go to the dining hall once a week or just walk to class together. I am sure that you will find some amazing about them then what you learned over the summer on Facebook. For some, it might be the friend you made while living with another person.

This can be a big transition. You will have to learn how to share your personal space and how to get along with people that you might not normally have chosen to be roommates with.

I know that in a perfect situation, everyone is going through the stress of being away from home for the first time. Enjoy your first year away from home and do not let roommate troubles make you unhappy. Keep open mind when trying something for the first time. It was important that you filled this out completely and to the best of your ability. This way the RA can refer to the document that you both agreed upon and come up with a fair settlement if your RA cannot fix the situation, then they will probably refer you to the office of residential life. Here, as a last resort, you will be able to request that you switch roommates.

There are a couple things that you can do to try to avoid these circumstances. The first thing is to respect your roommate’s space. Do not take things without asking first, even if you assume that he or she will not mind. You should also respect each other’s sleeping schedules. If one roommate has an eight thirty class, then after a certain time the other person should try to keep their noise level to a minimum.

Sarah Cornell, a freshman at Monmouth says, “If you and your roommate become friends, that’s great. Not only good, but don’t expect to agree on everything. When you guys inevitably disagree, it could lead to a dispute. Students can have many different kinds of arguments with their roommates. Some that I or my friends have encountered include disagreement over sleeping times, who gets the television, and one not respecting the others’ personal items and space.

Hopefully you love your roommate and end up being close friends, but for most, that is not the outcome. You and your roommate do not automatically have to be best friends, in fact, it is important for you and your roommate to be friends, but that does not mean that you will not get along as roommates. Try to find what you have in common. It’s always good to be able to both share a subject, but don’t expect to agree on everything.
“Monmouth Review”

Goes On The Air For The First Time

The Review Joins WMCX With Their Own Radio Show

JENNA INTERSIMONE
CLUB AND GREEK EDITOR

The “Monmouth Review”, the official literary magazine of the University which publishes poetry, fiction, drama, artwork, and photography, is now expanding with a new radio show on WMCX every day from 4:00 pm to 6:00 pm.

The Review decided to start its own radio show because not only is it a great way to promote the Review, but it is also a new way to promote the arts on campus and in the local community. Lianna Bass-Rinaldi, managing editor of the Review, said, “...both the Review and the X are organizations which center on giving students the chance to express their style in an open and nurturing environment. We want to spread that mentality to local musicians and bands.”

In doing this, the Review hopes to build community. “The fact that the show is broadcast all over the area is cool, so not just the students will be hearing it, but the whole area,” said Laura Fiorelli, member of the Review. “We intend to keep it a fun way because we’re students, and we really want to take advantage of the local artists and bands.”

The Review also plans on trying to get big names in music, writing and art once they are more established. One of their existing friendships is with Patti Smith, who read her poetry on the show.

The idea for the radio show came about after Palermo and Bass-Rinaldi decided it would be interesting to fuse the Review and the radio together, since Bass-Rinaldi has her own poetry show on the X. Palermo said it came about when she went to the airswaves and said, “It was amazing to see all the different people come out. There must have been at least twenty people there last night. One was a woman who is an alumna to Monmouth and 1995 graduate Julian Garcia has been working on this radio show, “Groove It All Night,” which plays all Bruce Springsteen from the Stone Pony located in Asbury Park. His show is hosted by www.homegrownradio.com. This site hosts over 40 different radio shows with over 50 DJs, each featuring different tastes in music from soul to rock to hip-hop and everything in between.

One member of the Catholic Center said, “The first song was a Guns N’ Roses song, but I was amused to find out that it was a song my father used to play in the 80s.”

If any student or member of the community is interested in mentioning on the show, please email Lianna at lbassrinaldi@gmail.com or contact them at their Facebook group, The Monmouth University Review.

“Catholic Center Visits The Catholic Underground in NYC”

JENNA INTERSIMONE
CLUB AND GREEK EDITOR

The Catholic Center visited the Catholic Underground, which according to their website, “is a cultural apostolate of the Franciscan Friars of the Renewal,” in NYC as a spiritual enrichment trip on Saturday, October 2 from 7:30 pm to 10:30 pm.

A unique faith experience that drew more than one hundred people from the tri-state area, the Catholic Underground is an event that is held on the first Saturday of each month at Our Lady of Good Counsel, a church in New York on East 90 Street. Twelve people from the Catholic Center attended; nine students and three faculty members. There was a hit cost about two hundred dollars. This included gas, tolls, parking, and dinner, all of which was sponsored by the Catholic Center.

This is a very unique event that has two parts to it. First, attendees praise God through the Eucharistic Adoration, which is a tradition in the Catholic Church. The first part of this is the exposition of the Blessed Sacrament. Gabriella Furmato, 2010 graduate of Monmouth and Campus Minister, said, “When you walk into the adoration it is completely dark. It is a really powerful experience and the only light is the lit candles on the altar. This is called the Monstrance and it holds the Eucharist.” There is a spotlight on the balcony from the Monstrance and it is packed with people.

Then, there is time for the attendees to have simple praise. This provides a window for each person to personally encounter Jesus Christ,” said the official website of the Catholic Underground. “The beauty of the darkened church illuminated by candles helps us enter the mystery of our Lord’s presence in the Eucharist.

The hour closes with Vespers, which is the evening prayer of a community. It is a really distinctive band that is not only widely traveled- one such scene they have played is in Scandinavia- but is also very talented as they have been playing together for fifteen years.

Everyone in the band is related, one brother plays harmonica and two of the sisters play guitars, and the other sister plays bass. They have played every type of venue from being very upbeat, more modern songs that the audience can snap their fingers.

One member of the Catholic Center said, “This is an excellent idea for the Review because it will give us more exposure. There is no umbral talent that Monmouth University students have in the humanities, and it will give us a chance to expand beyond campus and into communities abroad.”

Jenna Intersimone is a senior at Monmouth University. She is a member of the Catholic Center and the Greek Club. She joined the Monmouth Review last spring and is one of the editors for the 2010 edition. Her email is jennaintersimone@monmouth.edu.
The Outlook

Student Services Hosts Fall 2010 Leadership Conference

JORDAN FUREY CONTRIBUTING WRITER

Student Services held a leadership conference for students from all types of clubs and organizations on Thursday, Oct 7 at 8:00 pm in Anacon Hall. This conference was presented by Dave Kelly, who is the President of Americ"a's student leadership trainer.

The meeting started off with a few fun ice-breakers that helped the audience get to know each other. Kelly also mentioned that a few more ice-breakers that was used was coming in different things in common.

In this ice-breaker, students got in groups and tried to find one unusual fact about themselves that their groupmates would not expect.

Dave Kelly then went over the importance of having good leadership skills. He said that having good leadership skills you can empower others and work together in a productive way.

He explained how you must often learn to follow before you can lead so that you can help your team. Responsibility and commitment it takes in order to be a leader, so you must also sometimes put the team above yourself in order to succeed.

Kelly then asked the audience to come back this year to improve the hand-outs. The first hand-out was titled "[I] hope that students will see that they are leaders, and will find that their organizations will be more successful and stay involved. Students that are involved will have a better learning experience."

DAVE KELLY America's Student Leadership Trainer

The second hand-out was titled "Playing Well With Others." This packet gave good advice for avoiding conflict with others when working as a group. The hand-out listed five ways to decrease conflict among groups. The first way was to avoid blaming others. The second way was to take your goals as your number one priority. The next tip was to compromise. This organization has a job is also helpful in keeping the participants involved.

The last handout was titled "Confronting False Evidence" and it dealt with asking questions in a way that will help keep Monmouth University a safe and inclusive place to attend.

If you are ever in a situation that you are dealing with significant tragedies. The University of Texas-Austin, Rutgers University, and most recently Rutgers University, have been learning of have come in different situations. So, you should be concerned about whether or not our campus is safe. The audience also learned from this meeting that hard work and dedication can go on a long way. Dave Kelly stated that from this program he "hopes that students will see that they are leaders, and will find that their organizations will be more successful and stay involved. Students that are involved will have a better learning experience."

He explained how it was important to develop a leadership style and visualization. Kelly said that students should "turn their regrets into regrets and confidence in Leadership". This had the audience thinking about themselves and their goals as a leader, it is important to overcome your fear and not let it hold you back. Kelly described fear as "false evidence appearing real."

The audience also learned from this meeting that hard work and dedication can go on a long way. Dave Kelly stated that from this program he "hopes that students will see that they are leaders, and will find that their organizations will be more successful and stay involved. Students that are involved will have a better learning experience."
How Do You Stay Safe Around Campus or While Going Out?

COMPiled BY: MELISSA ROSKOWSKI

Megan sophomore
“I make sure I am very aware of my surroundings.”

Carly sophomore
“I honestly don’t feel unsafe on campus, but if I’m walking alone, I call someone.”

Christine senior
“I make sure I have my phone on me, in case of any emergencies.”

Tricia junior
“When walking around at night, I use the buddy system.”

Kerri junior
“When walking to my car at night, I keep my keys and phone visible.”

Jess junior
“I usually always walk with a friend at night.”

Brian junior
“I always keep my cell phone on me.”

Ricky junior
“When you go out, always stay together.”

Jenna freshman
“I have my phone and money for a cab on me at all times.”

Kiersten junior
“I keep my phone and money on me in case I ever get separated from my friends.”

October 6
Monmouth Idol • 10 pm • Pollak Theatre
Major Fair • 11:30 am - 2 pm • Anacon

October 7
Film: More Than Sad • 1 pm • Afflitto Conference Room, RSSC
Mental Health Screening • 10am • RSSC
Cultural Expo • 6 - 9 pm • Anacon
Social Night • 7 pm • Catholic Center
Who Killed James Joyce” • 8 pm • Woods Theatre
Late Night Lounge • 10 pm • Oakwood Lounge

October 8
Living Off-Campus 101 Workshops • 3 pm • SGA Conf. Rm.
Men’s Soccer vs. Fairleigh Dickinson • 3 pm • Great Lawn
Great Adventure Fright Fest • Tickets @ Student Services, RSSC
Post Secret • 7:30 pm • Pollak Theatre • Limited Tix @ Info Booth
Movie: Despicable Me • 7 pm & 11 pm • Oakwood Lounge

October 9
Wagner: Das Rheingold Met Opera Broadcast • 1 pm • Pollak Theatre
The Big Event • 10 am • Anacon
Declining Balance • 7 pm • Magill
Movie: The Sorcerer’s Apprentice • 7 pm & 11 pm • Oakwood Lounge

October 10
Men’s Soccer vs. Sacred Heart • 1 pm • Great Lawn
Open House • 12:30 - 4 pm • MAC
AASU • every other Sunday • 6pm-7pm • Oakwood Lounge

October 11
Don’t forget to send in your activities to be posted!

October 12
Friends of Socrates • 4:30 - 5:30 pm • Mc Allan Hall #230
Announcements

October 6, 2010
Announcements

The Outlook

October is...

Disability Awareness Month
 Abilities, Awareness, Inclusion

10/1-10/31  Library Display Celebrating Disability Awareness Month
10/4-10/8  DDS Open House Week, Disability Services for Students Office
Mon., 10/4  Alternative Food Tasting, 12-2pm, Student Center Patio (Rain Site: Student Center Cafeteria)
Tues., 10/5  The R Word Campaign, 11:30am-12:45pm, Club 108/109
Thurs., 10/7  Mental Health Screening, CPS Office, Student Center, 10am-4pm
Thurs., 10/7  Film: More Than Sad, 1-2:15pm, Affilatto
Wed., 10/13  Film Showing: Temple Grandin, 8pm, Oakwood Lounge
10/12-10/14  Info. Table/Cystic Fibrosis Fundraiser, Student Center
Thurs., 10/14  The Story of a Seeing Eye Dog, 2:30-4pm, Affilatto
Tues., 10/19  Student Panel on Disabilities, 11:30am-1pm, Wilson Aud.
Tues., 10/19  Documentary: Coming Off the DL, 7:30pm, MAC
Wed., 10/20  Out all Night and Lost my Shoes 4:30pm, Plangere TV Studio
Fri., 11/5  Up til Dawn, TBA, Boyle

Programs Sponsored by: Disability Awareness Month Committee, Alternative Action, Human Relations and Compliance, Counseling and Psychological Services, Disability Services for Students, ART NOW, Performance, Art & Technology Series, Office of Student Activities & Student Center Operations, CommWorks, Students Committed to Performance, Greek Senate, Department of Communication, Office of Residential Life, & Council for Exceptional Children.

For further information or accommodations please contact: 732-263-5765

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For further information or accommodations please contact: 732-263-5765

RHA and the Office of Substance Awareness Present:

Late Night Lounge
Karaoke Night

Mullaney Hall Lounge
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- Appointments -
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See Bruno Mikol, CFP at
Student Center, Lower Level
400 Cedar Avenue
West Long Branch, NJ 07764

COUNSELING AND PSYCHOLOGICAL SERVICES
October Programs

MENTAL HEALTH AWARENESS DAY
Thursday, October 7, 10 am – 4 pm
RSSC, 3rd Floor, Room 301A

Self Help Info  Confidential Free Screenings
Immediate Feedback from a Counselor
10am-4pm
RSSC, 3rd Fl, Rm 301A

THE STORY OF A SEEING EYE DOG
Date: Oct 14
Time: 2:30pm-4pm
Place: Afflito Conference Room 3rd Fl, Student Center

Guest Speaker
Kathy Itzay

Learn about Seeing eye dogs, their training process and how they enhance the independence, dignity, and self-confidence of their owner’s lives.

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LGBTQ - Student Center - 1pm-2pm - 10/7 (Rm202A),
10/14 (Afflito), 10/21 (Afflito), 10/28 (Afflito)

Sponsored by Counseling and Psychological Services, 732-571-7517 or mucounseling@monmouth.edu
For special accommodations, please contact us.
Superman Gets Free Reign on ‘Earth-One’

MATTHEW FISHER
COMICS EDITOR

Get ready for a brand new Superman. Writer J. Michael Straczynski and artist Shane Davis will be presenting a new origin for the Man of Steel in the graphic novel, “Superman: Earth-One.” DC Comics plans for the “Earth One” concept to follow in a series of graphic novels that allow for new tales “in a new continuity, on a new Earth,” according to “The Source,” DC’s blog.

Therefore, Straczynski and Davis will be telling a brand new Superman story without having to worry about keeping certain things in place. They have free reign to tell whatever story they desire.

On dccomics.com, the synopsis for “Superman: Earth One” reads: “What would happen if the origin of The Man of Tomorrow were introduced today for the very first time? Return to Smallville and experience the journey of Earth’s favorite adopted son as he grows from boy to Superman like you’ve never seen before!”

Straczynski is no stranger to writing the character of Superman. He is currently involved in his “Grounded” arc in “Superman,” where the Man of Steel is walking across America to reconnect with the people he has promised to protect.

However, with this new venture, Straczynski will get an opportunity to tell his version of Superman’s beginnings for today’s readers. He has a clear focus on trying to give the best presentation of the Man of Steel through his eyes.

In an interview with comic-bookresources.com, Straczynski said, “The Superman part of the equation is, as noted in the other stories, really the story of Clark’s coming out as Superman, and his decision to essentially enter a life of service when he could have been anyone… I’m also taking time to really think through elements of the mythos that we’ve accepted without maybe really sitting back and saying, ‘Why?’”

While Straczynski is writing the story, Davis must create a new interpretation of Superman. The cover of the graphic novel has Clark Kent/Superman in a red-hooded coat with glowing red eyes, ripping open a white shirt to display the iconic red and yellow “S.”

Davis is no stranger to illustrating Superman after working on “Superman/Batman,” and just like the writer, this artist is trying to give his signature on the hero. While talking to newsrama.com, Davis said, “…I came up with a lot of design stuff first. I wanted to give this version of Superman a lot of attention, and the whole supporting cast too, and give them all a modern look because it’s set in modern times.”

Davis continued to explain his admiration for Superman by talking about how generation after generation share this character and how he wanted to create a version for new readers to enjoy. “If you think about this new generation, you realize they deserve the same opportunity to read about this character that we had,” he said.

While Superman will be the first DC hero to have an “Earth One” graphic novel, he will not be the only one. Writer and DC Comics Chief Creative Officer Geoff Johns will be reteaming with superstar artist Gary Frank to give Batman this treatment in “Batman: Earth One.” They, too, plan to retell the Dark Knight’s origin for audiences today and put their own stamp to this ambitious project.

Johns explained to “Ain’t It Cool News,” his reason for entering “Earth One” territory. “‘Gary Frank’ and ‘freedom…’ I gravitate to projects I can dive into and reinvent and add to, like Green Lantern. I’ve wanted to work on Batman, but I wanted to wait until the project was right.”

On a side note, Johns and Frank worked together on telling their own Superman origin story in “Superman: Secret Origin.”

The DC heroes are timeless characters and have been for 75 years. With the “Earth One” original graphic novels, it seems an other reinvention is going up, up, and away. “Superman: Earth One” is set for release on Oct. 27. “Batman: Earth One” has yet to announce its release date.
Football Gets First Win of the Season

Monmouth’s quest for a Conference title was well underway on Saturday after a dominating performance against Duquesne in their 51-17 victory, which resulted in a 4-4-17 victory for the Hawks. Monmouth now stands at 1-3 overall and 1-0 in the Northeast Conference.

Monmouth took a commanding 31-0 lead over Duquesne late into the second quarter.

“I felt that we were ready to play and started fast. It was the type of game in which the offense and the defense complemented each other very well,” said Coach Callahan.

The scoring run all started when L.J. Caprio ran in a one-yard touchdown. Later in the quarter, Kyle Frazier hit Tyler George with a 21-yard touchdown pass. Spillane kicked a 34-yard field goal with under 12 minutes left in the first quarter to put Monmouth up 14-0 at the end of the first quarter. The Monmouth run wasn’t even close to being over, as L.J. Caprio plowed through for a three-yard touchdown run. About two minutes later, Duquesne’s quarterback Sean Patterson threw a screen pass to his running back which bounced off of the back’s feet and up into the air, where Monmouth defensive lineman Dave Ogden snatched the ball and took it 31 yards for a touchdown, returning the first of his career. With about three minutes left in the first half, Eric Spillane hit a 20-yard chip shot field goal to put Monmouth up 1-0. Duquesne eventually got on the board with less than two minutes in the first half as quarterback Marty Mitchell hit Connor Dixon for a four-yard touchdown pass. Now up 31-7 at halftime, Monmouth had more than enough breathing room, but with their first win of the season in their grasp, they couldn’t relax yet.

It was Duquesne who put up the first points of the second half as kicker Eric Duale hit a 22-yard field goal. About five minutes later, Monmouth kicker Eric Spillane responded with a long 45-yard field goal. The very next drive, Duquesne quarterback Marty Mitchell hit Joe Caniglia with a 21-yard touchdown pass. Spillane lined up a 44-yard field goal attempt, but missed it.

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Monmouth will travel back to Pennsylvania this weekend to take on Robert Morris on Saturday at 12:00 pm.
The Monmouth Hawks took their six game winning streak into Sat- urday's conference game against the So Sweet A Cat Field to end their six game losing streak. That streak would not come to an end as the Monmouth Hawks added to the misery of the 4-7 Owls with a 5-2 win on Saturday.

It was evident at the opening of the game that Monmouth was look- ing to keep their streak going as se- nior, Morgane Firmsten punched a pass through the box to the penalty area of the game to give her the fourth goal of her season. Throughout the first five minutes of the game the energy of the Hawks as the domi- nated possession of the ball. Their domination paid off in the 28th minute when a penalty corner by senior Meredith Violi found forward Alex Carroll, and Carroll put it in the back of the net for her eighth goal of the season. 

About a minute in a half after Carroll's goal sophomore Kimmy Baligan stole the ball from the Temple defender and shot the ball through the legs of the Owl's goal- keeper Senior Dalrymple and followed in by Pieczynski to make that goal the fifth of the season for her.

As the score remained 4-0 going into the last ten minutes of the half, led by their midfielders, the Owls started to become the aggressor trying to get the game going for the last 10 minutes of the half. Junior Bridget Settles had a chance on a breakaway after an in and out move on sophomore Goalie Melissa Katz but was denied another 24th minute shot by Standing's defense.

Senior Morgan Firmsten then found a wide open opportunity to extend the difference in the game 7-2.

The Owls were never to score again for the season.

Starting the second half it was now Temple who had control of pos- session throughout the first couple minutes of the half but still didn't have any points to show for their keeping of the possession. A steal by the Hawks at the 28th minute led to senior Nora Bomsans End- Baligan on the right side of the field and Baligan led the past the Temple Goalie to make that the second score of the day. Those two goals gave Baligan the team lead in goals with her eighth and ninth of the season.

Even with the score in the Hawk's Temple still had control of the ball throughout the second half. The Hawks couldn't capitalize. The Owls had the edge over Hawk's in penalty corners having eight to three goals.

With less than 10 minutes to play in the half Kelsey Amy found herself again in the box column of the stat book by shooting one by Kate again for her Fourth goal in the Half and her and the 11th goal of the season. The Nittnany Lions took a 4-1 lead into the locker room.

As the second half started, more of the same started to come for the Monmouth Hawks, they just couldn't maintain their possession of the ball. And as Penn state's physio- nomy was not to score anymore but to preserve the win; they broke their philosophy in the 15th minute of the half when Amy scored her goal of the game that Monmouth was looking forward to taking there balancing act to the finish of the game.

The Monmouth Hawks took their opening goal and added to the tally of Jim Reme-rescia's 29th goal of the season, the Penn State Nittany Lions.

The Monmouth Hawks however were not able to come up with a victory against the lions, dropping to the 7-2 season mark. But the Hawks won the battle of the NSU final four and went through two exciting over- time. The Monmouth Hawk's Temple still had control of the game 2-1; the goal was the SFU fourth goal of the season. The Hawks couldn't capitalize. The Owls had the edge over Hawk's in penalty corners having eight to three goals.

Senior Melissa Katz puts one on the board in the first minute, the Owls into Sunday as they traveled to Pennsylvania for a matchup be- tween the 15th ranked school in the Nation, the Penn State Nittany Lions. The Monmouth Hawks however were not able to come up with a victory against the lions, dropping to the 7-2 season mark. But the Hawks won the battle of the NSU final four and went through two exciting over- time. The Monmouth Hawk's Temple still had control of the game 2-1; the goal was the SFU fourth goal of the season. The Hawks couldn't capitalize. The Owls had the edge over Hawk's in penalty corners having eight to three goals.

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Men's Soccer bounces back after last week's loss with a 1-0 victory over Central Connecticut State.

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