Facebook Settlements Privacy Case with Federal Trade Commission

BRIAN HALISKE
STAFF WRITER

“It will be the practice of the University to report once every semester on situations that occurred on campus,” said President Paul G. Gaffney II in his mass email to the University community last week. Due to University policies and State and Federal laws, the memo will be reported once every semester, to prevent campus harassment and hate crimes.

Gaffney’s emol explained that “Monmouth University will not tolerate acts and expressions of disrespect or instances of interpersonal violence, relationship abuse, and cultural intolerance.” The memo also revealed that “during the spring semester there were two separate bias incidents reported regarding allegations of harassment, one verbal and one written, both toward sexual orientation. These matters have been investigated and have concluded at this time pending any further information that may be presented.”

SwoopThat.com: A New Chapter for Textbooks

COLIN SARGENT
STAFF WRITER

With this semester coming to an end, students are looking for the best way to cash in on their used textbooks and get new ones for the spring.

SwoopThat.com is an online service, now connected with over 2,100 colleges, and allows students to search the Internet for the cheapest prices for new, used, rental and digital textbooks.

“Monmouth University.” Once on the website, a student picks the semester they’re looking for, types in “Monmouth University.” Once they log on and begin by simply typing in their course schedule, the website will search multiple online vendors like Amazon, Barnes & Noble, and Half.com. After entering your course schedule, the website will search multiple online vendors like Amazon, Barnes & Noble, and Half.com.

SwoopThat.com has automated the whole process, so it’s worth it.

“I’m a big fan of cheap books, but I don’t think SwoopThat is accurate and the best choice for students.”

MEGAN MCCLUSKEY
STAFF WRITER

SwoopThat helps students to build shopping carts on the merchant’s website. The website allows students to save money. On average, students spend $900 per year on textbooks, and a lot of kids can’t go to school because textbook prices are so high as well. I wanted to automate the whole process, and bring textbook affordability to everyone,” said Simkin. SwoopThat has automated every bit of the process, down to a one-click checkout option allowing users to purchase all textbooks simultaneously. Users can also integrate shopping carts, which allows SwoopThat to build shopping carts on the merchant’s website.

The web site works similarly to an online university bookstore’s. Students can log on and begin by simply typing in “Monmouth University.” Once online, a student picks the semester they’re looking for, which departments, and which sections. After entering your course schedule, the website will search multiple online vendors like Amazon.
How the University Decorates for the Holidays

Tiffany Mattara  
Staff Writer

During the weeks of December, University staff and students alike admire the holiday decorations in Wilson Hall.

Before entering Wilson Hall, one is greeted by small reindeer next to the Annex and scarlet bows covering the grand staircases, and lit Christmas trees that all bear different decorations.

This year, complimenting the days leading up to the annual Holiday Ball, each Christmas tree emitted varying colors, some red, green and even a white one with peacocks bursting out. These trees were professionally decorated by Susan Mcgowan, Assistant Director of Student Activities. Moreover, many offices such as Residential Life and First-Year have gotten into the holiday spirit with small Christmas trees.

Students can see many of these decorations while walking the campus on their way to class and other activities. The only thing that makes me feel like it’s not the holidays is the lack of snow,” said Tess La Feria, a sophomore. “Wilson is gorgeous and I love what they do with it every year.”

“Overall the decorations are very nice, but they should have decorated the outside a bit more,” said Antho ny Morello, also a sophomore.

All decorations will remain in place until the end of winter break.

Letter From the President

Dear Students and Colleagues:

You have had a great semester. You, and we, have overcome challenges. But forget the challenges for a moment; look back on the semester, look back on your year. Reflect on your substantial accomplishments. Every one of you has a long list of successes about which to be happy and proud.

Go off now into the holiday break by congratulating yourself. Enjoy your time with family and friends. We will rejoin each other in 2012, ready to move forward again.

Linda and I wish you all a joyous holiday season.

Paul G. Gaftney II  
President

New Website Helps Students Find Affordable Textbooks

Books continued from pg. 1

The filters for buying books work just as well in reverse. Instead of finding the cheapest book, a user can see how much a book can be sold for and who is willing to pay which price. SwoopThat has been compared to Kayak, but for textbooks instead of travel packages. They are not selling the books, they are just providing the convenience and the information. In fact, the company runs solely on small commission made from each transaction, and gains no monetary benefit from the student exchange service.

“We wanted to provide a bookstore solution for students and a better service. Everyone, including myself, thinks of the bookstore as the enemy,” said Simkin. The truth is that bookstores only make a small profit, about 3.4 percent, from students’ purchases.

Another great thing we have to in-store. They’ll be able to see the online prices compared to in-store. They’ll be able to sell directly to the students, and make more money. It’s a great win-win situation for everybody involved,” said Simkin.

Megan McCluskey, textbook manager for the University’s bookstore, doesn’t agree. She has been following the site for about six months now, and doesn’t think they’re a threat yet.

“Anything that can get cheap books for students, I’m a fan of,” says McCluskey. “My problem is that SwoopThat isn’t accurate. When you pick up your schedules on there, the custom books we get for classes won’t show up. It says no textbook required.”

“The way they went about their business was under the radar, and other schools that are just learning about them are actually filing claims to have their information removed from their site,” said McCluskey.

McCluskey thinks students will be confused because SwoopThat’s interface is so similar to the University’s bookstore’s website. “Like I said, I’m a big fan of cheap books, but I don’t think SwoopThat is accurate and the best choice for students.”

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Fountain Gardens Residents Must Pay Fee to Stay During Break

JOANNA ZETARA
12/10/11

This winter break, the Fountain T.J. Graham, a sophomore, said he

"I think that is unfair that students have to pay a fee for staying in an apartment that they are already paying

for in their tuition," said Alex Fillimon, a senior living at Fountain Gardens. "I think there shouldn't be

a charge for staying in the complex during winter break."

"I think it is absolutely ridiculous. The apartments are not being used by anyone during break anyway. And we pay more money than it costs
to live in a house," Graham said. "We should be able to stay. I would have looked for a job if I had to choose, but I don't because I can't live in my apartment that I pay $7,600 per year to live in."

According to Eric Mochnacz, Area Coordinator for Off-Campus Housing, any student who decides to stay during winter break without paying the fee and filling a request form might be subjected to expulsion from the apartment complex. The reason for the fee at Foun-
tain Gardens is the type of lease that students agree to in order to reside at the apartment complex. According to Mochnacz, Fountain Gardens is the only University-sponsored off-campus housing complex out of the three oth-
ers that has a semester-by-semester lease. The other two have a month lease from September through May.

The Fountain Gardens complex costs $3,986 per semester. The Dip-

lomats cost $7,588 for both semes-
ters. The price difference between the two apartment complexes per school year is $416.

"We always try to improve stu-
dents' experiences off campus but we also try to be fair," said Jim Pillar, Associate Vice President of Student Services. "The Diplomats students are paying more for ultimately the same living conditions because it's a yearly lease. Fountain Gardens is semester-by-semester so we cut $400 out of the payment."

According to Mochnacz, the Of-

fice of Residential Life tries to keep the prices of off-campus housing affor-
dable for students by giving them multiple options. "The price range between the three complexes allows students to make the choice that is best for them financially," he said. "Part of the affordability of the Foun-
tain Gardens lies in the fact that it is a semester-to-semester lease."

University students who reside in the Fountain Gardens Apartments have to pay a $278 fee if they wish to stay during winter break. The Outlook

PHOTO CREDIT: JOANNA ZETARA

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According to Mochnacz, the Office of Residential Life tries to keep the prices of off-campus housing affordable for students by giving them multiple options. "The price range between the three complexes allows students to make the choice that is best for them financially," he said. "Part of the affordability of the Fountain Gardens lies in the fact that it is a semester-to-semester lease."

Facebook’s Privacy Settings Will Be Made More Secure

Facebook continued from pg. 1

significant way without getting your consent."

Harris also brings to attention how some users do not know how to properly use privacy settings on social media websites. "Some users put privacy on 'private' information out there for the world to see. Facebook has broadened horizons and reached so many more age barriers and budgets. Now it is more advanced, with more active users, more user-targeted advertisements, and facial recognition software. So Facebook might not be as safe as people think, even when we set privacy standards," said Harris.

Ed Christensen, Vice President for Information Management, said in many ways, "we're not socially or legally ready for this and this is a very com-
mon theme in technology he said. "Technology is introduced, the social system lags in terms of the way we handle that technology appropriate."

According to Harris, advertisers use Facebook as a medium for selling their messages or products due to the ease of finding consumers based to the interests users place on their profiles. "It is not coincidence that the strip of ads on the right hand side of the Facebook window match the interests of the user; nothing is by ac-
cidents in advertising. And whatever we choose to put on Facebook is not a special effect, even if we make our profile page," said Harris.

"I'm going to take a lot of infor-
mation that we've had on Facebook off. I've linked a lot of profiles like YouTube, LinkedIn and Twitter, and we say you are also using what inform-
ation they can go through other sites and possibly get information that way," said Brad Brown, junior.

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Christensen added that Facebook was not taking the necessary steps to maintain its growing community.

"This is not the best business for a social site that wants to encourage people to engage with each other. However, whether or not advertis-
ers being aware of user interest should become less of a concern as explicit in privacy is debatable. Users place their interests and hobbies on their profile and give advertisers geared toward what they would like to see less be a terrible thing. "I think this is one of the questions we need to think about. On the one hand, we all use Facebook in such a way that have relevance to us and that seems like a waste of time. So are we going to wait for the users to try to discover, private stuff, and have a profile that we're going to have to engage ad-
ters, or are we better off encountering advertising that is better suited to us? Such as with Amazon," said Phillips-Anderson. "It's just not a downside thing, but I think it's good for us to know how we're using our information so that we can choose which things to reveal."

Harris does not believe Facebook to consist of only negative, scandal-
ous issues. "Despite all the negative news out there surrounding Face-
book, it has encouraged some good to happen. For example, if a user has a question or needs an opinion, they can quickly post a status update and receive feedback from friends within minutes. You can message people and to keep in touch with people they may otherwise lose touch with. Overall, Facebook has helped people connect to each other quickly and virtually effortlessly," said Harris.

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Israel Ambassador to Deliver Commencement Address

Winter Commencement Ceremony to be Held at the MAC on January 13

PRESS RELEASE

Ambassador of Israel to the United States Michael Oren will deliver the Commencement Address to Monmouth University graduates at its winter Commencement ceremony and receive an honorary degree on Friday, January 13 at 1:30 pm at the Multipurpose Activity Center (MAC). The University will award approximately 650 undergraduate and graduate degrees. Harry S. Pozycki, chairman and founder of The Citizens Campaign, also will receive an honorary degree during the ceremony.

Ambassador Oren is a graduate of Princeton University and Columbia University, and has received fellowships from the U.S. Departments of State and Defense, and from the British and Canadian governments. Formerly, he was the Lady Davis Fellow of Hebrew University, a Moshe Dayan Fellow at Tel-Aviv University, and the Harry S. Truman Scholar. He has been a visiting professor at Harvard, Yale and Georgetown. Ambassador Oren has been a special commentator for major newspapers and is author of the bestselling books, Six Days of War: June 1967 and The Making of the Modern Middle East and Power, Faith, and Fantasy: America in the Middle East, 1776 to the Present. The University awarded Oren in New Jersey and moved to Israel in the 1970s. He acted as an Israeli Emissary to Jew-

ish refugees in the Soviet Union, as an advisor to Israel’s delegation to the United Nations and as the government’s director of Inter-Religious Affairs.

Harry Pozycki is the chairman and founder of The Citizens Campaign, a non-partisan volunteer civic empowerment group that teaches citizens that they don’t need to be elected officials to get things done. Pozycki also has authored several model municipal reforms for use by citizen leaders who have won their adoption in over 150 cities and towns. He was the University’s Public Servant in Residence in 2007 and 2008. In 2004, he developed New Jersey’s anti-pay-to-play law, which has been heralded as the strongest in the nation and has served as a model for laws adopted in Colorado, Connecticut, Illinois and Philadelphia. Mr. Pozycki also is the author of The Citizens’ Manual: Paths to Power for Regular Citizens. Previously, Mr. Pozycki brought all sides together to pass New Jersey’s Open Public Records Act which gives citizens access to government information so that they can build solutions without waiting for their elected representatives to act. Mr. Pozycki is a 1969 graduate of Brown University and holds a law degree from Fordham Law School. In 1973, he founded a law firm specializing in growth planning and environmental law. Mr. Pozycki is on Facebook and Twitter, and on the Internet at www.citizenscampaign.org.
Students Get Hands-on Experience in Business Class

JOHN HAREN

This fall, an elective class for the business major embarked on an endeavor that put classroom knowledge to use, and taught students critical skills that can only be learned through hands-on experience.

The entrepreneurship class, taught by Professor John Buzza, started a company called Total Quality Management. Attracting both Corporate America and stay-at-home mothers, TQM offers 24/7 monitoring of trucking drivers used for pleasure, municipal workers enjoying hidden cul-de-sacs for beauty sleep, and delivery drivers stopping home for lunch and a Sports Center update.

For families, TQM offers peace-of-mind over children who tend to wander at unexpected times. “Being aware of a child’s location can help at amusement parks, school trips and family vacations,” Buzza said. With TQM software capability readily available on a parent’s cell phone, sauntering children can be located within seconds, preventing any potential harm that could occur. The small devise that can be either clipped on a child’s pants or worn as a bracelet would have the mechanism for sending a signal to the cellphone or computer. TQM’s website shows these fashionable color bracelets along with startling statistics that highlight the importance of using child locating equipment in today’s unpredictable world. K-Vs can also sport a collar that holds the device, assuring owners a quick retrieval of their squirrel-chasing terrier.

But before arriving at this promising juncture in the company’s early start, students had to collectively pool their knowledge and experience through business inter- mediate coursework and team marketing the product, and in doing so we were able to obtain real-life experience through business interaction while being guided by a seasoned entrepreneur, Professor Buzza.

“I wanted my students to get the best experience in the business world,” Buzza said, “and as a result, they have learned skills that they can take with them the rest of their lives.”

Steve DeCarlo, a senior, is one of the students who has gained those skills and learned invaluable lessons in his involve- ment with TQM. “I have gained a stronger sense of determination because of this, and together I have proved my work ethic thoroughly,” deCarlo said. The pragmatic approach to starting a business is encapsulated in this course, and the experience has taught me fundamentals that will be critical to finding success in the future.”

STEVEN DECARLO
Senior Business Mayor

“The pragmatic approach to starting a business is encapsulated in this course, and the experience has taught me fundamentals that will be critical to finding success in the future.”

PHOTO COURTESY

STAFF WRITER

$33.08 Thanksgiving Drive Raises $1,543.28

PRESS RELEASE

As a way to kick off the holiday season, members of the First Year Service Project (FYSP) facilitated the second annual $33.08 monetary donation drive. First year students determined that it would take approximately $33.08 in order to buy a Thanksgiving meal with all of the essentials: a turkey, potatoes, green beans, stuffing, etc.

When starting the drive, the group of first year students set a goal of raising $500, which would feed around 15 families. However, with the support of campus offices, faculty, staff, students, organizations, and the First Year Seminar courses, the FYSP was able to raise $1,543.28, which is equivalent to feeding around 50 families.

Once the money was raised, the FYSP administrators and student coordinators purchased canned goods and Thanksgiving related food which was taken to Long Branch Middle School, which runs annual holiday food drives that benefit local families. The FYSP was also given the opportunity to assist specific fami- lies which were found through the Office of Service Learning and Community Programs here on campus. Any funds that were not used will be put towards undated related holiday drives in the area.

The FYSP would like to thank everyone who participated in this year’s $33.08 drive. First year students recognize that without the constant support of their peers, faculty, and staff, their objective to help local families during the holidays could not be fulfilled.

Student Coordinators (from left: Ryan Murphy, Shannen Wilson and Rachel Gunduz) who worked with the First Year Service Project shop- ping for Thanksgiving food with the fundraised money.

Memo to Prevent Crime and Harassment

Crime continued from pg. 1

is to clearly show any trends that may be taking place on campus. Crimes of this sort often indicate the need for education and training on a wide variety of topics including cultural diversity and respect for all members of the campus community,” McElrath said.

“There is really nothing a vic- tim can do to prevent harassment. To suggest a victim can somehow know when harassment begins is to suggest the victim may be doing something wrong. This is never the case in a bias or harassment type incident. I believe the best way to prevent bias and harassment type incidents is to educate the cam- pus community on tolerance; and to arrest and prosecute those who violate the laws in regard to these matters,” McElrath added.

Furthermore, McElrath com- mented on what MUPD is doing to increase protection on campus. The University Police are always working on new ways to im- prove campus safety whether it is through technology, education or deployment of personnel. Recent improvements to campus safety include surveillance cameras, card access systems and education in crime prevention.

“In light of the Penn State in- cident, the University recently conducted an educational session on the Clery Act which can all be found on the attached email. The University Police are always working on new ways to im- prove campus safety whether it is through technology, education or deployment of personnel. Recent improvements to campus safety include surveillance cameras, card access systems and education in crime prevention.

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John Williams, Director of Affirmative Action & Human Re- lations, also reviewed the Men and feels that “generally, the cam- pus is very safe.” He said the bene- fit to reporting once every four- ter is that we are “raising campus awareness of those issues and providing encouragement for peo- ple to report these incidents.” He advises that students should report any incident of harassment or hate crime, and stresses that the fact the University cannot respond if they do not know what’s going on.

“By not reporting an incident, you can leave it open to happen to someone else,” Williams said. Gaffney concluded, “Monmouth University values the diversity of our campus and is committed to sustaining an environment which is based on the principles of res- pect of self and others.” More- over, he asks that everyone review the Human Relations’ Philosophy Statement affirmation of Personal Harassment Policy, Bias/Hate Re- lated Incidents/Crimes Policy, and MacCrone Center and all be found on the attached email.

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Memo to Prevent Crime and Harassment

Crime continued from pg. 1

is to clearly show any trends that may be taking place on campus. Crimes of this sort often indicate the need for education and training on a wide variety of topics including cultural diversity and respect for all members of the campus community,” McElrath said.

“There is really nothing a vic- tim can do to prevent harassment. To suggest a victim can somehow know when harassment begins is to suggest the victim may be doing something wrong. This is never the case in a bias or harassment type incident. I believe the best way to prevent bias and harassment type incidents is to educate the cam- pus community on tolerance; and to arrest and prosecute those who violate the laws in regard to these matters,” McElrath added.

Furthermore, McElrath com- mented on what MUPD is doing to increase protection on campus. The University Police are always working on new ways to im- prove campus safety whether it is through technology, education or deployment of personnel. Recent improvements to campus safety include surveillance cameras, card access systems and education in crime prevention.

“In light of the Penn State in- cident, the University recently conducted an educational session on the Clery Act which can all be found on the attached email.

John Williams, Director of Affirmative Action & Human Re- lations, also reviewed the Men and feels that “generally, the cam- pus is very safe.” He said the bene-}
College life is nothing without dormitories and off-campus housing where students learn a great deal about independence. However, when coming close to the end of the semester, such freedom can feel like it is ending. While it stands to reason that some students are excited to go back home, other may have different reasons to stay and want to remain in their housing through the break until the following semester begins.

For the most part, this situation is geared more toward those living in off-campus housing than dormitories. Although there are some dormitories that have kitchens, those who live in off-campus housing, students are given more amenities, in addition to having a form of transportation. With dorms, it means more work for the University police to make sure everything is safe and sound at a time that’s generally void of students. If you have the accommodations to allow living off-campus and choosing to remain there, why should students have to depart?

For some students, this means taking a leave of absence from any employment they might have while on campus. If they are working at a store in the mall or a local business, they can earn money for books, clothes, and other necessities. In other words, this would mean leaving one job and search for another for only a few weeks. Staying in the area will allow students to continue writing work and then use that money for tuition, etc.

This financial issue is a key factor in slowing off-campus University sponsored housing to stay open for students when semesters are over. Today, it would be an understatement to say money is tight for everyone except the one percent. Therefore, if students travel far and wide to come to the University to study from places like Florida, California, or Nebraska to name a few, should they really have to spend more money to go back home only to leave a couple of weeks later? The University could maybe offer a price break here for students that live far away to pay a certain price for living during the year and then pay a smaller dividend during breaks. Who knows? This could be cheaper than having to buy a plane ticket back.

Keeping off-campus housing open for students during breaks should also be considered for international students that are not only acquiring an education at the campus but also gaining a taste of American culture. This could allow them the chance to explore their surroundings if they couldn’t be viewed while studying. However, this also ties with the proverbious reasoning that maybe it is easier to just stay on campus until classes begin than to venture back home and return at a later date.

Then again, for some, living in off-campus housing keeps them in a warm, safe place. If students don’t really have a place to return home, then staying in these houses can be extremely helpful. It gives them the chance to stay when they might not have where they came from and help set forth a plan for their own home in the future.

Of course, there is the opportunity to stay in dormitories for the University doesn’t offer its students the opportunity to stay in off-campus housing during breaks. Also, one has to do is get permission to remain in their housing when the semester is done. However, so many individuals might be submitting claims to stay during breaks that some get chosen over others. So, while it is difficult to leave, this isn’t to say that the University doesn’t recognize the few people the chance to have a sojourn in the area while classes are done. It can feel like playing the lottery with request to stay, not knowing if you’ll hit the jackpot or have to try again. Still, the fact is this is present for students they have to decide how to work around issues with housing.

Then again, sometimes, going the extra mile might mean paying a couple more dollars. For off-campus housing like Fountain Gardens, students can pay more to allow residency in the area during breaks. However, it here it feels like a commitment than a decision. It is like saying that you’ll see how things go instead of I’m willing to stay here. This goes for dormitories as well. According to the Office of Residential Life Guidebook 2010-2011, “Students staying during breaks may have to pay an additional housing fee, which will be applied to their student account. A supplemental housing contract must also be signed by students staying during any break period.”

However, one also can’t rule out the issue of insurance and students. Having students stay in housing off-campus might be sound with their own living utilities but it could cost more to make sure everything is running for them. Who’s to say that this is in the University’s best interest as well. According to the Office of Residential Life Guidebook 2010-2011, “Students staying during breaks may have to pay an additional housing fee, which will be applied to their student account. A supplemental housing contract must also be signed by students staying during any break period.”

Overall, we aren’t saying that students should want to say on campus during breaks. There are definitely many out there reading this who might have to work, sleep in their own beds, and get a nice helping of home-cooked meals but there are also many reasons why students should have the opportunity to live in off-campus housing when they aren’t writing term papers or studying textbooks. Although the University does work with students who choose to stay on campus during breaks, maybe more can be done for those who want to partake in off-campus housing during breaks.

The Outlook provides the Monmouth University community with information concerning issues in an open and the University while serving as a forum for expression of its readers. Contributions must be submitted (email outlook@monmouth.edu) by 12:00 pm Sundays to The Outlook office, 2nd floor, room 260, Plangere Center. All copy must include the author’s full name and contact information. The Outlook accepts articles and graphic material from students, faculty and administrators, and reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.
Stop Procrastinating... Starting Tomorrow

CHRISTINA HARTLE
CONTRIBUTING WRITER

Think you know what you’re eating? According to the USDA, in 2009, 93 percent of soy, 93 percent of corn, 91 percent of cotton, and 66 percent of peanuts grown in the U.S. were GMOs, genetically modified organisms. GMOs and genetically engineered foods have been created through techniques of biotechnology, agricultural engineering, genetic engineering, or GE.

This relatively new science allows these plants to be injected into another species in a laboratory, creating combinations of plant, animal, bacteria, and viral genes that do not occur in nature or through traditional crossbreeding methods. Surprised? Incredible isn’t it?

"Pesticide companies develop genetically engineered food crops by combining deoxyribonucleic acid (DNA) from plants, animals, bacteria and viruses, to create or resist pesticide, which results in more pesticides sold and sprayed," says Michael Hansen, Chief Scientist of Consumers Union. "Genetically engineered foods contain untested novel foreign compounds that can be detrimental to our health.

American consumers deserve the choice whether they want to eat GMOs. In 30 other countries around the world, including Australia, Japan, and all of the countries in the European Union, there are significant restrictions or outright bans on the production of GMOs because they are not proven to be safe.

On the US and the other hand, the FDA approved commercial production of GM foods based on studies conducted by the company who created them and profit from their sale. Surely the use of GMOs will continue, but we have a right to know what the bioengineered foods in the United States market today are as safe as their conventional counter-parts.

The FDA has found no evidence to indicate that DNA inserted into plants using biotechnology presents food safety problems. The FDA does not require labeling to indicate whether a food ingredient is a bioengineered product. It also does not require labeling to indicate which conventional breeding technique was used in developing a food product. According to an ABC News Poll, 93 percent of Americans say the federal government should require labels on food saying whether it’s been genetically engineered.

Surely the use of GMOs will continue, but we have a right to know what the bioengineered foods in the United States market today are as safe as their conventional counter-parts.

While you are eating one, the other is in the dark. We have a right to know what the bioengineered foods in the United States market today are as safe as their conventional counter-parts.

Look for non-GMO labeled foods and buy organic products instead.

Visit justlabel.org/takeaction if you want to sign the petition to tell the FDA to label our food.

All Good Things Come in Pairs

MARA MCDONNELL
CONTRIBUTING WRITER

I believe that twins share a bond deeper than any other relationship in this world. The entire experience of being a twin has promoted wonder, curiosity and what seemed like an obvious question - "do you like having a twin?" The truth is, I don’t know what it is like to have one, as this is the only life I have known. My unique circumstance has helped me live an interesting life.

Some people seem offended by the statement that "twins" are the closest of any set of siblings and often attempt to get defensive. I have heard statements that are so-endearing, such as "me and my sibling are only 13 months apart, we are just like twins." This is not accurate in my opinion. Actually, for us we have other siblings that are "close to our age" and from a first-hand experience, I can state that the bond is in no way, shape or form "the same!" How can any thing be compared with sharing the womb with someone for nine months? Being born minutes apart and having someone the same exact age as you, sharing every significant moment together for the rest of your life? How can this be compared with siblings who are months apart? Through photographs and memory enhancement from the stories told by my parents, the sharing started as soon as we came home. We were placed in a cradle together, where we are told that we used to steal each other’s pacifiers, cried, slept and ate at the same time. Rituals that “singleton siblings” do not get experience together, that we did - were our baptism, communion and confirmation, birthday’s, graduations, getting a driver’s license; this person is by your side through it all. That is just special in its own right.

As fraternal twins, our differences are not what separates us but what bonded us closer together. My twin and I are not a complete replica of each other, we are like black and white, hot and cold – we fall in what the other person lacks. Activities allowed us to engage in things that would not be common for our gender. I played baseball and basketball and he took ice-skating and gymnastic lessons. I was not a tomboy and he was not a “princess boy” - we merely just wanted to do everything together. And even though my twin and I experience activities and every significant moment together, but also every situation well– the chaos of puberty, relationship disappointments, and lossess. There was a time when I had a learning experience and guided us through the period of time where we are and what they want for themselves.

I know I can count on him for anything. Of course as in any relationship we have our moments and our ups and downs but I know that we will always love each other. If we are. I am fully aware that in time me and my twin will form new families and new relationships, but no matter what, the bond I have with my twin will never leave me. He will always be a special part of me. I believe that twins share a bond deeper than any other relationship in this world because I am in it!
The end of the world seems to be as insignificant as a trending topic on Twitter these days. Any crazy person can get on the news to alert the public that the end is near, and then he or she is made a mockery of everywhere and time is still in existence.

The 2009 John Cusak flick “2012” may have struck some fear into the hearts and minds of the non-believers. It made $166.1 million in the box office, but Hollywood produced blockbusters are merely for entertainment purposes, and not many people want to take them seriously.

However, according to the Mayan calendar, the world will end on December 21, 2012, but you can’t be too sure how credible the Mayans are. They couldn’t even predict their own extinction.

Ironically, Nostradamus, the famous French apothecary who lived during the 1500s, also predicted many of the world’s major events, hundreds of years before they occurred. In his writings, he seems to have foreseen the death of Princess Diana, the devastation of Hurricane Katrina, and the 9/11 attacks on the World Trade Center.

What if the predictions were real? What if in just one year from now, we hear about attacks on the World Trade Center. of Hurricane Katrina, and the 9/11 What if in just one year from now, we hear about attacks on the World Trade Center. of Hurricane Katrina, and the 9/11 What if in just one year from now, we hear about attacks on the World Trade Center. of Hurricane Katrina, and the 9/11 What if in just one year from now, we hear about attacks on the World Trade Center.

I don’t think we will stop worrying about the future because we live in this day and age, and technology is quickly advancing. We have the power to change the world. We can help those who are in need and bring peace to the world.

I believe that the end of the world will come, but it will not be the end of the world as we know it. The world will continue to exist, but it will be a different world. We will have to adapt to the changes and find new ways to live.

I think that the world will not end, but we will have to make changes to the way we live. We need to think about the future and what we want to achieve. We need to work together to make the world a better place.

Therefore, the end of the world will not be the end of humanity. We will continue to exist, but we will have to adapt to the changes and find new ways to live.
Wherever You Go, Go With All Your Heart

SANDRA MEOLA
POLITICS EDITOR

Here’s where politics gets a little mushy, gushy, and cliché. Who knew, right? The first thing Professor Morano taught me on the first day of Intro to Journalism was “journalists are story tellers…” so here’s mine:

I first came to college afraid of change. Terrified was a close second. I had made the move from high school to college, but I was still the same old person, so I felt like I was going to waste. It was a good run. I hope I’ve proven that all the money you spent on my tuition didn’t go to waste. It was a good run.

I remember coming to college and being so proud of you. I remember being so sure that I was a nutcase. I remember taking every single class that caught my eye and realizing that my involvement in something I cared about so strongly would not be as awesome as it is today if it wasn’t for you. All your hard work, numerous late-nights, pinching Brett, and excessive drinking (of stress tea) really paid off. I’m not saying goodbye to you because I know we’ll be friends until we’re crazy old ladies. Brett, I could write a whole book documenting our lives over the past three years we’ve known each other. I remember the first day I met you thinking you seemed like such a sweet, innocent freshman. That was short lived. I would have never thought that I would be the one taking care of you on your 21st birthday. From then on, every story and the jokes and heart-to-hearts we’ve had, I wouldn’t have it any other way. You are by far one of the funniest people I’ve ever met and I’m so thankful to call you one of my best friends. You’re a huge reason why the staff is as close as we are today. Although wildly inappropriate, you always know how to make everyone laugh (except Jenna). I’ll miss you so much but I have full confidence that you will thrive next year.

Anthony aka Formal Date aka Pending Husband, I know you’re the most uptight that I won’t be returning next semester. I’m going to miss seeing your face through the window, your feet up and a paper in your hand when I come into the office. Remember that time in public policy…anyway. Joanna, I’ll never forget the special night in Los Angeles. When I think of you, a lot comes to mind: making a human pyramid during the blackout and working the Open House together freshman year, running out of a party and hiding for a solid half hour when a cop car was nowhere in sight, being escorted into Level Three in L.A., counting down the New Year together, and trekking through the woods in Ray’s backyard. You really are an amazing person and I know you’re going to be so successful. Don’t forget about New Jersey!

Jenna, you’re a rock star. I still have to come over for your cooking. Have fun with Brett and Nick next year! Ha.

Matt, thanks for always giving me story ideas. You’re the only one on staff who likes watching the news as much as I do. Don’t be too stressed next year! You’re great at what you do. Amanda, Chris Netta, and Mar-tyna- an overwhelming thank you for being the BEST grad assistants, mentors, and friends.

Nick, in the short time I’ve known you, all I can say is you’re grown on me. Whenever I think of the Grinch, I’ll think of you.

Jackie, you’ve taken on not only one section, but two this semester and have done an amazing job in the short amount of time you’ve been here so far. Keep up the good work!

Kelly and Matt, you two are fantastic and huge assets to the paper. Thanks for making us such a better paper.

A special thanks to Frank aka Cupcake for throwing me into an editor position when I had no idea what I wanted to do. You’ve given me the most valuable advice I ever could have received.

Sandy, thank you so much for always keeping the office in line and always being there for us when we needed you. You really are appreciated so much by all of us.

Evelyn, you’re the best and so wise when it comes to relationship advice, especially your bus stop theory!

Professor Morano, thanks for the great story suggestions and always being so helpful. You got the ball rolling for me and I’m glad I ran with it. Without you, I don’t know how to pretend to be a communication major.

Ray, thank you for your comic relief and peppiness on slow days. Finally, thank you to everyone who has read and enjoyed the section.

Being a part of The Outlook staff wasn’t just something I was putting time into to add to my resume. It became a second home, a group of friends, and a safe haven to expand my experience of not only politics and journalism, but also how to work with people. I consider the experience a lucky one.

It’s safe to say that I wholeheartedly enjoyed these past four years. I really don’t think I would have changed a thing. I found my niche. From starting out as a shy and awkward freshman, I stepped out of my comfort zone and joined a sorority filled with some of the most amazing girls I know, completed an internship that influenced me towards my career path, and studied abroad in Italy, allowing me to find a passion so strong, I didn’t know how I found the capability of feeling.

And of course, I joined The Outlook, a place where you can hear the same jokes a million times and still can’t help but laugh. So here’s to the past. But more importantly here’s to us and our futures. Chris, I now leave the pages of politics in your hands. Be the best you can be. Love you all. Toodles.
The Resurrection of Newt Gingrich

DEREK DELUCA

December 14, 2011

News of Newt Gingrich has been exploding over the past few months. Gingrich was a major force in America's political life and was the architect of the Republican Revolution in 1994 that jolted the country and made him a powerhouse in two houses of Congress.

Now he is running for the Republican Party nomination for President of the United States, currently head-to-head with Mitt Romney.

In 1979, Gingrich resigned his first post for political office as the Republican candidate for Georgia's 6th congressional district, which stretched from the suburbs of Atlanta to the state's southwest.

He nearly defeated 20-year incumbent Democrat Jack Flynt, losing by only 100 votes. In 1982, Gingrich defeated Flynt by nine points. Flynt decided to retire instead of facing Gingrich again.

However, many university students know Gingrich as the former Speaker of the House. His accomplishments while in office included offering a balanced federal budget, tax reform, streamlining the collection of votes, and providing protection from human error affecting the counting process. The current electoral system is a vehicle that democracy is preserved, and the national-popular electoral system is a vehicle that democracy is preserved and is used to elect the executive branch of the federal government.

One vote. One value. It is a simple concept which has been foreign to the Republic where one vote counts for less than another. The first vote is, therefore, one person's vote from those seven states would count the same as three people's votes from the same three people's votes from Florida.

Do people in Wyoming know something that Floridians don't? It is not clear why more people voted for the Republican candidate from Wyoming, instead of a candidate for state and regional office who was running against the same three people's votes from Florida.

The vote of a hard working single mother Cain, has roughly 170,000 each, voters tend to support Ron Paul. Thus, the national-popular electoral system could be said to have been a disaster for the presidential campaign of Newt Gingrich.

Newt Gingrich, former Speaker of the House, is now head-to-head with Mitt Romney.

CANDIDATE ON THE MOVE

Dr. Kenneth Mitchell of the Political Science Department, said, “I suspect neither candidate [Gingrich or Romney], polls well with young voters. Neither offers an attractive message to young voters. Among Republican Party primary voters, young voters tend to support Ron Paul. Thus I am not sure social media presents an advantage for Newt or Mitt, although it is a doubt said Paul’s campaign.

According to CNN, former President Clinton recently described Gingrich as, “creative, flexible, and brimming over with new ideas.” Clinton said, “I think he’s doing well just because he’s thinking, and people are hungry for ideas that make some sense. He’s being rewarded for thinking.”

The Republican Party is anything but institutional obstructing true democracy, but in reality it protects citizens and states from abuses that would most likely plague a national-popular voting system. It guarantees that no one state will addressees will address an issue important to all American citizens, not just the ones in New York or California.

It also maintains the essential balance of power between states that constitutes equal representation in the electoral process. Our system also streamlines the collection of votes and provides protection from human error by keeping the amount of votes possible to a minimum. The vote of a hard working single mother Cain, has roughly 170,000 each, voters tend to support Ron Paul. Thus, the national-popular electoral system could be said to have been a disaster for the presidential campaign of Newt Gingrich.
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INFORMATION SESSIONS

Wednesday, January 11, 1 - 3 p.m.
Multipurpose Activity Center (MAC), 3rd Floor

Wednesday, February 8, 6 - 8 p.m.
Multipurpose Activity Center (MAC), 3rd Floor

www.monmouth.edu/GR_infosession
If you were stranded on a deserted island, what two items would you want with you?

COMPiled BY: JAcLYn KOUEfATI

“A compass and a chart.”

“A phone and a boat.”

“A blanket and a water bottle.”

“A cell phone and an airplane.”

“A friend and my cell phone.”

“A blanket and a water bottle.”

“My dog and a lighter.”

“A match and a map.”

“A friend and my cell phone.”

HELP US COLLECT CASH WITH BOOKS YOU HAVE THAT ONLY COLLECT DUST!

BOOK DRIVE TO BENEFIT RELAY FOR LIFE
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We’re accepting all books in reusable condition.

Our Book Drop Off Bin is located in the Plangere Lobby.

Call today for a pick up of ten or more books.
Contact Diane McQuay at ext. 3449 for details.

No matter why you take part in Relay, one thing is clear: with every step you take, you are helping the American Cancer Society save lives.
With your help, we aren’t just fighting one type of cancer – we’re fighting for every birthday threatened by every cancer in every community.

Help us help others celebrate more birthdays!

...still desperate for a cure
How to See the World Before 65

**JENNA INTERSOMNE SENIOR EDITOR**

In my closet, I will not find a sparkly Juicy Couture handbag or chic Moschino dress. Michael Kors. You won’t find leather Coach wallets or Gucci sunglasses. But instead, you might find an old purple suitcase, and an old purple suitcase, and some wall postcards.

This is because I would much rather spend my hard-earned cash on wall trips for Paris, the Bahamas, or Oslo than being in the same web site all the time. Use many of the same web sites like Travelocity.com, “While they may be a great tool and starting point and find more info on the web. This is also helpful when you hit a new city. It costs $28 each way. It is a great way to get $28 of gas at the Exxon on Second Avenue.

Even with an $8.25 hourly wage, it is still possible to see the world while you save enough to enjoy it. That is, if you know when to save and when to spend as you go about planning your next big excursion. If you’re planning a big trip across the pond, a travel agent is a great tool and starting point that can offer to their clients. This is especially true if you are a travel agent for the trip, as they offer a lot of perks that are not advertised or offered by the airlines. Also, you have to gear up for something extra when traveling and what you can save on.

Another thing that you can save on is city tours. How many times have you sat through a boring, unenthusiastic tour by a kid about your age? It’s much more fun (not to mention time-efficient) to give yourself your own tour. “From dusk until dawn,” a guidebook, consistently given five stars by Amazon.com users, cost about $17.95. No need to book a trip of an average New York Tours’ guided walking tour is about $100 per person. Who wants to be doing a bus tour of a bunch of third-graders anyway?

Everybody likes getting a new outfit, Finding a pair of sky-high t-shirts, cheap jewelry, and cute jeans for $10. But I won’t be doing your wallet, and your friends, a favor if you scram and try to throw together some handwritten postcards with what you’ve been up to. Not to mention the cost of only $4. Postcards are much friendlier and personal than yet another shot glass.

Postcards will cost under five dollars for quite a few, while souvenirs will cost more than 10 percent and it will take you up to six weeks to receive, in your bag when it’s time to journy back home.

Donna Roth, frequent recipient of postcards from my travels, said, “Getting postcards makes me smile and laugh and they’re something I hold on to as the years pass, while souvenirs tend to be kind of useless. I just collect dust in my house.”

Sometimes when looking for gifts, going to trips and seeing what the world has to offer can seem like an impossible dream in the face of tuition, rent, and bills.

However, if you do a little research before you embark with your travel agent and think outside the box, you can make some great deals, you’ll have much more to show for your summer than a pile of tan bags at the closet.

**ANTHONY SALVATORE TRAVEL EDITOR**

The city of Madrid is a place that not many people will be able to experience in their lifetimes.

“Stress is basically a disconnection from Earth, a forgetting of the matter. Stress is an ignorant state. It believes that everything is an emergency. Nothing is that important. Just lie down.”

**NATALIE GOLDBERG Author and Artist of Zen**

**CASY REDD STAFF WRITER**

**MARA MCINERNEY CONTRIBUTING WRITER**

Remaining calm in a stressful situation is a task many people find difficult. For the past four years, I have been a full-time student who has maintained a high enough GPA to qualify for a scholarship. Maintaining my GPA is important to my scholarship and to keep my scholarship while juggling a part-time job. Engaging in stress relief techniques can become a hobby for me - from exercising to different presentations to my overall performance at work. Eventually, I will likely move on from my current field of employment.

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Don’t Stress Over the Little Things

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Keeping Cool in the Cold

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Inexpensive Gift Ideas for the Holidays

Bullying is an issue that many schools struggle with. While it may not always be at the forefront of our minds, it is something that needs to be addressed and dealt with. The Outlook recently spoke with Mara Mcinerney, staff writer, about her experience with bullying. She explained, “I was bullied for a year, and it was very hard. Senior Kara Donnelly confirms Mcinerney’s statement, as she too had a difficult experience with bullying. Donnelly stated, “I was bullied because of my shoes were designer bags.”

According to Mara Mcinerney, it is important to understand the effects of bullying and how it affects those who are bullied. She explained, “I feel that our fundamental freedoms will be infringed upon.”

Additionally, Mara Mcinerney had some advice for those who may be struggling with bullying. She stated, “I observed classmates being bullied because their shoes were not of the latest trend. Bullying issues are rampant in schools.”

Schools need to devise programs that will sensitize and train teachers how to recognize and prevent bullying. Students need training on how to protect themselves and ask for an adult’s guidance if they are a target. A 2009 study found that four-fifths of students had suffered bullying, and 17 percent had received death threats.

At the conclusion of this article, several ethical dilemmas arose. If society starts to impose ideas that the way one dresses, acts, speaks and gestures will be wrong, will we lose our freedom? I feel that our fundamental freedoms will be infringed upon.

According to the Equalities and Human Rights Commission, “two thirds of lesbian, gay and transgender students have suffered bullying, and 17 percent had received death threats.”

A lifecycle analysis conducted by EWG that took into account the production and distribution of 20 common agricultural products found that red meat such as beef and lamb is responsible for 30 to 40 times as many greenhouse gases as common vegetables and grains.

Livestock are typically corn, soybean meal and other grains which have to be grown using large amounts of fertilizer, fuel, pesticides, water and land. EWG estimates that growing livestock feed in the U.S. alone requires 167 million pounds of pesticides and 17.1 billion pounds of nitrogen fertilizer each year across 149 million acres of cropland.

The process generates copious amounts of nitrous oxide, a greenhouse gas 306 times more potent than carbon dioxide, while the output of methane, another greenhouse gas, is estimated to generate 20 percent of overall U.S. methane emissions.

“If all the grain currently fed to livestock in the United States were consumed directly by people,” EWG’s senior livestock specialist, David Pimentel of Cornell University’s College of Agriculture and Life Sciences, said, “it would feed 70 million people for a year.”

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Additionally, I observed friends who lived in poor areas who were bullied because they had designer bags. I observed classmates being bullied because their shoes were not of the latest trend. Bullying issues are rampant in schools.

Schools need to devise programs that will sensitize and train teachers how to recognize and prevent bullying. Students need training on how to protect themselves and ask for an adult’s guidance if they are a target. Overall, offering education around the issue of bullying will be beneficial because it will open ones frame of reference and universally make everyone more mindful.
The University Concert Chorus performed “Gloria” and “Mary, Go Tell It” at the annual “Season’s Greetings” holiday concert. Their act was one of many musical performances at the seasonal event.

The Harmonic Joules then did an a capella version of “Carol of the Bells.” The “Harmonic Joules were my favorite performers of the night,” said Dave Leiman, a resident of Aberdeen and family friend of one of the students performing. “The way they did ‘Baby It’s Cold Outside’ was something I’ve never heard before, and they seemed to have a lot of fun with it.”

The University Concert Chorus then took the stage, dressed in their navy blue robes under the direction of Tripold and accompanied on piano by his wife, Maggie. The choir’s sweet voices filled the halls of Wilson as they graciously went through dynamics in “Gloria” and “Mary, Go Tell It!” with a gospel swing tone that showed their heavenly talent. There was a little break for a kitchy tune at times, it’s impossible not to have some fun.

5. “Gazillion Bubble Show”

“Gazillion Bubble Show” has never produced a title more accurate. As soon as you hear “Gazillion Bubble Show” begins, you can only be described as a gazillion bubbles engulfs the theater. One single performer on stage uses a variety of methods to make different kinds of bubbles. Some stick together, some light up, some are filled with smoke, and some can as big as your dorm room. Don’t think that they stay on stage, though, as all these bubbles drift into the crowd (and are really fun to pop). There’s also another slightly smaller bubble show with lasers that will leave you in awe.

Additionally, “Gazillion” is the only show with the “adorable factor”—as the performer frequently picks children up and spins them around to the delight of all ages.

The only one of this fun and exciting shows anyone can see and will leave you feeling like a little kid again.
**Fans Enjoyed “A Winter Night” with Martin Sexton’s Music**

NICOLE MASSABRICK \ STAFF WRITER

Musician Martin Sexton filled Poncho Theater with his bluesy folk rock this past Friday, December 9. His set, entitled “A Winter Night,” was a low-key affair that featured Sexton and his guitar.

The Boston native has been a recording artist for the better part of 20 years and has released full-length albums and an EP due out in January.

Sexton greeted the audience when he first arrived with, “Good evening, brothers and sisters,” and right away the audience could feel his hipster vibe.

Anyone who wasn’t a Sexton fan might have felt a little out of place, which sometimes makes it a little hard to understand the lyrics. It just seemed really strange and it didn’t work quite as well. Use of nonsense syllables in songs, which doesn’t work right away the audience could feel his hipster vibe.

Sexton incorporated beatboxing into his mix, too, which sort of odd but he managed to make it work. He also included scatting, the use of nonsense syllables in songs, which didn’t work quite as well. It just seemed really strange and sometimes made it sound like he was in pain. Sexton also doesn’t really pronounce when he sings, which sometimes makes it a little hard to understand the lyrics.

It was a bit of a relief when Sexton covered Buffalo Springfield’s “Stop Children What’s That Sound” because all of his originals were starting to sound the same. Surprisingly, Sexton’s opening act was much more appealing. Chris Trapper is a charismatic folk rocker and Buffalo NY native. His songs, like Sexton’s, all tell a story.

Yet, unlike Sexton, he was present on all of his songs with a funny anecdote. Trapper played a song that got him a Grammy nomination and was written while he was in eighteen when he was on the soundtrack track for August Rush. He played another tune called “Here All Along,” the recorded version of which features Rob Thomas of Matchbox Twenty. The one love song Trapper played caused many couples in the audience to become affectionate.

Most concertgoers seemed very pleased with the performance. McCourt of Wenonah, NJ has been a fan of Sexton for about five years and has gone to many of his events. McCourt said, “I think his music is just amazing, beautiful. He tells a story” in his songs.

Kathy Darmot of Brad- ley Beach really enjoyed Sexton’s voice as well. “I just think the different variations in the way he sings.”

Sexton even had fans plan a birthday trip to New Jersey from Florida around this concert. Jeff Cohen brought his wife Arlene to the concert as a birthday surprise. Cohen said that he enjoyed Sexton’s encore, when he played “Blue Christmas” and “Amazing Grace,” the most. “[The encore] was like a great meal where they say nahr, we’ll skip dessert,” but they give you just a taste. It was great,” Cohen said.

BRETT BODNER \ MANAGING EDITOR

Well, 2011 has been quite the year from a musical standpoint. There have been numerous new bands that have broken into the mainstream, successful bands who have continued their success, and old bands that have made valiant returns.

Considering there are only a few weeks left in 2011, now would be a good time to list what you can consider to be the top five albums of the year.

1. Foo Fighters – Wasting Light

Hands down the best album of the year and I do not believe any other album this year will top it. Wasting Light was easily the bands best release since The Colour and the Shape and it was released back in 1997.

The band went back to their old rock roots, releasing great hard rock songs like “Bridge Burning,” “Suckerpunch, Walk,” and “These Days.” The Foo Fighters also had an old friend help contribute on vocals. Former Nirvana bassist Krist Novaselic collaborating with the group on “I Should Have Known.” It was nice to see him and Dave Grohl back together again.

It is hard to find a song that is not listenable on this record, which is why it is easily the number one album of 2011.

2. Blink-182 – Neighborhoods

After a six-year hiatus, Blink-182 finally returned to the music scene and released their highly anticipated album Neighborhoods this past September. The idea behind the name of the album was that all three members (Mark Hoppus, Tom DeLonge, and Travis Barker) had all taken their talents to different areas of the music world since they were last together for an album back in 2003. The album does not disappoint, as there are several strong tracks on the album. “After Midnight,” “Ghosts on the Dance Floor,” “Snakecharmer,” and more. You’ve got to listen to the album with an open mind, you’ll be suprised.

This album is far from the old pop-punk Blink-182, but to see how they’ve grown musically, I would have to say that most who listen will be very satisfied.

3. The Wonder Years – Suburbia I’ve Given You All, Now I Am Nothing

Arguably one of the best lesser known bands around, the pop-punk band The Wonder Years is so close to breaking through and making it big.

Dan “Sousy” Campbell writes deep lyrics that any person can relate to, especially on a college level. Songs include themes like leaving home, starting over, and dealing with an overall theme of growing up. With songs like “Came Out Swinging,” “Local Man Ruins Everything,” “Don’t Let Me Cave In,” and “Coffee Eyes,” The Wonder Years have that talent to become mainstream.

New Found Glory, Blink-182, and Sun 41 were all pop-punk bands who have had mainstream success, and with this album, The Wonder Years could be taking strides to get on that level.

4. Jay-Z and Kanye West – Watch the Throne

To add a little diversity to my top five albums, I figured now would be a good time to mention one of the best rap releases of the year. How can this album not be good, when it combines the talents of two of the best rappers around today in Jay-Z and Kanye West.

The two complement each other terrifically and it makes for quite the listening experience. Some notable tracks to listen off the album are “Otis” (which has a guest track from Otis Redding), “N*Ys” in Paris, “Gotta Have It,” and “I Feel Mother**er Alive.”

5. Drake – Take Care

In one of the most anticipated releases of the year, Drake released his second studio album, Take Care, on November 15. The album has already had much success with radio hits like “Headlines” and “Make Me Proud,” which features Nicki Minaj. It’s only a matter of time before more songs off this album become hits. “We’ll Be Fine,” “The Motto” (feat. Lil Wayne), and a slow song featuring Rihanna called “On to the Next One” are tunes that have great prom- ise and top 40 radio station play written all songs to be performed.

Drake definitely took a step forward in his career and Take Care makes for a great listen, no matter what kind of music you are into.

As 2012 slowly approaches, one can only expect there to be even more great new music released in the new year. Time will tell, but for now we say farewell to 2011 and enjoy what is currently playing.
Just the Winter Blues... or Something More?
The Symptoms and Treatment of Seasonal Affective Disorder

MICHELLE CALLAS
STAFF WRITER

As cold weather closes in, the winter chill blankets the campus. With less hours of sunshine and more indoor activities, some people are prone to the winter blues. Not everyone who experiences the blues can come out of it so easily. In some cases, depression can last all season long. Seasonal affective disorder (SAD) is a depression that occurs at the same time every year. It can zap your energy and cause sadness, according to Thomas McCarthy, a psychological counselor at the University.

SAD has several symptoms similar to depression but there are a few that make it distinctly different. Everyone experiences a random depressive mood differently. McCarthy said a person's appetite can either increase or decrease and sleep patterns can be affected by too much sleep or sleeplessness. “For seasonal affective disorder, it seems there is an increased sleep, especially during the day, and an increased appetite rather than a decreased appetite.”

Other symptoms of SAD include depression, hopelessness, anxiety, loss of energy, social withdrawal, oversleeping and loss of interest, according to the Mayo Clinic. McCarthy said these symptoms are common and that usually it affects their functioning to a certain extent whether it be socially, occupationally, or school. McCarthy said, “If you're not getting enjoyment out of things you would normally enjoy, or withdrawing from friends and your mood has significantly changed, you should probably go talk to someone.”

Although the winter blues may seem common, SAD is not. In McCarthy’s five years of working at the University, he has only seen four cases that were diagnosed as SAD. “The majority of depressive incidences that I see really is a depressive episode rather than SAD,” McCarthy said. “It does happen, you do see it, but in my experience here it's more rare than some of the other disorders.”

There is no known cause of SAD but the biological clock, serotonin levels, and melanin levels may contribute to depression symptoms, according to the Mayo Clinic. The change in sunlight hours can affect a person's sleep pattern, add to depression, and affect serotonin, a brain chemical that controls the mood. The hormone melanin, which controls sleep patterns and mood, also affects seasonal changes, also affects sleep patterns and mood.

McCarthy recommends taking long walks to expose yourself to more sunlight in the winter months. He also said exercise can help and one should not isolate from friends and family regardless of the urge to do so. Doing these things on your own will not help with mood and functioning.

There are several ways to treat SAD including phototherapy (also known as light therapy), light therapy. “Medication in conjunction with CBT is effective,” McCarthy said. The best way to fight the depression is to start treatment early as winter approaches. If medication is used the mood should begin to improve in October because it can take four to six weeks to become effective.

“Light therapy can improve depression in severe cases, although the lights can be expensive. Lights that can be replaced are sometimes appropriate. They emit UV light similar to tanning beds. Some people may feel improved moods after using tanning beds for this reason.”

Even though feeling depressed can be a struggle, SAD does not last. “At the end of winter as you’re moving into spring, with or without treatment, the symptoms start to subside anyway,” McCarthy said. With a clinical depression, the symptoms do not improve with the seasonal changes.

SAD is more common in women than men and can begin during the teen and early adult years. McCarthy said there can also be a genetic component. Finding exact statistics of how many people are affected proved difficult. McCarthy estimates that about two percent of people suffer from SAD and five percent are affected by clinical depression.

According to the Mayo Clinic, winter is not the only season suffering from depression. SAD occurs in the winter when students are home on break, but their office will help find a referral near a student’s home so that treatment can continue.

The University’s counseling services offer help to students from graduation. SAD occurs in the winter when students are home on break, but their office will help find a referral near a student’s home so that treatment can continue.

Students can contact counseling services by phone, walk-in, or email at mucounseling@monmouth.edu.

PHOTO COURTESY of Colin Sargent

PHOTO COURTESY of cnn.com

Life is Short, Live Spontaneously While You Still Can

COLIN SARGENT
STAFF WRITER

I was raised very different from most kids my age and many kids being raised today.

I came from a small, close-knit family, with working parents who hired nannies, and an unstructured environment. I was raised Protestant, went to church on Sundays, and went to a Catholic high school.

Then, when I was a eight-years-old, my mother was diagnosed with breast cancer. For nine years following, I watched my mother struggle, conquer, and then struggle again with the disease.

When I was 17-years-old, my mother finally lost her battle with cancer. At the time, I was a senior in high school, struggling with graduating, finding a college, figuring out who I was, and who I was going to become.

Her death left a gaping hole in my life.

I began doing things, good and bad alike, to take away the pain and make me happy, if only for even the slightest moment. I was struggling, learning to contend with difficulties, trying to figure out what was going on.

An event like this makes you question almost everything. Why me? Why my family? What happens now? Even before my mother’s death, I questioned most things, especially religion and values. I still do today.

No, I am not an Atheist, I am not without morals, but I do not believe in much. I lost faith in people after my mother’s death because it brought out the worst in people, friends and family alike. I lost faith in spirituality because it did not heal the wounds and it did not bring me comfort in my mother’s death.

It is eight years after her death, and I am still searching for things to believe in. What I believe in, and have found the most comfort in, is my personal freedom. A freedom which my mother’s death helped me to achieve.

I live frivolously now because I know I will not be able to afford it when I am finished with college. I go on vacations now because there won’t be a reason when I am working and starting a family.

How many people my age can say they have been to Mardi Gras in New Orleans, run a half-marathon, went sky diving, and survived the DayGlow Paint Party?  

Personal Loss Will Set You Free

Mardi Gras is one of the many things that Colin Sargent has set out to experience in his motto to live frivolously while he still can.
Recently, astronomers have reported the discovery of one of the biggest black holes found in the universe. One of these gargantuans, observed from the Hubble Space Telescope, has a mass of about 21 million times more than that of our sun and is distanced at an incredible 336 million light-years (about two million trillion miles) away, according to the New York Times. The results of their work can shed some major light on black holes and their forces, said, “It’s amazing how the universe can be analyzed on a grand and atomic scale, and yet we have no clue what it’s trying to explain to us. These giant black holes are awe-inspiring and bewildering. It just goes to show that we don’t have a clue as to what’s next.”

To better understand what black holes are, imagine a massive star that is about nine to 20 times the mass of the sun. When this star finally matures, the remnant core is about three times the mass of the star. If that remnant, when it stops fusing and stops having an outward pressure, has enough density, it will cause a supernova and release a sublime shock wave that can be seen by the universe. The star will then condense into what is known as a neutron star.

Stars that are the size of the sun will collapse into white dwarfs, which are roughly the size of Earth. The pressure that prevents these stars from collapsing further is known as the electron degeneracy pressure, where their atoms are being squeezed so much that the electrons actually create a cushion, preventing the atoms from being squeezed any further. Sounds hard, yet when the pressure gets large enough, the magnitude of force per unit area reaches a level so high that it actually overcomes the electron degeneracy pressure, causing the white dwarf to become denser and denser until it collapses. When this happens, a black hole is formed.

Once the star has collapsed, it eventually becomes a point of infinite mass density. The sphere around that singularity is called the event horizon. At the event horizon, the gravitational force is so strong that even light cannot escape. This is the point of no return, where no matter what happens, nothing can escape. The event horizon is shrinking all the time, and the star is slowly imploding. If the object has enough mass, it will become a black hole.”

According to NASA, the existence of black holes is widely accepted by the scientific community, yet their origin is still a mystery. Some scientists believe that black holes form when stars collapse and their gravity becomes so strong that nothing, not even light, can escape. Others believe that black holes are remnants of the Big Bang, the moment when the universe was created.

Black holes are classified into three categories: stellar black holes, supermassive black holes, and intermediate black holes. Stellar black holes form when stars collapse under their own gravity, while supermassive black holes are found at the centers of galaxies. Intermediate black holes are hypothesized to exist as the gravitational force in areas of higher densities that pulled together massive stars, creating black holes.

Theoretical physicists suggest that the universe is comprised of an infinite number of black holes, from the smallest to the largest. Some scientists believe that black holes are the gateways to other dimensions, while others believe that they are the source of dark matter and dark energy.

Shivam Patel, a sophomore biology major, feels that “the discovery of black holes is a fascinating topic, and it has opened up new avenues of research.”

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The Use of Genetically Modified Organisms in Our Food

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features

Nana Bonsu

Now inhabited by nearly seven billion people, the environment is constantly facing human activity that negatively contributes to the environment. However, there are plenty of ways people can become more environmentally aware and do more to better sustain the planet.

According to improving-healthandenergy.com, the term “green living” refers to “any actions or activities that result in a positive impact on the environment so that the planet can continue to support future generations.” In order to live green, people simply need to make better choices in their daily lives, such as “choosing paper napkins, plastic silverware, and paper plates,” said Stunkel. “Recycling should be required by law wherever and however it can be done,” Stunkel said. “Recycling must be accompanied by reduction of other life forms, or oceans being acidified or overfished, hundreds of species that hold the ecosystem together, and the earth become extinct and my own life and its prospects are diminished.”

In an effort to better preserve the planet and the environment, there are many simple things that people can do every day which require little to no effort. For example, earthtrends.org suggests activities as simple as turning off the water while brushing one’s teeth, running the dishwasher and washing machine only when full, and repairing leaky faucets. Water is vital to the survival of both people and ecosystems, making conservation a top priority for those who endorse green living. For example, one drop of water from a leaky faucet per second wastes 20 gallons of water per day.

Energy conservation is also important. From the type of light bulbs people buy to the way they insulate their homes, much can be done in an effort to save energy. Minute tasks such as changing the type of light bulb one uses or unplugging unused electronics or appliances can save a lot of energy per year. According to earthtrends.org, despite the higher cost, “compact fluorescent bulbs save money in the long run by using only one quarter of the energy of an ordinary light bulb and lasting eight to 12 times longer.”

Stunkel said, “We must be aware and informed of the impact humans and modern industrial civilization are inflicting on nature; we consume too much, produce too much waste, destroy whole ecosystems with development, and assume that physical growth can go on indefinitely without grave consequences.”

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Business Fraternity Welcome to Campus

Alpha Kappa Psi Successfully Passes Fraternal Exam

To become chartered, officially recognized as a social organization on campus, fraternities and sororities need a minimum of 40 members to pass the fraternal exam and complete the interview process conducted by nationals. The University welcomed the Psi Iota pledge class of the Alpha Kappa Psi Business Fraternity on Saturday, December 3.

The members of Alpha Kappa Psi successfully passed the fraternal exam on Saturday, November 26. The interviews took place on Saturday, December 3 in the Club Dining Room, next to Magill Commons, from 8:00 am to 5:00 pm. Forty-four members of Alpha Kappa Psi took the exam, and all 44 passed. All but one pledge member was inducted into the fraternity because they missed the induction ceremony.

Alpha Kappa Psi is a co-ed business fraternity, but students of any major are allowed to join. Since Alpha Kappa Psi is not a social fraternity, there are some members of Alpha Kappa Psi who are also involved in other social fraternities and sororities.

“We will be looking for range in the upcoming semester in pledges are people who are well rounded, and can contribute to our fraternity and what we have built,” said Christian Klein, Alphakappa Psi Junior. “It was a seven month long process bringing this fraternity to the University.

Fourty-four members of Alpha Kappa Psi took the fraternal exam on November 26 and all 44 passed.

Bracelets were sold for two dollars and all the profits went to a local soup kitchen, Soup D’Shore located in Long Branch. The sale raised $1,229 and the soup kitchen was able to use the money to buy food for Thanksgiving.

Fourty-four members of Alpha Kappa Psi took the fraternal exam on November 26 and all 44 passed.

PHOTO COURTESY of Alexis Orlacchio

Running Club

Happy Holidays to all members of the great new Running Club on campus as well as to the entire cross country and track & field team.

Put the time in to ace those finals, but make time to sleep well, eat well and work out. You will feel better and function much better if you do.

All the best, Coach Joe Compagni

Outdoors Club

The Outdoors Club would like to wish everyone a fun and safe winter break.

Make sure not to let the cold weather discourage you from getting outside and having some fun! Trips for the spring semester will be discussed after break.

Happy Holidays and good luck on finals.

Alpha Xi Delta

The sister’s of Alpha Xi Delta would like to wish everyone good luck on their finals as well as a safe and fun winter break.

Happy Holidays!

Economics and Finance Club

The Economics and Finance Club will be meeting every Wednesday at 2:30 pm in Bey Hall, room 231.

Students can check out our website for further information as well as our calendar of events at muefc.wordpress.com.

Catholic Centre

Sunday Mass (last Mass of semester 12/18)
7 PM in Wilson Chapel

Daily Mass (last Mass of semester 12/23)
Tuesdays & Wednesdays at 12 PM in Wilson Chapel

Eucharistic Adoration (ends 12/15)
Thursdays at 12 PM in Wilson Chapel

Study Nights (food served)
All week nights during finals at the CC

Christmas Party
Sunday, Dec. 18 at 8 PM at the CC
(angel gifts due)

www.mucatholic.org on Facebook
Monmouth University Catholic Centre
16 Beechwood Avenue, West Long Branch, 732-229-9300
Gate to our house is located in the rear corner of Lot 4
next to the Health Center

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ATTENTION: FINANCIAL AID STUDENTS

If you have had a Federal Direct Subsidized/Unsubsidized Stafford Loan and will be graduating in January 2012 and have not yet completed your Exit Loan Counseling please go to: https://www.studentloans.gov.

If your graduation date is incorrect, please contact the Financial Aid Office at (732) 571-3463 or via e-mail at dorsey@monmouth.edu, or you may visit us in person in Wilson Hall, Room 108.
Ashley Corea
Contributing Writer

The University communication- al design/social change classes are required as part of their separate curriculums, to take Small Group Communication, such as SO-320-50/CO-320-50. These classes focus on developing and understanding skills necessary for successful communication in groups.

To foster practical use of tech- niques learned, the class must form groups and facilitate a group service project in which they are required to work with an existing local organization to create an event on campus fundraising events.

The SO-320-50/CO-320-50 as a whole had three different groups, all of which chose to link up with local food banks and or- ganizations in order to organize their own unique can and food collection efforts.

The Monmouth University Food Drivers, worked with the Monmouth and Ocean County Food Bank, which is located in Neptune, NJ. As part of their effort to give back to the com- munity they organized an on- campus collection event called a “Can Scram.” This “Can Scram” consisted of getting dorm- to-dorm, door-to-door and ask- ing for donations from students.

Although students were in- formed ahead of time of the groups intended visit through e- mail, social media and on- campus advertising, there was still an element of surprise. This element proved beneficial as students did not hesitate to hand over their Easy Mac, Ramen Noodles, and Chef Scram” consisted of going dorm- to-dorm, door-to-door and ask- ing for donations from students.

Scram consisted of going dorm- to-dorm, door-to-door and ask- ing for donations from students.

According to group member Milliann Abrams is a senior psychology major and member of this group. She works directly with the organization and is a bridge between social media and the health of the people of Cité de Soleil, they also work as humanitarians too. They have partnered with a non-governmental organization (NGO) whose sole purpose is to help reduce poverty in Haiti, in particular Cité de Soleil. In pursuit of this mission, the Lamp organization looks to solve any problem within their power and prevent that problem from occurring again.

LAMP for Haiti operates primarily in the slum of Cité de Soleil located in the Port au Prince metropolitan area. Cité de Soleil is regarded by many as the poorest slum in the western hemisphere, in particular Cité de Soleil. In pursuit of this mission, the Lamp organization looks to solve any problem within their power and prevent that problem from occurring again.

LAMP for Haiti: Please Support the LAMP for Haiti Organization

PRESS RELEASE

Many people realize that the citizens of Haiti are suffering after the earthquake struck the country just under two years ago, but not many people realize how bad the situation was before the earthquake, and still is, and how they can help. LAMP for Haiti is an organization whose sole objective is to help the people of Haiti obtain a better quality of life.

LAMP for Haiti helps the people of Haiti in many ways. Recently LAMP has helped treat the cholera outbreak that hit Haiti in 2010, and through their efforts they have brought in a Reverse Osmosis (RO) machine that purifies the contaminated water that caused the outbreak. The organization also runs a medical clinic that is staffed by paid Haitian LAMP team members who treat 700 patients a month. At the clinic they treat many diseases that are common in Cité de Soleil such as TB, HIV/AIDS, STIs, diarrhoeal and respiratory illness, and they also provide HIV and syphilis tests.

The organization is not limited just helping the health of the people of Cité de Soleil, they also work as humanitarians too. They have partnered with a neighboring school and through donations they made it possible for children to attend that school and receive a daily meal for a year for just $220, and prior to the elections in 2010 they provided “election education” to the citizens of the slum so that the citizens could make a more mindful decision as to who they voted for.

LAMP for Haiti is an apolitical, nonsectarian humanitarian organization, founded in 2006 by Thomas Griffin, Esq. and James Morgan, MD. It is a non-profit, Non-Governmental Organization (NGO) whose sole purpose is to help reduce poverty in Haiti, in particular Cité de Soleil. In pursuit of this mission, the Lamp organization looks to solve any problem within their power and prevent that problem from occurring again.

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You could prop up your Ping-Pong table.

Or, get up to 70% back for your used textbooks.
Believe it or not, even comic books like to get into the holiday spirit. From short stories to reinventions of familiar tales, comic book creators work hard to bring season greetings to fans.

One of the first holiday specials to hit the stands for the holiday spec-
ial 2011.” Now this isn’t the first time Marvel has produced a spe-
cial-sprin of stories around Christmas time. Characters from Spider-Man, the Hulk, and the X-Men have been featured in these tales, fighting trouble while preparing for the holidays.

According to spider-fan.org, “In the early 90’s, Marvel started running a ‘Marvel holiday Special’21, featuring a few Christmas-style stories. That ran out of steam after a half-dozen issues, but they started up again in 2004 and have carried on ever since.”

In addition to print publication, “Marvel Holiday Special 2011” was also offered to fans online as a four-d

“Marvel Holiday Special 2011,” one of the stories involves Wolverine playing hockey (issue #1). Another has Spider-Man in pursuit of a criminal on Christmas Eve (issue #2). There’s also the thing where they use the time he has his holiday meal interrupted by some-powered trouble (issue #4). These stories are a nice break from the heavy melodrama prevalent throughout the year.

While Marvel is busy having fun with their special, things are a bit more serious at DC Comics. Their holiday book in the spotlight this year, “Batman: Noel” by superstar artist Lee Bermejo (who was also written about in last week’s column regarding “Lex Luthor: Man of Steel” and “Joker”). Unlike his previous work, in this original graphic novel Bermejo takes up duties as both writer and artist.

“Batman: Noel” places the Caped Crusader in Ebenezer Scrooge’s shoes from Charles Dickens’s “A Christmas Carol,” as Batman confronts his past, present, and future around Christmas time. Along the way, spirits in the form of characters like Superman and Catwoman visit Batman to discuss his life as Gotham’s crime fighter.

While talking to comicbookresources.com about “Batman: Noel,” Bermejo explained why “A Christmas Carol” could easily be placed in Batman’s world and how this interpretation is unique. He said, “I think everybody’s familiar with ‘A Christmas Carol’ at this point, but the great thing about that – and I think the reason for that – is that thematically it’s got something universal. I thought DC’s holiday book for 2011, it isn’t the only time they’ve published a book centering on and/or celebrating holidays. Just like the “Marvel Holiday Special” one-shots, DC has printed stories featuring heroes like Superman and Wonder Woman in the “DC Universe Holiday Special” series.

While there isn’t one this year, “DC Universe Holiday Special 2010” featured a Thanksgiving story with Superman and even a Hanukkah tale with bounty hunter Jonah Hex searching for the person that murdered a rabbi. Un-

“I think everybody’s familiar with ‘A Christmas Carol’ at this point, but the great thing about that – and I think the reason for that – is that thematically it’s got something universal. I thought DC’s holiday book for 2011, it isn’t the only time they’ve published a book centering on and/or celebrating holidays. Just like the “Marvel Holiday Special” one-shots, DC has printed stories featuring heroes like Superman and Wonder Woman in the “DC Universe Holiday Special” series.

While there isn’t one this year, “DC Universe Holiday Special 2010” featured a Thanksgiving story with Superman and even a Hanukkah tale with bounty hunter Jonah Hex searching for the person that murdered a rabbi. Unlike Marvel, DC’s specials tend to cover all holidays around this time of year rather than just the major December festivals.

The last comic book to discuss is Bongo Comics’ “The Simpsons Winter Wingding”. It’s an annual book that comes out around November/December to celebrate the holidays.

This isn’t the only “Simpsons” book that celebrates seasons or holidays like Marvel’s “Holiday Special 2011.” One of the first holiday specials that published an annual special (”The Simpsons Universe Holiday Special” series). Their “DC Universe Holiday Special” series. And after a mail-order mix-up, Homer’s Christmas gifts to the family get delivered to different residences throughout Springfield – with surprising results!

The site also mentions a story featuring Grandpa Simpson telling another of his wacky stories and Bart shoveling snow to make money. Overall, “Simpsons” fans can rest assured this lovable yet goofy family will keep them laughing page after page.

While movies and TV produce new holiday stories yearly, these comics show that there are just as many exciting and fun tales to be read dealing with heroes or animated families.

Happy Holidays, everyone!
Ed Morlock
Associate Sports Editor

After starting the season 0-8, the Hawks have put together a two-game winning streak. They defeated Navy on the road and are leading Fordham at home for Head Coach King Rice’s first game at the MAC.

“I’m really proud of my kids. I’ve been telling them that this was going to get very fun at some point during the season. I did not know when, but I knew it would,” said Rice. “But if you look at the kids out on the court, you can tell that they have fun tonight. They worked their tails off but they had fun playing basketball!”

Hawks’ guard Jesse Steele has energized the team in the two wins. Against Navy, the junior guard from Milford, New Jersey scored 20 points and added five assists in 23 minutes on the floor. Worth Smith, Jordan Brickman, and Jordan Sugars joined him in scoring in double figures.

The Hawks put together a strong team effort Saturday night against Fordham. There was a good crowd at the MAC, and the team didn’t disappoint. The Hawks jumped out to an early double-digit lead and never looked back.

“The energy in the building was so high, I pumped us up,” said Steele. “We just came out and put our best foot forward, and we just kept going.”

Five Hawks scored in double figures in the game. Myers Keitt,king was able to make a basket pulled senior forward, Gena Broadus, the scoreboard in the first half. The lead did not last long; the Peahens from Canady. The Hawks’ board. quickly put their name on the basketball but after that, the Hawks’ competition was pretty much the women’s win while Canady Martin contributed 21 points in the win. The senior guard from Willingboro, New Jersey played an aggressive style of defense, never letting the Fordham point guard get comfortable. Campbell only played 15 minutes in the game, but he disrupted the opponent’s offense and didn’t allow them to set up their plays. He also contributed four rebounds and three assists.

Chris Gaston tallied a double-double for Fordham. He scored 21 points, shooting 39% from the field. He also grabbed 10 rebounds in 38 minutes of play. Marvin Dominique and Brian Smith also scored in double figures.

Fordham fell to 4-4 on the season after the loss to Monmouth.

Women’s Basketball Team Wins Home Opener Over Fordham

Maggie Zelinka
Staff Writer

The women’s basketball team defeated the St. Peter’s College Peahens this past Saturday at the Multi-purpose Athletic Center (MAC) with a final score of 73-64. The women went into the game with a 2-6 record, following a 82-69 loss to St. Francis (Pa.) last Monday night, while St. Peter’s was sporting a 0-8 record for the 2011 season.

The women were led by junior forward Abby Martin and senior guard Alexis Canady. Martin contributed 17 points in the win. The two colleges.

As the teams were walking off the court after the loss to Monmouth.

“I know deep down that I can play with anyone in the country, so I go out there with confidence every single time.”

Will Campbell played a large role in this game that won’t be noticed on the stat sheet. The senior guard from Willingboro, New Jersey played an aggressive style of defense, never letting the Fordham point guard get comfortable. Campbell only played 15 minutes in the game, but he disrupted the opponent’s offense and didn’t allow them to set up their plays. He also contributed four rebounds and three assists.

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KING RICE
Head Coach

“We can take all the credit we want but it’s about the city, it’s about the kids, it’s about the community, and its about the university.”

Tillotson had a season high 12 points in the game, and he was one of five Hawks in double figures.

The Blue and White still find themselves tied for last in the Northeast Conference (NEC). After two games against NEC opponents, MU is wireless. The team will not have a chance to improve their conference record until they host Mount St. Mary’s on January 5.

The next home game for the Hawks is Thursday, December 22 against Rider.

In the mean time, the Hawks will travel to Piscataway, NJ to take on Rutgers at the Rutgers Athletic Center.

Freshman Austin Tillotson drives to the net in the Hawks 80-65 victory over Fordham on Saturday night. Tillotson had a season high 12 points in the game, and he was one of five Hawks in double figures.

King Rice’s first game at the MAC.

The Hawks put together a strong team effort Saturday night against Fordham. There was a good crowd at the MAC, and the team didn’t disappoint. The Hawks jumped out to an early double-digit lead and never looked back.

“The energy in the building was so high, I pumped us up,” said Steele. “We just came out and put our best foot forward, and we just kept going.”

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Getting to Know the Ice Hawks

DARIA DELUCCIA
STAFF WRITER

Even though the Ice Hawks are not on the athletics’ page like most of the other Hawk teams, does not mean that they are not an equal part of University’s athletics program. Because many University’s and colleges in this area do not have a hockey team, club teams are set up offering the same rules and high expectations as any other sport. After not seeing much information regarding the University’s hockey team, I felt they deserved a fair shot to be recognized just as equally as any other team.

The teams 25 game season is off to a rocky start so far. With a 5-11 record in the Mid-Atlantic Collegiate Hockey Association they are remaining hopeful for the rest of the season. After being on the team for a few years already, senior captains Patrick Lynch and Sean Rohan described how much they enjoyed being a part of the team for those years.

With a new coach, a new locker room, and new jerseys, the University’s Ice Hawks say they are only looking up for the future of the team. Their new coach Steven Rittenger previously coached The Wildcats junior team in the Easter Junior Hockey League. “He’s awesome,” described freshman assistant captain Kyle McKenna. “He’s slowly but surely turning the program around.”

The tight knit team of 24 players compare themselves as being just as close with one another as a band of fraternity brothers would be. Just one example of the teams’ closeness is portrayed through their annual winter flag football game. The team is divided into two teams after the two captains, Lynch and Rohan, conduct a draft. This event is something that brings the team closer together after working hard the entire season.

If the relationship that the three players I interviewed was any indication of what the whole was like together, then it is quite obvious they truly are like a brotherhood. With nothing but positive things to say about each other, Lynch described his fellow teammate and co-captain as the “heart of the team,” and as the “playmaker.”

As each player gave me an insight to what their team is like, neither of them was shy or hesitant to boast about their fellow players achievements and abilities. McKenna, or “Mickey” as his teammates call him, was awarded with player of the week this season. He is also the leading goal scorer for the team, with ten goals. Lynch is the second leading goal scorer for the team, with seven goals. After talking with the three players, it was apparent that they had such a strong passion for the game.

Lynch, who first started playing at the age of four, joked that he went from learning how to walk right into learning how to skate as a child. Playing as the center or left wing, he got into hockey through the encouragement of his father who played in the America Hockey League. After spending some time playing in the junior league, he was recruited to play for the Ice Hawks. Rohan, whose position is also left wing, started playing hockey at the age of five. With the influence of his older brothers playing hockey, he too hit the ice at a young age. McKenna, who was always a fan of hockey, did not start playing until he was ten years old. He too played in the junior league before becoming apart of the University’s team.

With a few more games left in the season, hockey fans and Hawk followers are encouraged to take a trip out to the Jersey Shore Arena located in Wall, NJ to support the Ice Hawks.
The men's and women's track and field teams put solid finishes up at the "Fast Times Before Finals" Invitational at Rauch Field House at Lehigh University on December 11th. Both teams came in first place and set some personal and seasonal records.

"We really put in a lot of strong performances in every event area. The next step is to keep training hard so that we continue to improve into 2012," said Head Coach Joe Costanzo.

The men's team was highlighted by Laury Williams, who was an All American in the 600 meter dash. She took first place in the 200 meter dash with a time of 21.94 second.

For the men's team, Vince Elardo once again exhibited his dominance. He claimed first place in the weight throw with a mark of 60'11.0". Elardo also took first place for shot put with a distance of 51'9.35". Young came in second place for the shot put with a throw of 51'11.1".

Katie Frye finished in first place in the shot put with a distance of 18'6.75". In the discus throw, Kacie Wright took second place with a distance of 149'1.25". In the long jump, Lachelle Wallace finished in second overall with a jump of 7.04. In the triple jump, Kim Price took first place with a mark of 36'6.25'.

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In the triple jump, Josh Mann and Nick Waltman finished in first and third overall, respectively. Mann cleared 45'7.75" and Waltman cleared 45'2.5". They both took first place in the triple jump with a mark of 36'9.35" and 36'9.35" respectively.

Jeffers came in second for the second straight meet in the pole vault with a mark of 14'1.25". In the long jump, Stevie Talley took first place with a mark of 21'7.75".

Geoff Navarro came in second for the long jump with at a time of 22.93 and he came in third in the 600 meter dash with a time of 1:19.02. Young came in first for the 200 meter dash with a finish of 21.94.

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MAC ATTACK!

After losing the first eight games of the season, the men's basketball team has won two straight games, including their home opener against Fordham.

Full Story on page 26