Happy 78th Birthday, MU
Leader in Treatment of Pompe Disease Receives Honorary Degree at Founders’ Day

Gina Columbus
EDIT IN CHIEF

A visionary fellow Hawk, a philanthropic financial leader, and a father who never gave up were highly recognized at this year’s Founders’ Day on Wednesday, October 12.

In honor of celebrating the University’s 78th “birthday,” as President Paul G. Gaffney II described, three leaders in three diverse industries received awards for their contributions to society. Entrepreneur John F. Crowley, who is known as the chairman, President and CEO of biotechnology company Amicus Therapeutics, Inc., received an honorary degree and gave the convocation address during the Founder’s Day ceremony. After his two youngest children were diagnosed with an often fatal, neuromuscular disorder called Pompe disease, Crowley searched for a treatment for them to survive.

During his search, he became co-founder, President and CEO of Novazyme Pharmaceuticals, a bio-tech start up that did research on the experimental treatment for Pompe disease. Once Novazyme merged with Genzyme Corporation in 2001, the company worked in the development of this drug as Crowley took on as Senior Vice President. Crowley’s story has been portrayed in the film Extraordinary Measures; he also has been written about in the book, “The Cure: How a Father Raised $100 Million – And Bucked the Medical Establishment – In a Quest to Save His Children.”

When asked what he considers his most important accomplishment, he replied, “Seeing my kids succeed. When I’m getting ready in the bathroom that as a commuter, most of her money goes to food and gas. Chris Orlando, a freshman, said, “The largest expense, aside from tuition, is my textbooks. Food and school events are some of my other large expenses.” These expenses, however, apply to any university student. Alasio said that in her opinion, Monmouth is priced fairly.

“People are talking for their tuition prices. These expenses, however, apply to any university student. Alasio said that in her opinion, Monmouth is priced fairly.

“The education at Monmouth is beyond phenomenal and gives me many great options later in life, but to begin life in the real world in so much debt is taking a step back.”

Christopher Orlando
First-year Student

“You have to consider that the University has a very good reputation, even in the industry. It’s a very high ranking university, it’s a very safe place to be, and the professors are very available. They make sure that if you need help, they are always there for you.”

President Paul G. Gaffney II, the Board of Trustees, Provost Thomas Pearson, the recipients of the annual awards and other University members pose outside Pollak Theatre at Founders’ Day.

The Price of a College Education
Understanding the Tuition and ‘Fees’ at a Higher Institution

CASEY WOLFE
CONTRIBUTING WRITER

Today’s economy has most students and their families constantly stalking their checkbooks. With the already suffering economic conditions in the University, a college education only puts more financial stress on families and individuals. This can make us take a step back and wonder where our college tuition is really going.

Associate Vice President for Enrollment Management and Director of Financial Aid, Claire Alasio, said that the University’s tuition goes to “anything you see happening on campus. Classes, any events you see going on, building maintenance, faculty salary...Everything has a cost.”

Many students agree with this statement, though from a different perspective. We look at only the college expenses that pertain to us.

Alyssa Gray, a freshman, said, “I don’t think the price is too high. I go to a private school, and I think the price is justified.”

According to Alasio, the University charges tuition based on the net price, which is what the student’s tuition is when it comes to comparing tuition prices. Alasio adds that in the 15 years she has been at Monmouth, this year was the first year that she has seen an annual tuition increase of more than five percent.

Even so, we are only at an estimated seven percent increase from last year while other New Jersey private schools are at double digit increases.

Tuition increases, said Alasio, come with the cost of doing business. According to Alasio, the process of deciding which college or university to attend is based on net price, which is what the student’s tuition is when it comes to comparing tuition prices.

Price continued on pg. 12
“The Verge will allow stories to virtually come to life using slideshows, podcasts and videos.”

**KAYLA INGLIMA**
Assistant Editor for The Verge

The Verge is the University’s first online news portal. The idea for the media group was conceptualized last spring and will officially begin this semester, Kayla Inglima, Assistant Editor, said that they will be completely ready to launch the site by November.

The idea for The Verge sprung from Assistant Professor of Journalism Marit Inglima’s online journalism class last semester. “Currently we have about 15 students working on stories, most of which are connected to campus life and campus events,” Inglima said. The media group, called The Verge, urges people, including students, faculty and associates, to contribute their work to the new portal. The Verge is holding an interest meeting on Tuesday, Oct. 12, from 6-7 p.m. in Plangere, room 206.

The media landscape is changing, and many newspapers and other print publications are taking the back seat. The Verge is part of the evolving group of professors from the Department of Communication decided it was time for something new, and introduced the idea for a new student-run media group called The Verge. “The Verge is important because we are living in a technology driven world,” Inglima said. “Every day we are getting new or improved technologies that will completely redefine our world. While print journalism and TV will never be completely replaced, it is essential that we do not miss out on this new opportunity to explore journalism on the Internet.”

“The Verge will contain original content,” Inglima said. “We’re not looking to replicate the content. We are thinking of working with more of a converged newsroom,” Vujnovic said. “The Verge urges other student media groups such as Commworks, The Outlook, PRSSA, MOCC, HawkTV, and WMCX to continue their work to the new source.”

The Verge is intended to be in touch with the widest variety of groups as much as possible, helping students to know the breadth of states and those goals are not being realized because the system is failing them.”

Among the report’s key findings:

- There is a new majority on U.S. college campuses, with 75 percent of students balancing jobs and schools and commuting to a closer worksite.
- Students are eligible for the credit after one semester of previous involvement with The Verge.
- The Verge will become a very popular news source for students and the University community.
- The Verge urges other student media groups such as Commworks, The Outlook, PRSSA, MOCC, HawkTV, and WMCX to continue to give their work to the new source.
- The Verge is the University’s first online news portal. The idea for the media group was conceptualized last spring and will officially begin this semester, Kayla Inglima, Assistant Editor, said that they will be completely ready to launch the site by November.

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Microsoft Lync resembles the once widely used AOL Instant Messenger.
The University’s Public Relations Society of America chapter will be holding a panel discussion featuring three online news professionals and two public relations professionals on Tuesday, October 25 in the Magnil Club Dining Room.

Kristine Simoes, communication professor specializing in public relations, will be running the event.

“Students can come learn from PR industry experts how online news is changing the industry, how PR professionals can best pitch for maximum exposure, and skills needed to excel and break into the profession,” Simoes said.

Panels include Christopher Sheldon, Editor of Patch.com; Chrissy Kass, Assistant Editor of The Alternative Press; Judith Feeny, Director of Digital News of Asbury Park Press; Kristine Brown, Director of PR at St. Barnabas Health; and Joan M. Bossi, Group Vice President of Stern and Associates.

The event will begin at 8:30 am with registration and a light breakfast. During this time, students from The Outlook and PRSSA will represent their organizations. Information about the panel discussion will be available on the University’s newly established PR Company.

From 9:15 am to 10:15 am, the second panel will take place. Attendees will have a chance to ask questions at the end of the discussion.

From 10:30 am to 11:00 am, attendees and panelists will be taking on a tour highlighting the new Shadow PR firm and their office as well as The Verge Online News Portal in the new MAC lab in Jules L. Plangere Center. This part of the event will allow students to network with professionals in the field and gain potential connections for their future careers.

The University Celebrates 78th Birthday

Founders' continued from pg. 1 and doing my morning routine, my daughter Megan rolls in on her motorized wheelchair and I always ask the same question probably every dad asks, “how are you doing today?” and every single day she tells me the same one word answer: “awesome.”

Crowley was introduced by Trustee Kenneth W. Hitchner III, who described him as a husband, father, professional risk-taker, innovative miracle maker, and entrepreneur. “You became a leader in the health care industry after you inspired fund-raising research to cure genetic diseases, when you were faced with an undefined crisis that was threatening your own children,” Hitchner said.

During his convocation address, Crowley, who is a commissioned officer in the U.S. Navy Reserve, dwelled on the traits as well as characteristics he explained were vision, persistence. “There is a job for everyone. I find it to be quite a team effort. I find it to be quite a team builder; you find people who appreciate the same charity. It’s a good way to make friends with like-minded people. We feel rewarded, but we don’t do it for the reward,” he said.

This year's Distinguished Alumni Award was received by Chester Kalezkiowski, who graduated from the University in 1971. Kalezkiowski is President and CEO of South Jersey Healthcare, and would like the South Jersey Healthcare Regional Medical Center. The hospital, which was merged into one regional Medical Center. The hospital, which was merged into one regional Medical Center. The hospital, which was merged into one regional Medical Center.

“Take a little piece of the world. Build a great and lasting vision, lead with your change, be urgent about it, take smart risks, be an optimist, always sacrifice and be courageous.”

JOHN CROWLEY
President and CEO of Amicus Therapeutics, Inc.

Keynote speaker John Crowley focused on traits and challenges of great leaders during his convocation address.

The Outlook

October 19, 2011

ALEX DADDIS
CONTRIBUTING WRITER

JOANNA ZIETARA
CO-NEWS EDITOR

The Outlook University News
EXPLORE

YOUR OPTIONS!

GRADUATE SCHOOL FAIR

Wednesday, October 19 4-5PM, Wilson Hall

➤ Anthropology
➤ Computer Science
➤ Corporate & Public Communication
➤ Criminal Justice
➤ Doctor of Nursing Practice (DNP)
➤ Education (MAT, Accelerated MAT, MEd, MSEd, Endorsements & Certificates)
➤ English
➤ Financial Mathematics
➤ History
➤ MBA/Accelerated MBA
➤ Mental Health Counseling
➤ Nursing (MSN)
➤ Psychological Counseling
➤ Public Policy
➤ Social Work (MSW)
➤ Software Engineering

Be sure to stop by!
The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for the expression of ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

All copy must include the author’s full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

### THE OUTLOOK STAFF OPINION

Political bumper stickers and banners meet your gaze as far as the eye can see. Of the political signs on campus, one reads “Impeach Bush,” another celebrates November 4, 2008 with the words “Yes We Did: Together We Made History.” A picture of President Barack Obama’s face, and then there’s the well-known red, white and blue image of Obama that displays his upper figure with the words “The Change” across the bottom.

You might think that you are at a political celebration hosted by the Democratic Party that is taking place just days after Obama was elected in the 2008 presidential election. Certainly you are not in 2011. This moment has to be right after the election ended. Why else would someone bear a sign that exemplifies such fresh hatred for former President George W. Bush? Certainly, we have abandoned such immaturity in 2011 and adopted the much-needed approach of bipartisanship in this heated political climate.

Guess what? It is 2011, but you are not at a politically affiliated event by any means. You are right here on the University’s campus in a specific department. Considering the number of political signs on display, you might be guessing that you are one of the offices of the professors who teach political science courses. All of the departments on campus, it seems logical that the political science faculty are the most likely to passionately publicize their political views. Nope, you are not there either. Instead, you are in the common room of the Communication Department’s faculty on the second floor of the Plangere Center. Not every faculty member in this department has a political sign hanging on their office door. However, those that do have contributed to the overwhelming display of political beliefs in the Communication Department, which is more than virtually any other department on campus.

Besides the Plangere Center, The Outlook surveyed the faculty officers of the Communication professors and political signs hanging on their office door. Those that do have contributed to the overwhelming display of political beliefs in the Communication Department, which is more than virtually any other department on campus.

Dr. Joseph Patten, Chair of the Political Science and Sociology Department, said he never discusses his political views even though he notes that such does not have a policy against doing so. Displaying political beliefs is a bad practice for culture that could possibly alienate students when it comes to evaluations, and possibly even when it comes to opportunities for dialogue or thought.

Here at The Outlook’s editorial board differ on whether or not the University’s faculty should be permitted to hang such politically partisan signs in their windows. The University’s mission statement declares a commitment to integrity, and integrity means a steadfast commitment to principles. When it comes to preserving an environment where all of its students feel welcomed to share their political opinions, and not favoring one side’s reasoning. If all students are treated equally, regardless of their political beliefs, that basically anything that a student is exposed to on campus is an opportunity for dialogue or thought.

Some editors think that the bumper stickers and banners of the Communication professors may make political sign hanging on their office door uncomfortable with voting in their opinions in class. Further still, some of these editors think that they might possibly receive unfair grades from their professors just because of their political opinions are aligned.

Then there are editors who are concerned about political beliefs being expressed in the classroom. Other faculty members do not adhere to when walking past the office of a professor, they may opt to take the professor was a liberal or conservative,” Patten said. “When I didn’t know what a professor was, I found myself paying attention more closely, trying to figure him or her out.”

Dr. Franca Mancini, Director of the Communication Department, Services, said that she has no comment as to whether or not faculty should be allowed to display their political beliefs. She said that such behavior could have a positive or negative impact, or none at all.

“If the effects on students are so individualized that it’s impossible to comment,” Mancini said. “I think that basically anything that a student is exposed to on campus is an opportunity for dialogue or thought.”

Regardless of your point of view on the subject, The Outlook obviously wants to support the censorship of faculty opinion. On a much larger scale, it rejects the idea of censorship since it is a newspaper that thrives on the principle of free speech. However, it does question the potential effects of such signs on the ability of students with opposing viewpoints to practice their own free speech.
**The Art of Planking**

KATIE JAFFE CONTRIBUTING WRITER

Photo courtesy of Brianne Pangaro

For quite some time, planking has been a movement that has gone viru-
ral. Hundreds of thousands of people have gone out into the world, laid down perfectly flat on their stomachs on a random surface and snapped a photo to upload onto the Inter-
net. Whether they are on impor-
tant landmarks or on their own very kitchen counters, people just keep on planking.

A website has been created, www.planking.me, and as the self-pro-
claimed "official home of plank-
ing," provides anyone with an interest in planking a "how to" guide and the option to "submit plank." They also offer a wide variety of planking categories having to do with the location of the plank throughout

High school sweethearts have to work hard to keep their relationships together when going through their seper-
ate ways for college.

As far as the guide goes, it simply reiterates the fact that one must be planking perfectly straight. Nothing states that there must be a specific location to as where one would plank, but usually it consists of various sturdy objects such as walls, counters or even mailboxes. However, the website does warn that anyone who wants to plank should do so safely.

According to the British periodi-
cal, The Guardian, one has already faced a fatal end due to his plank-
ing excursions. In May 2011, Acton Beale, a 20-year-old Australian na-
tive, plankked to his death. Seven sto-
ries high on an apartment balcony in
London, the British, the young man most likely never suspected his slimy palette to take a toll on his health. It would be cool to see her dance become a reality, hoping the MUPD wouldn't intervene in her plans.

With that, not everyone at Monmouth finds planking as great an activity. Harmony Bailey, another freshman here on campus, sees planking as "an activity that teens participate in when they have nothing better to do in their free time."

Clearly not everyone feels this way and teens are not the only ones who have been planking. Despite this statement however, Bailey follows up saying that though she herself has never plankked, she has friends who do. "I guess it’s entertaining if you’re super bored,” Bailey states.

Ultimately, planking seems to be something of a humorous nature with no injury intended. There are clearly those that push their safety limits, but planking really is all fun in good humor.

For those who are serious about becoming regular plankers, any seri-
ous planking snapshots can be sent to plankingme@gmail.com, which is the official email of www.plinkingme.

The University Police Department does its part in keeping campus safe. Officers patrol on foot and by truck during the day and through the night. However, I can’t help but feel that more security should be enforced at the University.

During the day, officers can be found throughout campus walking around or driving in official police trucks. If a student needs help and can’t find an officer, the Police De-
partment. The Theatre and emergency boxes are all over campus. Most students don’t think they have to be cautious during the day because it’s light outside and they feel safe. I beg to differ. If a student told me she was approached by someone who is a threat and left campus soon after, this incident proves how easy it is for anyone to walk in and out of the University at any hour.

At larger schools, gates are located at each parking lot along with safety officers signing people in and check-
ing IDs. The University does not have any gates on any of its parking lots.

Adding them will guarantee that any-
one who does not belong in the Uni-
versity will not be allowed in. These gates will just add another obstacle to any one who is trying to get in with out the University at any hour.

In conclusion, the University Police Department does its part in keeping the campus safe. Officers patrol on foot and by truck during the day and through the night. However, I can’t help but feel that more security should be enforced at the University.
An estimated 10,000 citizens of New York City started occupying Wall Street and Zuccotti Park in protest of corporate greed and income inequality since September 17. The protests have continued to go strong, despite confrontations with police and attempts to institute new laws in occupied parks. New York City is not the only location seeing these protests with the movement spreading to cities nationwide including Trenton. The movement has recently gone global as of October 15. Ireland, Rome and Tel Aviv, among other international cities have joined the protest. The New York Occupy Wall Street website, occupywallst.org, explains the movement as a “leaderless resistance movement,” representing the “99 percent that will no longer tolerate the greed and corruption of the one percent.” The website and many protesters have cited the inspiration of the movement to the Arab Spring.

Claude Taylor, a Communications professor at the University, described the movement as “an inexcusable expression and appropriation of consumerism themselves,” Giordano also said the movement was started by “Adbusters, a Canadian activist group who is fighting consumerism.”

Meanwhile, all the people who are protesting are under the spell of consumerism themselves,” Giordano said “we are wasting our time and money on the contents of the line laptops, iPhones, and other high tech and recently released technology that they had to have to fight consumerism.” There is no clear representation of demands from protesters, but Taylor said the movement is un-guided.

“There are multiple issues people are concerned about. It doesn’t have to be single unified vision for social movement. Social movement generally have a single vision, he said.

“This idea in the mainstream media that there’s no point to the movement is a false dilemma,” said Taylor. “I don’t necessarily think that there has to be a united point.” Giordano said, “The protesters have no idea what they’re protesting about.” She questioned why protesters are complaining about the top 10 percent of the country that pays the majority of the taxes. “Protesters need to learn personal responsibility,” Giordano said. “If they don’t have a job or are unsuccessful they need to take a long hard look in the mirror.”

She said, “Wall Street hires your parents, it finances the factories and small businesses they work in, it manages the retirement accounts of your grandparents. The real problem is government. Make smaller and limit their power.”

As the movement continues into Day 30, there is no end in sight. Taylor said, “It’s going to get bigger and more local. Don’t be surprised if there’s an Occupy Red Bank, or an Occupy Freehold. It’s going to be more violent, unfortunate to say, and it’s going to be uncomfortable for citizens to see other cities get roughed up.”

The movement is going to continue to violence...because we haven’t found a way to talk to each other in a reasonableness way,” he said.

Who’s Who in SGA: Melanie Rowbotham Historian

Melanie Rowbotham is a senior majoring in English and Elementary Education. She will concurrently hold the position of Historian for the Student Government Association.

Her responsibilities include documenting events through pictures, decorating the Student Government Association bulletin board, and compiling a scrapbook at the end of the year. Pictures and memorabilia from events the organization attends will also be documented.

Rowbotham held the prior positions of Parliamentarian, Student Government Association Chair, and Attorney General. She joined SGA in the spring of 2009 as a freshman because her friend who was also a freshman had encouraged her to continue leadership.

She was also involved in high school government as Student Council President in her hometown, Hopatcong, New Jersey.

Her favorite part about SGA is having the privilege to know information that we can pass on to the students. It feels good to answer a question from a student about parking, the dining hall, or advisors,” Rowbotham said. “I’m going to miss the SGA advisor’s reception because after spending so much time with them these past years, they really are like part of my family,” she said.

Rowbotham explained that SGA is lucky to have such important people on our campus be involved in our organization and the Senate appreciates everything Vaughn Clay, Vice President of Student Services, Mary Anne Nagy, and Heather Kelly do to help.

“I’m super excited for the student leader reception being held on November 11 in the Magill Commons Club Rooms. This is a great way for all clubs and organizations to get together and participate in a round table discussion. By listening to each other’s opinions and ideas, it can definitely bring us closer as a campus,” Rowbotham said. Details about this will be sent out to clubs and organizations in the upcoming weeks.
The University's Pre-Law Club had its first meeting of the year on October 6. The club, based out of the Political Science Department, is designed for students interested in attending law school.

Guiding this group of students is a new faculty member, Professor Gregory Bordelon. Bordelon is a graduate of Louisiana State Law School and has chosen to offer his expertise in the field to those interested in legal studies.

The officers for the academic year are excited to get started and encourage other students to get involved. The officers include President Arielle Giordano, Vice President Jessica Rohr, Treasurer Karina Bandy, Secretary Kate- lyn Nawoski, and Parliamentarian Brandon Karkowicz. During the first meeting many topics were discussed briefly, such as preparation for the Law School Admission Test (LSAT) and steps needed to take to apply to law school.

The competitiveness of the discipline was also discussed. During the meeting, Bordelon played a scene from the blockbuster hit Legally Blonde. Students who participated in the first meeting were very optimistic about their future at law school.

According to Professor Bordelon, law school is different from regular college work. He said, “It is more quantitative work, but more important is to appreciate the analytical nuances and distinction between college and law school work.”

Bordelon also warned of some of the regular challenges of being a 1L, particularly time management. The Political Science Department is working tirelessly to offer more options for those looking to head to law school in the future. The Pre-Law Club is just another tool they encourage students to use.

It is also advised that students interested in law school take advantage of both Professor Bordelon and the University’s long time Pre-Law Advisor, Dr. Enoch Napier. Bordelon and the Pre-Law Club is just an additional vantage of both Professor Bordelon and Dr. Napier and the Pre-Law Club is just an additional vantage point for those looking to head to law school in the future.

Students are encouraged to seek out these professors who are ready and willing to offer their expertise. Professor Bordelon said, “The calling to pursue a legal education is a noble one. It takes commitment, drive and diligence.”

GREGORY BORDELON
Professor of Political Science

The Pre-Law Club will help students prepare for law school by giving helpful LSAT tips and offering support throughout the application process.

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It is also advised that students interested in law school take advantage of both Professor Bordelon and the University’s long time Pre-Law Advisor, Dr. Enoch Napier. Bordelon and the Pre-Law Club is just an additional vantage of both Professor Bordelon and Dr. Napier and the Pre-Law Club is just an additional vantage point for those looking to head to law school in the future.

Students are encouraged to seek out these professors who are ready and willing to offer their expertise. Professor Bordelon said, “The calling to pursue a legal education is a noble one. It takes commitment, drive and diligence.”

GREGORY BORDELON
Professor of Political Science

The Pre-Law Club will help students prepare for law school by giving helpful LSAT tips and offering support throughout the application process.

The University's Pre-Law Club had its first meeting of the year on October 6. The club, based out of the Political Science Department, is designed for students interested in attending law school.

Guiding this group of students is a new faculty member, Professor Gregory Bordelon. Bordelon is a graduate of Louisiana State Law School and has chosen to offer his expertise in the field to those interested in legal studies.

The officers for the academic year are excited to get started and encourage other students to get involved. The officers include President Arielle Giordano, Vice President Jessica Rohr, Treasurer Karina Bandy, Secretary Kate- lyn Nawoski, and Parliamentarian Brandon Karkowicz. During the first meeting many topics were discussed briefly, such as preparation for the Law School Admission Test (LSAT) and steps needed to take to apply to law school.

The competitiveness of the discipline was also discussed. During the meeting, Bordelon played a scene from the blockbuster hit Legally Blonde. Students who participated in the first meeting were very optimistic about their future at law school.

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It is also advised that students interested in law school take advantage of both Professor Bordelon and the University’s long time Pre-Law Advisor, Dr. Enoch Napier. Both professors are a wealth of knowledge, and using that knowledge would be instrumental in preparing yourself for law school. Students are encouraged to seek out these professors who are ready and willing to offer their expertise. Professor Bordelon said, “The calling to pursue a legal education is a noble one. It takes commitment, drive and diligence.”

GREGORY BORDELON
Professor of Political Science

The Pre-Law Club will help students prepare for law school by giving helpful LSAT tips and offering support throughout the application process.
Organic Eating Towards a Healthy Lifestyle

SLONE COGAN CONTRIBUTING WRITER

Many people contemplate over whether or not to buy organic products. It is commonly known and publicized that eating organic fruits and vegetables can help reduce the risk of cancer and other diseases. But where do we begin? the United States Department of Agriculture’s definition of organic food indicates that it is generally free of synthetic substances, containing no genes, synthetic hormones, and has not been fertilized with sewage sludge, was raised without the use of conventional pesticides, and contains no genetically modified ingredients. According to mayoclinic.com, organic options are healthier options for both people and the planet. The clinic indicates that certain types of pesticides used on conventional produce can cause skin irritations, hormone, and reproductive problems, and can cause cancer. These issues can cause direct harm to our metabolic process.

Organic eating is about thinking about the effects that pesticides have on our bodies over time, however, the dangers are present. There are many documents such as “Food Inc.” and websites like wholefoods.com, and research studies done by Cornell University’s Center of Agricultural and Life Studies that advocate organic food. The common theme is that eating organic is better for the environment. While organic food is not tainted with chemicals, therefore, it is a healthier option.

Organicconsumers.org says that organic foods, especially raw or non-processed, contain higher levels of beta carotene, vitamins C, D and E, cancer-fighting antioxidants, essential fatty acids, and essential minerals. In regards to eating organic, the greatest step students can take is starting an organic diet. According to the National Dairy Council, cows are given synthetic hormones to help stimulate their milk production. Those hormones are released into the milk they produce and transferred to the milk drinkers. The food and pastures that the cows are fed on may contain harmful pesticides. Traces of those pesticides can be found in milk. Organic cows are fed organic feed and fresh, natural hay, according to The Environmental Working Group indicates. The group encourages students to keep in mind that organic cows are grown, how it is grown, and how that impacts the growth to grocery store. Stu-
dents can also find valuable information on the environmental impact of the food and products they consume at ewg.org.

In addition, organic sections of the supermarket Whole Foods in Mid-
dletown is a great option for dis-
covering organic food, as well as Dean’s Natural Food Market in Shrewsbury. Trader Joe’s, also located in Shrewsbury, prides itself on providing a gourmet va-
riety of organic food. A little closer to the University is the West End Farmers Market held on Brighton Avenue every Thursday from 11:00 am to 6:00 pm. According to the West End Farmers Market website, the market only sells homegrown, homemade items that en-
(courages the community to help sustain local farms. It is located at the corner of First and Fisher, and will be attended by students from the University.

Emily Hunter, junior, believes that eating organic is a much healthier alternative. “I try my hardest to eat as healthy and organic as I can,” she said, “especially for items like milk and dairy products. How-
ever, I do realize that as college students, it may be hard to live a fully organic lifestyle because organic products do tend to cost more,” said Hunter.

What makes organic milk different from regular milk? According to the USDA Organic Milk Definition, organic milk is milk produced by cows that are given organic feed and free range access to pasture all year long. Organic cows are not treated with hormones, antibiotics, or any other synthetic substances and consumption is associated with a lower incidence of cancer and may be responsible for many skin reactions such as contact dermatitis, which is an inflammation of the skin. To find out if the products you are using contain these ingredients, just take a look at the listed ingredients on the back of the label. Organic produce often makes it a point of using the most organic ingredients that they have available for their products.

After all, there is no rule which states you have to compromise great taste and pure foods for great nutrition. Psychologist As-

trid Alauda once said, “Did you ever stop and taste a carrot? Not just eat it, but really taste it? You can’t taste the beauty and energy the earth had to put forth to taste and feel the beauty of liv-


Ingredients

2 cups organic full-fat milk 1 tbsp of baking powder 1 tsp of ground cinnamon 2 tbsp of packed brown sugar 1 egg 1/2 tsp of vanilla extract 1 tsp of organic butter 1 tsp of organic sugar

Preheat oven to 350 degrees. Grease a 9x9 square pan.

1. In a medium bowl, combine the dry ingredients. Mix the butter with the brown sugar and add to the dry mix. Mix the wet ingredients. Add the wet mixture to the dry mixture and stir until the batter is well combined.

2. Pour batter into greased dish and bake for 40 minutes or until a toothpick comes out clean.

Recipe for Apple Pie

3 cups apples, diced 1/2 cup organic sugar 1/2 tsp cinnamon 1/4 cup flour 1/4 cup organic butter

In a medium bowl, combine the ingredients. Place in a pie plate and bake at 375 degrees for 25 minutes.

Recipe for Red Sauce

1 onion, diced 1 clove garlic, minced 1 can diced tomatoes 1 can tomato sauce 1 cup organic sugar 1 tsp oregano 1 tsp basil 1 tsp black pepper

In a large saucepan, sauté the onion and garlic in the olive oil. Add all other ingredients. Bring to a boil and reduce heat. Cover and simmer for 1 hour.

Organic Apple Cinnamon Muffins

Look Good, Feel Good: A Local Shopping Guide

CASEY REIDY CONTRIBUTING WRITER

With fashion trends constantly changing it can be hard to keep up as a busy college student. Whether you are in need of something to wear to local bars such as the Duke’s Den or Jack’s on Broad-
town Avenue, an upscale outfit for a night out at the Avenue in Pier Vil-
lage, or a basic ensemble to throw on for class, there are several bouti-
quques and specialty stores in the surrounding area that accommo-
date all different tastes.

Located about 20 minutes from the University, The Grove at Shrewsbury is in design to give Pier Village but offers a variety of chain retail stores such as J. Crew, Banana Republic, Victoria’s Secret, Free People, and much more - even a Starbucks for your daily coffee. According to The Grove’s website, many of these stores offer discounts up to 15 percent off to students and teachers with the proper ID.

The Grove also hosts seasonal events boasting live entertainment and dinner specials. Their website provides an up-to-date calendar of the upcoming events. Redbank.com pro-

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Photo courtesy of piervillage.com

The Grove also hosts seasonal events boasting live entertainment and dinner specials. Their website provides an up-to-date calendar of the upcoming events.

PHOTO COURTESY OF PIERVILLAGE.COM/BLOG.POTOMAC

Looks Good, Feel Good: A Local Shopping Guide

Pier Village in Long Branch offers a beach front shopping escape.

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PHOTO COURTESY OF PIERVILLAGE.COM/BLOG.POTOMAC

Looks Good, Feel Good: A Local Shopping Guide

Pier Village in Long Branch offers a beach front shopping escape.
FEEL...

“HAWT
like, amazing
TOTES ADORBS
FABULOUS
SUPER CUTE
gorg!”

ON A STUDENT’S BUDGET

HAIR CARE
ALTERNA
BRAZILIAN BLOWOUT
CURL JUNKIE
DEVACURL
FREDERIC FEKKAI
GHID
HAIR RULES
IT’S A 10
JONATHAN
L’ANZA
LIVING PROOF
MOROCCANOIL
OSCAR BLANDI
& MORE

SKIN CARE
BUSS
CLARISONIC
DERMALOGICA
FAKE BAKE
FREEZE 24/7
KORRES
LIERAC PARIS
MURAD
PETER THOMAS ROTH
PHILOSOPHY
SARA HAPPI
SKYN ICELAND
& MORE

COSMETICS
THE BALM
BEAUTY ADDICTS
BEAUTY BLENDER
BILLION DOLLAR BROWS
BLING
CLASSIFIED COSMETICS
FUSION BEAUTY
NYX
SMASHBOX
& MORE

APPLIANCES & BRUSHES
EGO PROFESSIONAL
GDH
LUXOR PRO
Marilyn Brush
Olivia Garden
Phyt0
T3...
From Hollywood to the Jersey Shore
Meet Professor Rob Scott of the Communication Department

Professor Rob Scott originally planned on being a marine biology or history and political science major.

CHRIS CHACE CONTRIBUTING WRITER
At the University, there are many professors that one can meet, who will help guide you along your career path and future endeavors. One of these professors is Robert Scott, Specialist Professor in the radio/TV concentration of the communication major.

Born and raised in New Jersey, Scott lived in Scotch Plains until he was 18. He then moved to Brielle on the Monmouth Shores. After graduating high school, Scott decided to attend the United States Coast Guard Academy in Connecticut for about two years until he reevaluated certain things and decided to transfer to Monmouth College (Monmouth did not have university-status at that time).

This is when he really started experimenting with film and video. “During high school and undergraduate studies, I spent a great deal of time taking photographs, shooting 8mm film and video, and writing as a hobby. I was also doing the same as part of related school activities and a few minor professional jobs,” said Scott.

Originally, Scott wanted to pursue a career in marine biology and fantasized of attending Woods Hole Oceanographic Institute and traveling the world’s oceans. “Then, I learned the significant role that math and science play in these professions,” joked Scott. He then changed his major to history and political science.

Two days prior to his graduation, however, Scott experienced the passing of his father. “This was a pivotal moment in my life that led me somewhat adrift;” admits Scott.

Due to this “adriftness” and the great love for boats and the sea, after graduation Scott turned his year-long boat to boating as a full-time profession.

Already working on boats for most summers in his life, and then Scott took to the life of a boater and fisherman very well. For the next few years, he found himself working seven months of each year fishing down in Florida and the surrounding Bahamas, and then five months fishing up north in the waters of New England and Jersey.

Soon, Scott decided to return to school and focus more on his love for film. He attended the University of Miami, and it was there that he started to really gain footing into the professional world of film and television.

“I was fortunate to be become involved with a number of professional productions in South Florida involving music videos, TV shows, independent films, commercials and infomercials,” said Scott. After graduation from film school, he was able to find himself working as an office temp. “It's something I never imagined doing,” joked Scott. “I was doing the same as part of related school activities, but to begin life making money by not getting take-out before I sat down to eat.”

According to college-scholarships.org, a student who buys a daily cup of coffee may end up spending over $250 per semester.

“College students can save money by not getting take-out because delivery and take out start adding up quickly,” said Elizabeth Regan, junior accounting major. “Don’t stop by Einstein’s bagels every morning even when your class is right next door, and cut down on student center lunchmeat slices.”

Regan also encourages students to eat in the cafeteria rather than spend money elsewhere. “The cafeteria can also be a major expense. Howstuffworks.com encourages students to get creative with things they can do in their free time. If students choose to look to outside sources like the mall, stores and art centers for entertainment, they should ask for discounts.”

“If you get a list of gross income that I put out, I stick to that list when I go to the store. I walk when I can instead of wasting gas on driving, and I buy my textbooks online for a quarter of what I would have paid at the bookstore,” said Bryan Regan. “I have a subscription to Netflix so I don’t have to worry about movies anymore, and I plan how much money I have left for the week and do not stray,” Regan added.

“Finding a job is another way to earn extra money that they can save. Opening a savings and undergraduate survey will be available to measure student satisfaction, what they want for their money, and what they need,” Buzza added. “We live in a world of ‘if I want it I’ll buy it’, there is not much worse than that sort of mentality,” Buzza added. “Be frugal in your spending because you never know what tomorrow might bring.”

Keeping Your Wallet Full
How to Get Around Major College Expenses

NANA BONSU STAFF WRITER
If there is one thing that every student knows, it is that college is expensive, and prices only continue to go up. Reducing spending can be difficult, but it is an effective way of saving money.

One of the major college expenses is the cost of books. According to yourcreditadvisor.com, the best way to save money on books is to start by buying used books. Students can also take advantage of websites such as amazon.com in order to find reasonably priced text books.

After the semester, students are encouraged to sell their books back.

Credit card debt can often start early if a student is not careful. So students are encouraged to stay away from credit card usage unless it is an emergency. “If a credit card is used, students should get in the habit of paying bills on time to avoid the late fees and pay more than the minimum payment fee.”

College students do not realize how much they spend on food outside of their meal plans. Weekly take out can add up to a lot of money every month. According to collegescholarships.org, a student who buys a daily cup of coffee may end up spending over $25 per semester.

“College students can save money by not getting take-out because delivery and take out start adding up quickly,” said Elizabeth Regan, junior accounting major. “Don’t stop by Einstein’s bagels every morning even when your class is right next door, and cut down on student center lunchmeat slices.”

Regan also encourages students to eat in the cafeteria rather than spend money elsewhere. “The cafeteria can also be a major expense. Howstuffworks.com encourages students to get creative with things they can do in their free time. If students choose to look to outside sources like the mall, stores and art centers for entertainment, they should ask for discounts.”

Otherwise, there are too many options for activities students can engage in without spending any money. From reading a picnic, going bike riding, or taking a walk all are activities that will not cost any money.

“We also have our off-campus apartment and no longer having a meal plan is a budget for food, gas, and entertainment costs,” Regan cites planning as the key to making it through college on a budget. “I make a list of gross income that I put out, I stick to that list when I go to the store. I walk when I can instead of wasting gas on driving, and I buy my textbooks online for a quarter of what I would have paid at the bookstore,” said Bryan Regan. “I have a subscription to Netflix so I don’t have to worry about movies anymore, and I plan how much money I have left for the week and do not stray,” Regan added.

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The Price of a College Education

Price continued from pg. 1

net price, which is what the student’s tuition is at each school after all grants and scholarships have been awarded.

“I want students to make an informed choice,” she said. “I think that she most emphasized is the value of an education. It’s a lot like buying a car. You can spend $25,000 on a new car or you can spend $14,000, but do you feel it’s a good car? Are you satisfied with it? If so, then great,” she said. It’s a different decision for each individual, everyone wants something different.

Orlando said, “The education at Monmouth is beyond phenomenal and gives me many great opportunities to gain a head start in the real world in so much debt is a step back, making college unaffordable in so many ways. Not just at Monmouth, it discourages people from attaining higher learning.”

“I believe I will make it [money spent on college] back, it’s just a matter of when,” said Scott. Today, most careers require a college degree. Both students believe that a degree will widely expand their personal employment opportunities and their chance of earning back their tuition dollars.

The biggest question a student should ask himself or herself, said Alasio, is “in an honest way, do I feel like I am getting what I need out of college?”

Monmouth University strives to help students. Next month, a student services survey will be available to measure student satisfaction, what they want for their money, and what they need.

“We want it,” urged Alasio. “We want to hear it.”

“Speak up,” urged Alasio.

“I want students to understand what I can offer based on my professional experience is to practice your oral and written communication things,” Buzza said. “You can’t hesitate in pursuing your dreams, always remain professional, try to learn something new every day, and treat people with respect.”
A Neat Freak’s Nightmare

The Disease Behind A&E’s “Hoarders”

MICHELLE CALLAS
STAFF WRITER

Many people collect things such as coins, dolls, baseball cards, and antique items. Keeping a collection clean and organized allows the individual to enjoy the item they have acquired. However, some people begin to collect things compulsively, and it consumes them.

If this behavior continues unchecked, and a home is filled with useless items that are unorganized and unkept, it is likely a hoarding situation.

The A&E television show “Hoarders” addresses the issue of compulsive hoarding and consists of the participants on the show in recognizing, cleaning up and receiving treatment for their disorder.

Compulsive hoarding is defined as “an irresistible desire to possess an extraordinary amount of items that, to others, may seem to have absolutely no value at all,” according to The Compulsive Hoarding Care’s website.

In one episode, Andrew’s home is completely filled with stuff to the point the house is unlivable.

The hoard has spread to consume the entire property and he has a homeless man living in his front yard. His furnace no longer works, there is no running water, and the town is threatening to remove him from the home. After the show, he refused after-care treatment and the town did move him. As a consequence to his hoarding, Andrew ended up homeless before he would part with his hoard.

The homes portrayed on the show are set off by a traumatic event and the hoarder tries to fill the void. Inzelbuch said. The death of a loved one, a relationship, or a significant relationship, or the loss of a job can trigger hoarding.

Belinda threatened to leave her husband and 14-year-old daughter if their home was not cleaned up. Belinda’s hoarding started many years prior to the episode. She said, “When I got sick, my house got sick.” She used to keep a clean house before her injury.

Once the crew came in to help clean up, Belinda’s anxiety level rose and she had trouble parting with anything.

The reality that she is the lead hoarder is revealed and her daughter, Shania, showed great support for her mother’s slow progress. Belinda even told the hoarder tries to keep things she wants to donate.

With her daughter’s motivation, Belinda does finally begin to let things go and they managed to clean the house up. The family then went to therapy after the show.

When people save items, they generally use them and if they no longer use them, saving an item for its memorable value and keeping it in its proper place is what most people do. In contrast, a hoarder feels that they get rid of an item, the memory attached to it will be lost.

The roots of this disorder stem from anxiety. Many times, the hoarder is set off by a traumatic event and the hoarder tries to fill the void. Inzelbuch said.

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The Do’s and Don’ts of Skipping Class

Guidelines to Follow for the Forgetful Student

CHANCE CHACE
CONTRIBUTING WRITER

We’ve all done it. We just don’t want to wake up for that 8:30 am class all the way across campus. We hit the snooze button one too many times, or maybe we just had a really late night of partying it up.

Whatever your reasoning is, everyone has once, twice, or 50 times, skipped their classes.

Although some professors don’t care, but most people don’t realize that it’s a lot easier to skate around these rules and guidelines than one might think.

It all takes is a little common sense and some creativity at times.

There are a few common mistakes and misconceptions when it comes to skipping class. The first thing, without a doubt, biggest mistake someone could make when skipping class is using the same excuse on a professor more than once.

This may seem like an obvious “no,” but according to Professor Robert Scott, Communications professor, it happens more often than you think.

“I’m reminded of the student a few years back whose grandmother had died three times in the course of a single semester,” he said. “Now, I don’t teach biology, but this scenario is a little more unlikely.”

So, when you’re thinking about skipping class, don’t just use the same old “I’m sick” excuse, get a little creative and come up with something that’s a little more believable.

It’s amazing that we’ve come so far as a society in the ease of electronic communication, e-mail, isn’t used to its full potential, especially by students.

So one major “do” of skipping class is to email your professor ideally before the class you’re skipping. When you skip class and don’t email your professor, that tells them one thing: you don’t care. And if you’re thinking it doesn’t matter because you’re using an unexcused absence, think again.

When it gets towards the end of the semester and you’re looking for some extra credit or maybe an extension on a paper, you professor will remember.

“I always e-mail my professor class,” said Alexia Anatasio, junior, “but I wouldn’t go into much more detail just because it was unexcused.”

One scenario that no one wants to be put in is being seen by your professor on campus after you skipped class earlier in the day because you were “sick” and you’re in the state.”

Not only is this awkward, but your professor will probably believe another excuse you give them again and will cast you as a liar. Professor Scott said that everyone experiences this kind of scenario on a number of occasions.

The goal of the show led to the same two results. First, I corrected my records to reflect an unexcused absence—and second, I was less inclined to believe the student in future incursions.

Always, always make sure to read your syllabus. More specifically, know how many unexcused absences you have until your grade starts getting deducted.

It’s easy to skip class when you technically don’t need an excuse, but once your grade starts being threatened you better either have a good excuse or skip class for real.

Although some professors might be lenient when it comes to grading and attendance, others aren’t. “It is up to the student to take control over their life,” said Professor Andrew Demirjian, Communication Professor.

“Each situation will make the code of the points if not someone is there.”

So think about the next time you think about skipping class, think about your professor and how they’ll react.

Be sure to e-mail before hand, and for your sake, whatever you do, don’t be seen by your professor later in the day.

Unless, of course, you happen to be a master of disguise, and then by all means go for it.
FOR AMERICAN HORROR STORY

MMATTHEW FISHER
ENTERTAINMENT EDITOR

“I didn’t write this script. I lis-
tened to it,” writer/director Jim Hanon told the audi-
torium. The Little Town of Beth-
llem, a pilot episode of the new se-
ries, on Screen In Person, was the foun-
dation for this event. The film series con-
sists of two parts: In Person Series and In Person Series.

In the In Person Series, the film is presented in its entirety. The film is then followed by a Q & A with the filmmakers. In the In Person Series, the film is presented in its entirety. The film is then followed by a Q & A with the filmmakers.

Let’s be clear on one thing. “American Horror Story” is not in any way shape or form “Glee,” even though they do share cre-
sistency problems “Glee” does. “American Horror Story” is not a comedy, but a horror movie. “Glee” is a comedy, but a musical. “American Horror Story” is not a musical, but a horror movie. “Glee” is a musical, but a comedy.

What do you see is a haunted house with a creepy little girl, a creepy little girl, body parts in jars, and overdone music. The creepy little girl, body parts in jars, and overdone music are things that you see in “American Horror Story.”

The creepy new FX series, “American Horror Story,” which became an active and in-
demand region. Hanon showed how each has worked to promote peace and nonviolent demonstrations and organizations.

The Little Town of Beth-
llem is the first episode of the new series on Screen In Person. It was written and directed by Jim Hanon. The film was released in 2011 and the Harmons were buying the Victorian house they had sold to each other. The house was being controlled sometimes, it’s was tough to see the house from the outside. The house was tough to see the house from the outside. The house was tough to see the house from the outside.

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CRIMES OF THE HEART COMING TO WOODS THEATRE

Beth Henley’s Play Will Run November 9 to 20

NICKIE MASSABROOK
STAFF WRITER

If you ever took John Burke’s, Associate Professor and Director of Theatre, acting class, you probably heard a speech about happy and the hard time to remember that is when you’re said. Burke is directing this year’s play, Crimes of the Heart, is the scenic setting for their grandfather.

Burke is directing this play by Beth Henley about three sisters reuniting as their grandfather falls ill, will be directed by John Burke as this year’s fall play.

Sarah Clemency, one of the actresses to play Lenny, said that anyone can relate to the show. “I think that any student with siblings or who is close with their family will definitely be able to relate to this play. I’m not saying it’s just about those two things, but those are a big part. It really touches on how your family is all you have,” Clemency said.

“By doing a play like this, if the actors submerge themselves in that, they can learn how to deal with their own life.”

JOHN BURKE
Associate Professor and Director of Theatre Arts, Acting Class

“The excitement and hype the audience, in my opinion, to this show poses most could relate to. The main question that this show poses to the audience, in my opinion, is should your past dictate your present? Everyone has skeletons in their closet, but what if they were all exposed?”

Joel and his best friend, Shane (Jon Bernthal), who was not suicidal.

This story about the main character, Rick Grimes (played by Andrew Lincoln), has no idea that his wife Lori (Sarah Wayne Callies) had an affair with his best friend, Shane (Jon Bernthal), which seems to be a bit underlying opposition between the two. Even worse, Shane still wants to be with her.

Andrea (Laurie Holden), who at the beginning of season one lost her sister to the “walkers,” as the zombies are called, attempted to commit suicide by trying to stay behind at the Center for Disease Control and Prevention (CDC) when it blew up, but she was rescued by Dale (Jeffrey DeMunn), who was not ready for her to die. She holds some sort of resentment for Dale for saving her, and may still be suicidal.

Just before the CDC blew up, there were three, Dr. Ed- win Jenner (Noah Emmerich), told Rick something that was not one of the walking zombies.

The tension between characters was very high as they searched for So- phia Peletier (Madison Lintz), one of two kids in the group, who ran away from the group and into the woods after being chased by two walkers.

It was at this point, you felt like the group might fall apart if they discov- ered the girl had been killed or worse, turned to one of the walking zombies.

Each character was given enough of his or her own screen time in the episode to shine brightly enough to gain or lose our sympathy.

The story arcs for each charac- ter are so well proportioned that there was enough time to get a little bit for everyone in this spe- cial 90-minute premiere, sowing the seeds for future confronta- tions.

The great thing about this show is that no matter what happens between the characters, no mat- ter what they experience, there is always the looming threat that one of them could die at any mo- ment.

After the end of last season, it was announced that the show creator, executive producer, and director Frank Darabont was re- leased as “The Walking Dead” showrunner, despite the zombie show’s massive success with au- diences.

Season two’s premiere was his final episode as showrunner, and from the looks of things, getting rid of Darabont may have been a complete mistake. Still, future episodes may change this opin- ion.

Be that as it may, for his lack of involvement in the series may be diminished as the second season opener directs the series to bigger and better things. Hopefully, we can ex-pect a greater story, more one- on-one with the characters and, most importantly, a longer season.

So far, ratings for the first season two episode were quite high. According to EW.com, “Sunday’s season 2 premiere rolled up 7.3 million viewers. If you count the show’s repeat, that number climbs to 11 million.”

Thirteen episodes are slated for this season, which will run through November of this year.
HOMECOMING COURT NOMINEES FOR 2011

KING

MICHAEL CUNNINGHAM  JOEY CONTRERAS  ADAM SLOVER  KYLE HAGGERTY  JOHNATHON GOODMAN  TYLER BISCHOFF

JAMES VANDERVALK  NICK GRIMALDI  DEMANUAL EDMONDSON  CHRIS SPIRITO

QUEEN

NICOLE VITALE  MARY ANNE RICCA  SANDRA MEOLA  ELIZABETH RIMASSA  BECCA BAIER  SHELBY WHITEBREAD

SAMANTHA SCHAFFER  KIMBERLY ROSENBERG  ANGELA ROSA  NICOLE LEVY  STACI BURT

The elections will take place online though the Monmouth University email account from 12 noon on MONDAY, October 24 through 12 noon on WEDNESDAY, October 26. The winners of the Freshmen, Sophomore, and Junior and top three candidates for King and Queen elections will be announced at the Pep Rally. The winners of King and Queen will be announced at the Saturday football game.
HOMECOMING COURT NOMINEES FOR 2011

PRINCESS

ALISSA CATALANO  JOHNNA MALTER  LORI MUELLER  JESSICA GORDON  SAMANTHA HOPKINS  JESSICA CUREBELO

STEFANIA TATTOLI  ELENA JAMISON  STEPHANIE MAYER  MIA PRINKE

DUKEESS

GEENA BASSO  ERIN SMITH  KATHRYN DRANOFF  ASHLEY PACIFICO  KELLY CURCI  KRYSTEN ROSAMILLIA

DARLENE CURTIS  TESS LA FERA  AYA PIGNATELLO  KELLY CRAIG

LADY

ASHLEY SUPPA  SARA RIMASSA  LENA SUAREZ  QIYANA HILL  CAROLYN CIMUSZ  ALI TUAYHOV  AYLAL YILDIZ
HOMECOMING COURT NOMINEES FOR 2011

---

**PRINCE**

DAVE KUNZE  
ANDREW RODRIGUEZ  
JAKE MASVIDAL  
MARK COSENTINO  
ANTHONY GALBO  
OSCAR SANCHEZ JR.

**DUKE**

RYAN MURPHY  
NICK ROSSI  
LORENZO RUSSOMANNO  
PAT RYAN  
JOE DELLERA

**LORD**

THOMAS BEAUFORT  
JESSE LAURIA  
LAWRENCE CABREDO  
CHARLES PISIOTTA  
BEN BERRY
Monday, Oct 24
- Wear your favorite team jersey!
- Meet & Greet with the football team! 6 p.m
  Dining Hall: Reduced admission ($8 per person)

Tuesday, Oct 25
- Support your cause!
- Reserve a table on the SC patio, through SGA, to show support and educate others about your cause!

Wednesday, Oct 26
- Represent your club/organization!
  Wear your colors, letters, teams etc.

Thursday, Oct 27
- Show your class pride! Wear your class color!
- Freshmen- black    Sophomores- grey
  Juniors- white    Seniors- blue
- Visit the pirate table by Java City in the SC to win prizes!

Friday, Oct 28
- Pep Rally! Wear Blue & White!
- 6 p.m in the Mac
- Performances by: Pep Band, Cheerleaders, Dance Team
- Be ready to cheer on our very own Monmouth Football Team!

Homecoming
Saturday, Oct 29

Parade: 12 p.m
Game Begins: 1 p.m
The Outdoors Club took 47 students to Leigh River, Pennsylvania this past weekend for two days of hiking, camping and kayaking. The $139 value of the trip only cost $60 a student and covered a ride there, food, campsite fees, a Whitewater Rafters Challenge experience and 100 shots at a paintball range.

The Outdoors Club gathered in lot 18 early Friday morning at about 8:00 to load the bus in preparation for the weekend.

“We arrived at about 12:00 pm to cloudy skies and rain,” said Brett Gilmartin, junior. “But everyone was all smiles and excited to be there regardless of the weather. We knew it would clear up.”

Upon arriving, the club members immediately got to work unpacking the bus and setting up lunch.

To stay out of the rain and keep their gear dry, the club unpacked underneath a pavilion at the campsite.

According to Greg Cenicola, junior and secretary of the club, the rain cleared up after about three hours and the hiking began. The club decided to cancel the guide hike due to the rain and go off on another hike when it got clear after about 8:00 pm.

“After hopping a fence and running through a 200 yard pine tree field we finally got to the forest,” said Cenicola. He then went on to explain how they stumbled upon a trail and began trekking their way through the unfamiliar woods. The group stopped to climb trees, explore the woods and hop through streams. “About 40 minutes in, it began to torrential downpour. Most of us made our way back to camp but some kept hiking despite the rain.”

The group settled down for hot chocolate and dinner as the rain subsided. Tents were set up by this point along with a roaring campfire.

Gilmartin said, “We all just hung out by the fire enjoying the finally clear skies and each other’s company. It was real relaxing, some guys even decided to go off on another hike when it got later.”

“We left around 10:00 pm,” said Cenicola. “Myself, three other club members and advisor (Anthony) Jamison decided to hike to a state park and mountain that Jamison pulled up on his phone. We brought flashlights, utility knives and even a spear Steve (Steger, junior) carved out of a stick.”

The elite group of hikers climbed over dead trees, through a swamp and over a stream or two. “We traveled a total of five kilometers and got back to camp around 1:00 am. It was awesome.”

Saturday morning, the group went to a software engineer major, attended. “I heard about the trip through e-mails and posters on campus,” said Cerankowski. “I thought the trip was amazing and a great way to relieve stress. I definitely plan on going on the next one.”

The group was led by two guides from the Whitewater Rafters Challengers. Everyone was given a wet suit and the option to wear it. The guides immediately got to work setting up the kayaks.

Steger said, “It was a great day to take out the kayaks. The water was warm and the river was high from the rain fall from the night before.”

The group kayaked about 10 miles downriver, stopping only three times for lunch or the option to switch from a raft to a kayak. They played tag in the kayaks with their oars while drifting down the river. Those on the kayaks had some fun with the other club members and advisor on the rafts by spinning them in circles before the trip subsided.

This was the first Outdoors Club trip Ryan Cerankowski, junior, attended. “I heard about the trip through e-mails and posters on campus,” said Cerankowski. “I thought the trip was amazing and a great way to relieve stress. I definitely plan on going on the next one.”

Before the group made their way home they each got to shoot off 100 paintballs at the campgrounds shooting range as compensation for the cancelled hike. The club left around 6:00 pm and made it back to campus shortly after 9:00 pm.

Professor William Reynolds, advisor of the club, said, “Another amazing trip with some of the most adventurous young adults in NJ. Two days of rain, wind, thunder and heavy water did not slow us down.”

The Outdoors club frequently does day trips, hikes and beach clean ups, as well as surf trips with the recently absorbed surf club. The club is planning a hiking and camping trip in November, but the next big trip won’t be until spring. The Outdoors club meets at 1:30 pm on Wednesdays in room 132, Bey Hall.

WEST LONG BRANCH, NJ -- PRSSA will be hosting a VIP pre-game party Thursday, October 20, from 8:00 pm to 12:00 pm at the Draft House. Five dollar admission, free food and drink specials!

During the party, the half of Draft House will be roped off. To get in, attendees must pay five dollars. To catch the drink specials get there from 8:00 pm to 10:00 pm. Also, food will be provided by the Draft House from 9:00 pm to 10:00 pm. Take the rest of the time to dance, drink and hang out with friends.

All proceeds from the event will go to PRSSA. PRSSA strives to connect with its members and all other organizations of Monmouth University and its outside community. Recently, PRSSA has developed their own firm, Shadow PR. With this firm, they plan to acquire a clientele of Monmouth organizations and businesses from the outside communities.

Stay up to date with PRSSA events and services through their Facebook page by joining the group ‘PRSSA at Monmouth University’. For more information on Monmouth’s PRSSA Chapter please call 732-345-1186

Please call 732-345-1186

“Jerzday For Thursday” Pre-Game Party With the PRSSA

The Outdoors Club at Leigh River in Pennsylvania participated in a Whitewater Rafters Challenge, which included a guided kayak and raft tour 10 miles down the river.

“Jerzday For Thursday” Pre-Game Party With the PRSSA

Press release

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FREE DELIVERY TO ALL DORMS
Delta Phi Epsilon raised $1,100 at their annual lip sync contest to support their philanthropy, Anorexia Nervosa and Associated Disorders (ANAD). Eight acts performed.

Delta Phi Epsilon's lip sync consisted of performances by students who danced and performed to an array of different genres of music.

These performers, all trying to win the title of first place tried hard to win over the votes of the judges.

There were 11 judges at the event, Michael DonDiagio of Tau Kappa Epsilon, Danielle Roman of Zeta Tau Alpha, Louise Marinos of Sigma Pi, Kelly Delle Donne of Alpha Xi Delta, Joe Koenig of Theta Xi, Ketli Ercolano of Phi Sigma Sigma, Lauren Halton of Delta Phi Epsilon, Dayna Zeise of Alpha Sigma Tau, Brian Rentz of Sigma Tau Gamma, Bryan Foley of Phi Sigma Kappa and Devin Buck of Phi Kappa Psi.

The two hosts of the event were Marisa Meiskin of Delta Phi Epsilon and AJ Pappas of Sigma Pi. DJ Association of An- senior of Theta Xi, provided music.

Kate Muller, a junior in Delta Phi Epsilon who organized the event, said it had been tradi- tion to do our lip sync event in the fall and this year we decided to keep that tradition going. Muller also commented about their philanthropy and how close to the heart it was for their chap- ter. “The philanthropy we are fundraising for through this con- test is ANAD. As a chapter we are extremely passionate about this particular philanthropy be- cause it is an issue that many of our families and friends have dealt with.”

One active sister of Delta Phi Epsilon who struggles with an- orexia, said, “Being able to give back to a foundation that saved my life is truly one of the most rewarding and empowering things I could do, not only does it show my appreciation, but it shows how this foundation has helped me in so many different ways.”

According to the ANAD web- site this corporation promotes eating disorder awareness and advocates for the development of healthy attitudes, bodies and behaviors.

ANAD is a non-profit corpo- ration that seeks to prevent and alleviate the problems of eating disorders, especially anorexia nervosa, bulimia nervosa and binge eating disorder.

Caitlin Sweeney, freshman, said, “I honestly liked all the acts, it was a really good chance for people to get to know all of the sororities and fraternities especially for the people don’t know a lot about it!”

The two winners were the boys of Phi Kappa Psi who performed “The Fresh Prince of Bel-Air.” They won $50 to Chili’s and $10 to Junior’s.

Second place went to Sigma Pi with their performance of Ma- ron 5’s “Moves Like Jagger.” The second place team won a large pizza from Joe’s Pizzeria and $10 to Junior.

Third place prize went to the girls of Alpha Xi Delta with their performance of “I Love Rock and Roll.” The girls won a large pizza from Joe’s Pizzeria.

Tyler Havens, Assistant Di- rector of Student Activities for Fraaternity and Sorority Life said, “I think that anytime you have the opportunity to edu- cate just one person about your cause, or raise just one dollar for that cause you have a suc- cess story.”

Throughout the show, people were clapping, singing along and even dancing themselves.

“The event went very well,” said Muller, “I was happy with the turnout.”

Delta Phi Epsilon Hosts Annual Fall Lip Sync Competition

Members of Sigma Pi dance to “Moves Like Jagger” by Maroon 5. Sigma Pi took second place in the lip sync contest.
What is your dream career and why?

COMPILED BY: JACKLYN KOUEFATI

Christine  
senior  
“A math teacher because I like working with kids.”

Joe  
sophomore  
“A therapist because it makes me feel good when I help people.”

Emily  
sophomore  
“A high school English teacher because I’ve always wanted to be one.”

Kaitlyn  
junior  
“A psychologist because I want to help people with problems.”

Will  
sophomore  
“Living on a boat and doing research.”

Sarah  
sophomore  
“A photographer so I can travel the world.”

Micah  
sophomore  
“Owning a successful business to make something my own.”

Stephanie  
sophomore  
“To be on SNL so I can entertain people.”

Laura  
sophomore  
“An auto mechanic because I love cars.”

Nick  
sophomore  
“To be a CEO of a big company so I can make a lot of money.”

Seniors – What Can You Do With a Graduate Degree from FDU?

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FDU Graduate Open Houses

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Thursday, October 27 • 6 – 8 p.m.  
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Learn more at www.fdu.edu/admissions • 973-443-8905 (College at Florham) • 201-692-2554 (Metropolitan Campus)

Attention Veterans: FDU proudly participates in the Yellow Ribbon Program
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1:00pm-2:30pm
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Participation of Jean-Michel Cousteau supported by the Diane Gooch New Jersey Distinguished Lectures.
ATTENTION STUDENTS

In order to be on target to complete your degree requirements and graduate, the ORR urges you to apply for graduation no later than 1 year prior to your anticipated graduation date. By applying early, this affords you the opportunity to receive an official degree audit from the Registrar’s Office indicating if you are ‘anticipated complete’ with your registered courses. If you are not ‘anticipated complete’, having this additional time allows you the opportunity to register for any additional required courses or requirements.

Good luck with your coursework this semester!
The ORR

PLEASE TAKE NOTE OF THESE IMPORTANT DATES FOR THE JANUARY 2012 GRADUATION:

- **November 1, 2011**: Deadline to submit Graduation Applications through e-FORM’s
- **November 15th, 2011**: Deadline to submit any additional e-FORM’s requests (i.e. Substitutions, Waivers, Declare/Remove Minor, etc.)

**Please note: e-FORM requests received after the deadline dates will not be processed**

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Costumes•Masks•Make-up•Accessories•Decorations
Heroes That Have Animal Instincts

When it comes to animals in comic books, you can never be too careful. Throughout the Marvel and DC Universes, animals exist with amazing abilities who demonstrate as much courage and determination as their two-legged counterparts. Who wouldn’t want to be a superhero?

In the DC Universe, there are a number of examples of super animals like B’gg, a squirrel from outer space who is Green Lantern of Sector 1014. Another creature from the “Green Lantern” franchise is the Red Lantern. Dex-Starr. Dex-Starr was a common earth cat until the Red Lantern ring hooked onto their rage and turned them into a blood-thirsty animal that has made a name for itself. Dex-Starr was also a test subject for the rocket that Jor-El would later use to save his son from Krypton’s destruction. However, plans changed when Krypto’s ship veered off course and traveled through space until he reached Earth. There he reunited with his owner, a young Clark Kent/Superboy.

Since then, Krypto has been involved in crises like “Crisis on Infinite Earths” and “The Sinestro Corps War.” In a comicbookresources.com interview with Lemire before his previous “Superboy” series premiered, he expressed his intentions for this superdog. “Oh yeah, Krypto is the best. I love Krypto.

I think, and I’m not joking about this at all, I really want to write the first really great Krypto story. I want to give him a really serious and a really meaty character arc over the first year just as much as Conner,” Lemire said.

Beyond the mainstream DC Universe, Krypto also appeared in his own animated series and comic book miniseries, “Krypto the Superdog,” which was geared toward a younger audience. He was also joined by Streaky the Cat and Ace the Bat-Hound (Ace was also a featured character in the “Batman Beyond” animated series albeit more serious).

Now although Marvel Universe presents its comics in a more realistic light, that doesn’t mean their creatures act like regular animals.

One comic book miniseries, “Lockjaw and the Pet Avengers,” put the spotlight on certain Marvel animals. It included Lockjaw (the teleporting Inhuman canine), Hairball (Robbie Baldwin’s Speedball/Penance’s cat), Lockhead (Kitty Pryde’s purple dragon), Redwing (the Falcon’s falcon), Throg (a frog with Asgardian powers and the look of Thor), and Ms. Lion (from “Spider-Man and his Amazing Friends”).

The miniseries centered on these creatures working to find the Infinity gems. Another miniseries followed and was called “Lockjaw and the Pet Avengers Unleashed.” However, one go-getting talking animal that has made a name for himself in the cosmic corner of the Marvel U has been Rocket Raccoon. Simply a space raccoon that patrols the universe, this critter has come back to the mainstream universe courtesy of Dan Abnett and Andy Lanning’s epic “Annihilation” space miniseries and the short-lived revival of “Guardians of the Galaxy.” In fact, Rocket Raccoon’s presence had developed so well that a miniseries featuring him and his fellow Guardian, the Tree being Groot, was made. At the 2010 San Diego Comic-Con, Abnett and Lanning discussed why Rocket Raccoon and Groot are such interesting characters to write for. “They’re enormous fun to write because they’re funny, but one of the most interesting things about Rocket and Groot is writing them in a way where they’re also credible. There’s a reason for there being a talking raccoon and a talking tree, even in a universe where anything can happen. It’s giving them a context so they’re not cartoon characters, but proper creations,” Abnett said.

Now, just like Krypto and his animated series, Marvel also had their own kid-friendly talking animals series. However, this one featured a pig, Peter Porker, who was bitten by a radioactive spider and became Spider-Ham. It was created by Tom DeFalco and Mark Armstrong and published through the now defunct imprint, Star Comics. While Spider-Ham thrived for 17 issues, he would continue to appear in Marvel Comics like “Marvel Tales” and “Spider-Man Family” or one-shots such as “Ultimate Civil War: Spider-Ham One-Shot” written by J. Michael Straczynski. DeFalco even got to honor his co-creation one more time in July 2010 with “Spider-Ham: 25th Anniversary Special” #1. While talking to marvel.com on the eve of this anniversary, DeFalco said, “I recently wrote a few Swiney-Girl, the daughter of Spider-Ham, stORIES and had a blast. But Swiney-Girl may be seen as an alternate reality so I was anxious to return to the true Porker Universe.”

So, comic book readers, be aware the next time you see a dog, cat, or even a fish on the comics page because for all you know, these innocent creatures might just be a superhero in disguise.

Composting your food scraps returns nutrients to the foodchain. AND as a bonus, if left unattended, may produce your own neo-veggie manservant!..
Soccer Team Defeats FDU in Double Overtime, but Falls to Sacred Heart

MAGGIE ZELINKA CONTRIBUTING WRITER

Sometimes things are worth the wait. This statement proves to be true in the men’s soccer team’s latest game against Fairleigh Dickinson on Friday.

Monmouth immediately attempted to overcome their opponent early on in the game by keeping FDU’s side on the midfield. It was clearly seen that this early pressure began to intimidate FDU as they had six fouls by the 30 minute mark of the first half.

However, when the buzzer sounded to end the first overtime period, the score was still tied sending the game into overtime. Overtime is determined by sudden death.

Four minutes into the second overtime, sophomore midfielder Joseph Schmid single-handedly placed the ball perfectly behind FDU’s goalie to make the score 1-0 recording the team’s eighth shutout. “It was a good moment for the team,” Coach McCourt says about Schmid’s goal. “Winning the game in overtime at FDU was a big moment for sure.” At the end of play, Monmouth had taken 23 shots and Farleigh Dickinson had 13 shots.

“I thought the guys performed well and we just have to roll up our sleeves and focus on the next game now.”

ROBERT MCCOURT Head Coach

Football Team Ends Two Game Skid by Defeating Bryant 40-35

ED MORLOCK ASSOCIATE SPORTS EDITOR

The Hawks went on the road and picked up a win in a high scoring affair against Bryant, 40-35. The Hawks were looking to improve to 3-3 on the season, and 2-1 in NEC play.

Monmouth is now tied for third in the NEC. Albany and Duquesne are currently ahead of the Hawks. Both of these teams have to come into West Long Branch later in the season for games that could decide the winner of the conference.

The Blue and White opened up a large lead in the second half, 33-13 with three minutes remaining in the game. The Hawks had almost slipped away, but the Hawks made the plays they needed when the chips were down.

MU Head Coach Kevin Callahan said, “Early on we generated some positive momentum with the three turnovers and the safety.” He continued, “I think late in the third quarter it began to slip away from us but the players responded. I was really happy with the way the players stayed with it, fought and played hard.”

For the Hawks on offense, Julian Hayes and Neal Sterling had huge games. Hayes carried the ball a whopping 32 times for 89 yards and three touchdowns. Sterling tallied 11 catches for 102 yards and a fourth quarter touchdown to put the Hawks up 12 with only seven minutes remaining in the game.

Kyle Frazier also had a good day running the ball. Having only three carries, Frazier was able to gain 67 yards and a touchdown. Most of the yards came on a 50-yard run by the quarterback.

MU goalie Alex Blackburn recorded four saves for the game. The Hawks only had two offside calls against them in the complete regulation period.

Traveling to Fairfield, Connecticut, the Hawks prepared to face a 7-4-2 Sacred Heart team. The men did not fare as well and ended up losing a hard fought 1-0 decision. The loss dropped Monmouth’s record to 9-5 for the season.

This was a tough loss for Coach McCourt’s “shouting ‘don’t foul, don’t foul’” throughout the game. During the second half, neither team had complete control over the other but Sacred Heart managed to score the only goal of the game.

“We had a goal called back that we were disappointed in and we are also dealing with a lot of injuries. I thought the guys performed well and we just have to roll up our sleeves and focus on the next game now,” said McCourt.

With that said, the men plan to face Quinnipiac on Friday at home, where they will be looking to pick up a key conference victory.
Field Hockey Extends Winning Streak to Six Straight Games

GAVIN MAZZAGLIA / STAFF WRITER

The field hockey team added two more wins to their record this past weekend, improving to a record of 12-4-4.

O'Dwyer scored just 33 seconds into the game. Shortly thereafter, she took the hole and scored again, notchting her ninth of the season and the second goal of a field hockey doubleheader, a lot of work on the possession, setting up my opportunity to score," O'Dwyer said.

The Hawks were off to a very fast start, but Quinipiac responded only a few minutes later. Quinipiac's Kaitlyn Notarianni scored two consecutive goals, tying the game up at two. Both of her goals were assisted.

A run down for an hour or at halftime held the match up for a while, but the teams got back on the field doing "the right thing." With a delay, it can go one way or another, but it did let us regroup mentally and physically," Coach Carl Figlio said.

The game remained knotted at 1-1 until the 39th minute when Michelle Pieczynski received a pass from O'Dwyer, who then fired it into the back of the net. This proved to be the game winner. The Hawks went on to score their 11th victory of the season. The Hawks also dominated in shots on net, leading 27-10 in shots and 6-3 in corners.

On Sunday, the Hawks hosted Sacred Heart University. It was a quiet game overall, but Monmouth got on the board in the 19th minute when Michelle Pieczynski received a pass from O'Dwyer, who then fired it into the back of the net.

Monmouth's defense was a brick wall, only giving up one shot throughout the entire game for Sacred Heart. "Our defense has been really solid. We have been especially working hard during the week on drills as well as good communication," Figlio said.

This week, sophomore O'Dwyer received the NEC Player of the Week award. It was her first time receiving the award. It is also the fourth week in a row that a Monmouth field hockey player has received the honor. O'Dwyer racked up five points over the weekend, including two goals.

"It feels great. Our team is having a lot of fun," O'Dwyer explained.

Junior Pieczynski received the NEC Player of the Week for the past two weeks for her outstanding performance on the field. "It feels really good," Pieczynski said.

I'm so excited. I didn't really expect it at all. I have been working hard to get to the baseline very well, and I've been looking inside the circle for different scorers," Pieczynski said.

Hawks also dominated in shots on goal. Monmouth is now tied with Sacred Heart for 13th in the nation, with 163 shots and 109 shots allowed. Pieczynski has the most goals this season with 13. O'Dwyer has the most assists with 11. The Hawks are currently ranked 18th in the nation.

"MAC Madness" Set to Fire Up Fans for Upcoming Basketball Season

BRETT BOOMER / MANAGING EDITOR

With the fall athletic season more than halfway over, winter sports have finally taken the stage. November is set up for the upcoming season. This winter, the University will see the debut of two new head basketball coaches for both the men's and women's basketball teams. New head coach of the men's basketball team, Joe Brennan, comes from his time spent working at Sacred Heart University, while the new head coach of the women's basketball team is Seton Hall's Lauren Vanatta. When asked if the coaches will participate in any of the games, both coaches said that they would leave the coaching duties to the coaches that are already working on the field. "It feels really good," Pieczynski said.
Bruised, But Not Broken

The men’s soccer team has suffered from multiple injuries this season, but is still pulling out victories in the NEC.

Full Story on page 26

Also in Sports:
The Field Hockey team extends their winning streak to six by beating Sacred Heart 1-0.

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