A new report from the New Jersey Department of Transportation (NJDOT) confirms what many opponents of red light cameras have long suspected: the cameras lead to more accidents, more injuries, and greater costs for New Jersey drivers.

The NJDOT report, released in November, was compiled as an annual requirement of the state’s five-year red light pilot program that began in December 2009. Overall, the report found an increase in the total number of crashes as well as a drastic increase in costs at intersections where the cameras were installed.

The traffic control signal monitoring system, also known as Red Light Running (RLR), is an “integrated device utilizing one or more cameras and sensors that work in conjunction with a traffic control signal to produce images of vehicles that disregard a red signal or ‘run a red light,’” the report explains.

Although there are many supporters for the program, the costs outweigh the benefits for some New Jersey drivers. Created to increase intersection safety, some red light cameras have been found to do just the opposite. According to the report, the costs included, but were not limited to

“vehicle damage and repair, damage to property, emergency response, medical care, and even funeral costs.”

Many, if not most of these crashes are the result of drivers who slam on their brakes when a traffic light turns yellow in order to avoid a ticket, the report explains. Motorists who are aware that an intersection is monitored by red-light camera systems tend to get in more rear-end collisions from cars following too closely behind them.

The NJDOT report found that the number of rear-end collisions increased by 20 percent (from 286 to 343) after cameras were installed, resulting not only in more injuries, but a cost increase of $720,000.

Overall, the total number of crashes at the 24 intersections included in the report increased from 572 to 672 (9.0 percent.) It may not sound like a large increase, but the total cost – which takes into consideration vehicle and property damage, medical care, and emergency response, increased by nearly $1.2 million for New Jersey drivers after cameras were installed.

However, many opponents argue that the most dangerous intersection camera is a result of poor engineering rather than careless drivers.

Through allowing red light cameras to make the objective decision of whether or not a driver has disobeyed traffic laws, the argument erupts as to whether or not automated enforcement is a fair technique for issuing traffic violations. While traffic tickets were formerly up to $100 for issuing traffic violations. While ticketing was formerly up to $100, the cost of issuing a ticket is now as high as $1,200.

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The Jersey Shore Public Relations & Advertising Association awarded University student Kate Nawoyski the 38th annual JASPER Rising Star Award.

This award is given to students who excel in the communication industry and are enrolled in accredited programs. Out of the 19 different award categories presented in the JASPER Awards, Nawoyski, senior communications major, received the Gold Award in the Rising Star category for her video, Macheke Sustainability Project: Moleen Madziva.

According to awards.jspaa.com, “entries must meet a minimum score of excellence to be considered. Based upon the judges’ scores, one Gold and one Silver prize will be awarded in each category.”

Nawoyski said she was asked by the University’s Enrollment Publications Department to support Madziva’s sustainability project by creating a promotion-al and informative video. “The Macheke Sustainability Project is a great organization and we thought the video would not only help raise awareness, but also let Monmouth University students motivated to get involved in the project,” said Nawoyski.

Sarah Savarese, the Director of Internal Communications and, Eileen Reinhard, the Assistant Director of Internal Communications and Communications, nominated Nawoyski for the award. “Kate does outstanding work and we’re very fortunate to have her working in our office,” Savarese said. “This competition category was an excellent opportunity to show others outside of the University the quality of her work.”

The Macheke Sustainability Project is a non-profit organization whose headquarters are in New Jersey. “Essentially, MSP is a collection of social business initiatives whose focus is to empower people and eradicate poverty in the village community of Macheke, Zimbabwe,” according to machekeproject.org. “This model of poverty reduction seeks to support people in their goal to becoming self-reliant through social entrepreneurship initiatives.”

Moleen Madziva is a University alumnus who was born in Zimbabwe in 1975. She grew up in the village of Macheke and traveled to the United States to pursue an education. After receiving a Ph.D. in Sustainability Education at Prescott College, she decided to develop a project that would decrease the poverty level in Macheke.

Students and professors at the University as well as peers at Prescott College have supported Madziva and her efforts to empower the people of Zimbabwe and reduce the poverty level.

“These efforts have led to my founding of a non-profit organization called the Macheke Sustainability Project – a profound initiative that seeks to empower the people of my village as they turn from a life of abject poverty,” Madziva said.

“I’m just glad that I was able to help the MSP get their message out and hopefully get them some more volunteers,” Nawoyski said. “The award is added recognition, icing on the cake.”

The JASPER Awards are an entity of the Jersey Shore Public Relations & Advertising Association. However, the JASPER committee is responsible for deciding the candidates and winners of the awards. “In existence since 1965, the Jersey Shore Public Relations & Advertising Association has grown into the area’s largest communication association, consisting of almost 200 members from the advertising, graphic design, marketing, and public relations professions,” according to their website, jspaa.com.

“Everyone appreciates recognition for their accomplishments, and we knew Kate deserved to be honored in such a way as this,” said Savarese. “I’m glad the judges agreed.”

Other than the award winning, Macheke Sustainability Project: Moleen Madziva, Nawoyski has created additional videos that support different causes and organizations. “I created a testimonial video for Houseless Not Hopeless, a project created here at Monmouth by Susan Damascak and the First Year Service Project that helps raise awareness about homelessness,” Nawoyski said.

“I also created videos for the Alternative Spring Break trips to Guatemala to promote the work that students did to raise funding for the trips.”

Nawoyski is involved with many other groups and organizations on campus. Her involvement includes, but is not limited to, President of the Pre-Law Club, Operations Manager for Hawk TV, Apartment Manager for Residential Life, videographer and editor for Enrollment Publications, captain of the Mock Trial team and she works for Production Services.

Nawoyski is also very committed to volunteer work and will be traveling to Haiti in January for an Alternative Winter Break Trip.

Kate Nawoyski won the award for her video called Macheke Sustainability Project: Moleen Madziva.
A Glass of Merlot, Please

In order to provide students with hands-on experience in the field of wine production, the University has created a vineyard on campus as a part of the biology curriculum.

The idea of the vineyard originated from Dr. Pedram Daneshgar, Dean of the School of the Environment and Science. Daneshgar, according to Daneshgar, the purpose of the project is to fuse together the biology curriculum taught in the classroom with real life experiments that will expose students to the material they learn.

The Monmouth University campus vineyard is essentially an outdoor laboratory designed to help students understand sustainable agricultural practices, integrated pest management practices, growth promotion of grapes, proper cultivation of grape vines and other aspects of vineyards such as wine production,” said Michael Palladino, Dean of the School of the Environment and Science. Palladino also has the potential to help students learn about aspects of grape genetics and about the genetics of different individuals affiliated with higher education as well as others from business and government,” said Palladino. “I encourage anyone who is interested in learning more about working the vineyard to contact Daneshgar.

The purpose of the vineyard is to merge the biology curriculum with real life experiments.

The vineyard to be constructed near Doherty House is the responsibility of Daneshgar and other aspects of vineyards such as wine production.

“The main goal of this botany project is to incorporate a hands-on tool about sustainable agriculture and what it takes to successfully grow a vineyard,” Daneshgar said.

Daneshgar, an ecologist specializing in plants who also teaches many at the University of Arkansas, created a “platform to teach all students about biology and each section of biology creating a different project, the vineyard project is a unique way to connect all students within the field of study.”

One aspect of Daneshgar’s vision for this project is to incorporate aspects of the vineyard as a third laboratory course in the biology curriculum,” Palladino said. “In introductory courses and plant science courses, students can learn about fundamental aspects of the plant, the vineyard, and in upper level courses, students can learn about concepts in specific classes and the genetics related to the vineyard.”

The project, which began in early May of 2012, involved a selection of 20 strategic pest management practices, an on-going evaluation of the nutrition content of the vines to die as a result of disease, the growth of the vines, the management of the vineyard to contact Daneshgar.

The University’s website has narrowed down the pool of alumni support, enhancing diversity and so forth.

As of next year, the Search Committee intends on narrowing down applicants to bring to the University during the weeks of January 21, 28 and February 4. Currently, the committee is considering the criteria listed in the Leadership Statement in order to measure the quality of each candidate.

“The Search Committee has done a preliminary narrowing of the candidates and continues to work toward narrowing the pool to a smaller group for in-person interviews.”

GREY DIMENNA

LAUREN GARCIA

ASSISTANT NEWS EDITOR

The University is on track for the Presidential search of the 2013-2014 school year. According to the Search Committee, advertisements have been placed in several media forms to allow for as many potential candidates as possible to be considered.

Grey Dimenna, Vice President and General Counsel the one responsible for most of the staff work of the Presidential Search Committee, has confirmed and narrowed down the pool of candidates into three categories: those who will be interviewed, those who are under consideration, and those who are not.

“The advertise ment is designed to attract the pool of candidates,” Dimenna said. “The Search Committee also sent out letters to hundreds of individuals including government officials, former students, alumni degree recipients and donors and friends of the University, asking them to alerting them of the process of the search, 70 officials have applied for the position. Some of the applicants, however, are still currently employed by other institutions. The University has agreed to keep the personal information of the applicants confidential. Their identities will not be known until they have narrowed down the candidates to the final few who will then be brought onto campus in the last two weeks of January into early February, according to Dimenna.

“The Search Committee has done a preliminary narrowing of the candidates and continues to work toward narrowing the pool to a smaller group for in-person interviews,” said Dimenna. “In narrowing down the pool, the Search Committee is considering each candidate’s background, experience and the quality of the materials submitted as part of the application.”

Dimenna added that the committee is still using the criteria listed in the Leadership Statement in order to measure the quality of each candidate.

The Leadership Statement, which is available for viewing on the University website, lists challenges and characteristics that will be sought for a new president. Many challenges are listed on the website but a few examples are: the future of the academic program, enrollment strategy, enhancement of financial resources, focus on student satisfaction and success, growth of alumni support, enhancing diversity and so forth.

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GREY DIMENNA

Vice President and General Counsel
Students to Utilize New Space in Rechnitz Hall

strictly just for art majors adds to the universal excitement emanating across the student body. Garret Vitulli, a sophomore business major, contests enthusiasm similar to Rubin’s, mentioning how he is happy that he will get to experience the new "Art building experience" without having to actually be an art and design major. "I have an art appreciation class in the building when it first opens up for classes next semester and I have to say that it is looking forward to it as much, or maybe a little more, than I am looking forward to my business courses," says Vitulli. He proceeds to mention how it could possibly bring more awareness and interest to the department. "I think by letting people from other majors into the building and seeing all of the cool work that the art students are doing might influence them to take a few more design-based classes of their own," he could really help boost the department and let other kids discover a skill that they never thought they could do," Vitulli contends.

On top of the increased learning spaces, a large gallery was constructed to be one of the main focal points of the building, and will also showcase student and local pieces. "The inaugural exhibition "faculty and friends" is curated by our Gallery Director Scott Knauer, and Professor Vincent Dimatto. In the future, the gallery will display student senior shows and our "all art/design student exhibit, which are annual events. Additional exhibits, where we bring nationally and internationally recognized artists, are selected by our Gallery Director with input and advice by art/design faculty," Cohen states.

It goes on to indicate that the Rechnitz Hall gallery will also allow for exhibitions of larger, higher quality to be brought to campus, an option that was not possible in the old 800 Gallery. However some studios will remain in the 600 building zone, such as photography, printmaking, ceramics and sculpture with an additional studio for drawing and painting classes to make sure that the previously cramped students now have the necessary space. The building is set for the grand unveiling sometime after the University’s winter break, where there will be a formal reception for invites only, and then a general public admission to the building upon the later date. For those who cannot wait for the official viewing or whom wish to stay updated on the art building’s process, they can do so at Monmouth’s website, http://www.monmouth.edu/resources/campus planning/artbuilding.aspx, where a virtual tour of the gallery was offered along with a description of the project.

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Students and Employers Gather for the Annual Career Networking Day

The event also gave students an opportunity to work on their interview skills for the next event, or upcoming job search.

"After the first [career fair attended] I changed my resume," said Kyle Thomas, senior. "The events are really helpful and for the most part everyone is encouraging." "The last event I went to made me more prepared," said Francesa Oden, sophomore. "These events are helpful because you get to meet different companies and recruiters." Before leaving the Fall Career Day, students were asked to fill out a survey included in the job packets to help feedback future career events.

Students who did or did not attend the event, but want to do building tours, can visit our 'all art/design student exhibit, which are annual events. Additional exhibits, where we bring nationally and internationally recognized artists, are selected by our Gallery Director with input and advice by art/design faculty," Cohen states.

The new "Art building experience" is constructed to be one of the main focal points of the building.

"I know how nerve-racking it can be," continued Columbus, "I was excited to encourage and support the students," said Columbus. The event also gave students an opportunity to work on their interview skills for the next event, or upcoming job search.

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3rd Annual Holiday Bazaar

Thursday, December 6th
Anacon Hall, 2nd floor of the Student Center
10:00 am - 4:00 pm

find a gift for everyone on your list!

shop for:
• jewelry
• Northface
• Uggs
• candles
• toys
and more!
As students, there are many things we have to deal with. Some primarily face the battle of getting work submitted on time, while others adapt to lifestyle changes the most and hate the harsh reality of becoming an adult. However, one issue that all of us are familiar with is whether it is better to be a resident or a commuter. The University has obviously made that decision for us by choosing to build a new dorm in Parking Lot Six near the library.

Current residents may not care about this, but it does affect all of us. After all, who among us doesn’t at least have a friend who has said, “I’m late to class because I can’t park!”? Beginning this spring, we’ll have a 200 less parking spaces. In return, the University promises to have more bedrooms some time during 2014.

Several editors pointed out that it might be a very serious problem for students looking to use the library late at night. If library parking is deferred to the Woods Theater lot, then, if students are at the library late at night, it could be a daunting experience to walk that distance at that hour. While the University feels that, should the University defer to the Woods Theater lot during the day, meaning students who have class in there may have to leave campus. Not only is the building lot being one of the few commuter lots on the north end of campus, students have been complaining almost non-stop that nearly half of the student body want more students living on campus, the University has been offering almost non-stop throughout the entire semester about a lack of parking during certain times. Despite the valet parking service, many students find themselves consistently running late, due to the inability to find places to park. One editor points out that if it weren’t for being an honors student and thus having the ability to park in the honors lot, he might have needed to rearrange his schedule. The Outlook can only imagine how people will feel when another 200 spots are taken away for a dorm that nearly half of the student body may never see finished.

Budgetary constraints notwithstanding, it might make more sense to build additional facilities, or at least plan to. If students plan to live off-campus anyway, funds would be better spent on additional academic buildings or student facilities—i.e. all of the psychological counseling and health services could be consolidated into one building, opening up additional spots for clubs and such in the Student Center.

Moreover, this could cause serious overcrowding of the Woods Theater lot during the day, meaning students who have class in there may have to leave campus. Not only is the building lot being one of the few commuter lots on the north end of campus, students have been complaining almost non-stop that nearly half of the student body want more students living on campus, the University has been offering almost non-stop throughout the entire semester about a lack of parking during certain times. Despite the valet parking service, many students find themselves consistently running late, due to the inability to find places to park. One editor points out that if it weren’t for being an honors student and thus having the ability to park in the honors lot, he might have needed to rearrange his schedule. The Outlook can only imagine how people will feel when another 200 spots are taken away for a dorm that nearly half of the student body may never see finished.

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Also, many buildings are used for several departments; foreign languages, natural/social sciences and technological majors are a few. Moving these programs to a building on campus could certainly benefit from their own facilities.

Pretty much everyone is aware of the Art building that was recently bought on campus. Not only is it the department, and all of its students, rejoicing in its completion, but the mere fact of having it, it, specialized facilities will create greater educational benefits. Having a space dedicated to students of a specific discipline allows the University to celebrate them and bolster a more complete learning process.

There is no doubt that art majors will profit from being able to work in greater space and within designated, specialized areas. This same principle applies to all students of all educational disciplines.

One editor who used to live on campus said an additional dorm would be completely unnecessary. Since students rarely get turned down for housing and, at times, there are empty beds, there is no reason to assume there would be enough students living at the University to warrant the dorm.

Living off campus is cheaper and should supervisors realize that, there is little reason for them to stay complete learning process.

Conversely, one editor at The Outlook doesn’t believe the dorm is a bad idea. By enticing more students to live on campus, the University is attempting to avoid its suitcase school image. However, the editor agrees that the placement is poor, and that the University should consider investing funds elsewhere before looking to have more residents.

While it is understandable to want more students living on campus, there are many aspects of the University, such as Howard Hall, that could use improvements first. Although a new dorm wouldn’t be the end of the world, The Outlook feels that, should the University go through with it, it would be greater consideration given to its placement prior to the beginning of construction.

CORRECTION: Last week, in a story headlined “Hawks Fly Together in Hurricane Relief Efforts”, The Outlook reported that the relief fund had collected $700, which is what the paper was told on the record by a staff member from Student Activities. After the story was published, the paper became aware that the actual amount collected to date was $9,074.46. If, for any reason, this inaccuracy has caused misunderstanding or problems, The Outlook regrets that.

The Outlook provides the Monmouth University community with information concerning issues in and around the University while serving as a forum for expression of the ideas of its readers.

Contributions must be submitted (email outlook@monmouth.edu) by 12:00 p.m. Sundays to The Outlook office, 2nd floor, room 260, Plangere Center.

All copy must include the author’s full name and contact information. The Outlook reserves the right to edit or reject any material which they determine is not suitable for publication or its readers. Copy and advertising appearing in The Outlook do not necessarily reflect the views of Monmouth University or The Outlook.

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**Alternative Press’ ‘Artist of the Year’ Stirs Controversy**

BY AMY GEIS

"Those four years will fly by!" How many times have you heard that cliché? I know I was told that when I entered high school, college, and, it is more of a reality than I ever expected.

I have had serious thinking of college since my senior year rapidly comes to an end, I’ve had my moments of reminiscing about the past and looking forward to the future. Now, I hope to offer meaningful insight on the "growing up" that takes place during the college years.

I have made so many changes to my lifestyle since my freshman year that thinking of the habits I have retained is quite amusing. The following is the shortest advice I could possibly give about my college experience and, I hope it is that you have come to consider the norm.

Am I too old for: finding the most outrageous frat or toga party? Yes. As a freshman, dressing up in a bed sheet wrapped uncomfortably around my torso was apparently one of the best ways to meet new people, and so was paying a $10 cab ride to a party where there were so many people it was easy to identify as a freshman that it was nearly impossible. Looking back, none of those people I met are my friends to this day. We all wear jeans and a tee to a place where I know I have good company. To look back, some of these days before you realize how silly they were! Am I too old for: skipping class? Too many upperclassmen say, as a freshman, yes. It seemed like a difficult concept to wrap my head around a few years ago, but I pay a high tuition to attend college. I do think that, as a senior, intentionally not going to class is just pure laziness compared to being an immature decision as an underclassmen.

Priority has become a skill that I’ve learned through my years of schooling. If it’s class, meeting, internship, or job is "worth missing" at this point, then your level of responsibility and reliability isn’t worth a career. There are so many hours in a day to find spare time free to yourself instead of skipping on a lecture.

Am I too old for: roommate complexes? I’ve found even at least one issue every year with a roommate. So don’t think that you can ever grow old for conflict because it is a part of life. However, the way I handle situations has drastically changed.

As a freshman and sophomore, I thought ignoring the problems that were obvious would solve all issues, but that only created more tension and added a heap of unnecessary stress. Approaching any problems that arise right away is the best way to grow as a communicator, negotiator, and mature person. Disagreements are going to happen, and they might continue after talking it out, but being comfortable in your environment is the best way to handle it. Traditions are in full swing. Some are large, but traditions are traditions humble. His family likes to drink wine-filled as mine are. Some are just too simple to mention. As a Boyce, junior, keeps his family’s traditions humble. His family likes to exchange socks during Christ- mas live.

"It’s something we’ve been doing ever since we were little, and it just kind of sticks with us every year," Boyle said.

In my opinion, seniors should stay on tour and offered the University. My father was so affectionate that I started attending a college as a young girl and leave as a young lady.

Of course, four years ago, I thought he was just commenting on how much I have changed due to college, and it is more of a reality than I ever expected. Looking back, none of those people I met are my friends to this day. We all wear jeans and a tee to a place where I know I have good company. To look back, some of these days before you realize how silly they were! Am I too old for: skipping class? Too many upperclassmen say, as a freshman, yes. It seemed like a difficult concept to wrap my head around a few years ago, but I pay a high tuition to attend college. I do think that, as a senior, intentionally not going to class is just pure laziness compared to being an immature decision as an underclassmen.

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"It’s something we’ve been doing ever since we were little, and it just kind of sticks with us every year," Boyle said.
The University's Model United Nations (UN) team will spend the upcoming months preparing for two of the largest international conferences. The team will then be traveling to represent the University in Rome from March 7-12. The remainder of the members are awaiting their opportunity to travel for the York conference and are waiting for their country assignment from Rome.

"Fundraising for the conferences was a lot of work, and we were only nine members in 2011 and going to need more funding to take more students who were dedicated and had the passion to represent the University in Rome," said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti. "We were okay, said Model U.N. President, Rich Conoscenti.
Middle East Tensions Rise: What Role will the US Play?

PRESS RELEASE

The mock trial team competed in the 1st Annual Hower Invitational. They competed in Temple University this weekend. After receiving the fact pattern, case one of the issues that the team worked hard on was if this was the case of "Midlands" in the case of Allen v. Neptune Underwater Excavations in October, in the team diligently prepared during intense practices and scrimmages leading up to the competition in Philadelphia. In a competitive field of schools, the team placed 2nd overall in the invitational. Some of the skills of trial technique and strategy combined with a knowledge of the case was a big part in the team's success this weekend. If America is not ready to provide troops to help the situation which may be forthcoming, what then, if anything, is being done to promote peace and stability in the volatile region, particularly with respect to the Israeli-Palestinian conflict?

Dr. Charles Cotton of the Political Science Department named New Jersey's superman. Even after the withdrawal of combat troops from Afghanistan over the past two weeks, which will likely result in all American combat troops having been removed from the country by the end of 2014. The departure of the United States from Afghanistan will signal the end of hostilities in the Middle East and will finally allow American citizens to focus its efforts domestically and address equally pressing concerns on the home front.

According to Younas, “Even after the withdrawal of combat troops from Afghanistan over the past two weeks, which will likely result in all American combat troops having been removed from the country by the end of 2014. The departure of the United States from Afghanistan will signal the end of hostilities in the Middle East and will finally allow American citizens to focus its efforts domestically and address equally pressing concerns on the home front. What Role will the US Play?

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When fully ripe as it is now, the holiday spending season can inhibit the practice of proper judgment in gift selection. A common trend is for people to be frequently made in the haze of the consumerism and bad traffic, especially in the case of women shopping for their men. This is because guys who go to the store, in search of, we are surprisingly particular. A cordless drill, snow shovel, or gift for a guy's personal taste. A great gift is always appreciated, though a better gift may be found through exploration. A new album or a really great movie is often the surest of entertainment.

Dr. John A. Kosinski, an adjunct in the department of chemistry, physics, is so intellectual that his possible holiday wishes saturate his mind. It is the people like Kosinski that he really wants art of cooking, pick up an outdoor grill set. All grilling essentials can be picked up at any craft supplies store. The nearest art store is the Michael's located on Route 35. Fresh paintings or drawing supplies can be purchased to any craft supplies store. The arts supplies store to simply bend an image to give it a sort of 3D or perspective.

The fish eye lens is buy them great gifts this holiday season. For example, a great gift for the guy who doesn't have a lot of time to relax is a great gift to buy, and you don't have to be that skinny and will get upset. If you truly want to buy her clothing, find that one gift that no woman can turn down: a vacation. For Michaela Moscaliuc, English instructor, the vacation can be as simple as a one night vacation to see a play in New York City or as extravagant as a romantic trip for two in the Caribbean Islands. It could even be a weekend get away to one of those delicious holes that sounds like the one you are looking for in the deceptive multitude. Maybe these can have great sound, but their popularity has made them overly common. And a little chance of high-fidelity audio would be highly appreciated in the Poconos mountain range. Your vacation can turn into a great gift for the guy who you think is going to be in your life forever.

One of the obvious front-runners for the past few years, Beats is so intellectually appealing that its design is his number one holiday wish. To say that Beats is the one that he really wants art of cooking, pick up an outdoor grill set. All grilling essentials can be picked up at any craft supplies store. The nearest art store is the Michael's located on Route 35. Fresh paintings or drawing supplies can be purchased to any craft supplies store. The arts supplies store to simply bend an image to give it a sort of 3D or perspective.

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Hawks Fly Together for Relief:

Wave of Hope
Benefit Concert

Friday, December 14th
7:00 pm Anacon Hall
doors open at 6:30 pm
tickets are $7 at the door
all proceeds benefit those affected
by Hurricane Sandy*

*50% of our proceeds will go to the Hurricane Sandy New Jersey Relief Fund, and 50% will go to the MU Sandy Relief Fund which directly benefits Monmouth University students, alumni, and employees who were impacted by Hurricane Sandy.
Dozens of students, faculty and supportive loved ones gathered at the Ice House Gallery on November 30 for the December Senior Show reception. This event celebrates the work done by those majoring in art with a concentration in painting and printmaking. It lasted from 7 pm to 9 pm.

Walking in the door, viewers were greeted by three different photography series. Samantha Suchavski shot the “Amplified Tendrils” series, Nicole Armit was behind the “Longing” collection and Rebecca Lennon took the “Torsai” sequence. All are art majors with concentrations in photography.

Suchavski’s work showed nature at its most raw level; by photographing a variety of branches, she was able to use contrasting colors—of tree and sky—and different degrees of depth to enshelf the images.

“It’s about entanglement, about getting down to our roots,” Suchavski explained. “I know the middle of nowhere was great and I knew how the images were named: longings. Headphones rested below most of his pieces, selected by friends and family, in attendance to demonstrate that they’d known and cared for him. Chrzaszcz had also been a volunteer firefighter; members of the fire station attended the event as well.

The memorial exhibition consisted of paintings, sculptures, photographs, and collages, demonstrating all manner of art, from abstract to photographic images. Regardless of the image itself, there was no doubt as to Chrzaszcz’s talent.

“He was an advice of mine,” Massoni said. “He was as joyful and enthusiastic on the first day I saw him as he was on the last. He always had a smile.”

Matthew Miranda, a friend of Chrzaszcz, helped to organize the event. “We wanted to make sure his family had a big say in it.”

He then added, “We were supposed to do the senior show together, but I didn’t have enough credits at the time.”

Paige Chrzaszcz, Paul’s sister, carefully explained their selection of his work. “A lot of them weren’t finished. We didn’t pick the ‘best’, we picked the strongest,” she said. Looking around at the crowd, lower level of the Ice House Gallery, it was clear that Paul touched so many lives in many ways; the incredible depth and variety of his work reflected this life of experience and understanding.

There are many different forms of art. It can be light or dark, flat or three-dimensional, realistic or abstract, but it is always an expression of a person’s creative expertise. Knowing the care and effort each person puts into their work is what makes going to the senior exhibit such an experience. Remember to get out there and support your fellow Hawks.
By now, you’ve probably heard the news: actor Rider Strong, who portrayed Mr. Feeny in “Boy Meets World,” will be replacing the late Ben Savage as Cory Matthews in his spin-off series, “Girl Meets World.”

This news is exciting for both fans of the show and Rider Strong, who has been preparing for the role for years. He is known for his portrayal of Countdown’s lead vocalist, Joe Vena, in the band Seasons, and has been building his musical career for four years. With the new show, he will have the opportunity to showcase his talents and grow as an actor.

The series will follow the lives of several characters, including Cory and Topanga, and their new family. The BMW cast in a guest spot, and I think it would be nice to find out where our characters have been all these years. But Girl Meets World will be, and it will be about Cory and Topanga, their daughter, and a new set of characters.

Don’t expect the new show to be all about Cory and Topanga because this is being developed for Disney Channel. The channel is aiming to attract kids today, who didn’t necessarily grow up with the show. The show is about Riley, her older brother Eric, and her best friend Maya, an edgy girl who might not be as dark as she seems (she went by the name Riley in “Boy Meets World”). They will probably be learning their lessons from their history teacher, Mr. Feeny.

Riley has not been cast yet, nor has Eric or Maya. Riders who truly has to take their time in finding the right actresses to play her. The show is set to premiere in the fall of 2013.

While “Girl Meets World” has hype around it because of the actors involved, there is also hype around it because of the creators. John Wells and Marv; Alex’s character was fatally stabbed. However, it was announced that Greg Mottola would direct the film and screenwriter, who has only seen them on DVD.”

It also gives people a chance to become better at writing character dialogue, and his directing style is instantly recognizable. Both of these classic films are being re-released in theaters since it will give people who haven’t already, as well as offering a difference in experience to the people who have only seen them on DVD.”

“I think Quentin is the greatest ex-...
Study hall is a part of the requirements for Division One athletes, aiding in a quieter atmosphere dedicated to assist the student-athlete in his or her studies. Other students like Samantha LaRoca have also found the library helpful in avoiding procrastination.

“I have to go to the library because doing [homework] in my room doesn’t work,” says LaRoca.

Although the Guggenheim library has limited hours, it does provide students with many useful resources including the functional cubicles and printers available. However, beginning Sunday, December 9, the library will have extended hours until 1 a.m. But if you know you will be working around the clock, working in Howard Hall in order to utilize tip number two on the helpful hint list might be best.

If you do find yourself avoiding tasks as the semester winds down remember that the end is near with holidays, winter break and a month of relaxation, so remain positive and avoid your delay.

The Count Down to Winter Break Begins

Put Procrastination Off Until Later

EMILY TAYLOR
STAFF WRITER

The art of procrastination lies somewhere in between the confidence we have in ourselves and the anxiety we face to perform. Depending on the difficulty of the assignment or project, whether it is work related or personal, time is the main factor hindering efficiency. Time represents the amount of hours or minutes or days spent working towards a goal, and for the start of finals week, time is something we usually put off. Because of the confidence we have in performing to the deadline, we normally work better under stress.

“I usually procrastinate when I have a lot of work to do and I put it off because it is too much to take on,” said senior Samantha LaRoca.

If we as students are putting off assignments to the very last minute, we develop stress which initiates the release of adrenaline. And depending on where we as individuals fall within the ‘Fight or Flight’ response, we generally experience both phases. First, the brain triggers a fight response in which the delay process begins and procrastination filled with the updating of statuses and the re-tweeting of famous 90’s lyrics. By the time we’ve already complained about how much work we have we begin to fight the avoidance of course work and we decide start our list making, delaying us another 20 minutes.

Suppose we cut the crap, sit down and focus for a change because experience has shown that we have already overcome difficult challenges and have succeeded, relating to why we procrastinate—because we can, it’s always worked and we normally end up on top.

Besides, according to the BBC News, Professor Joseph Ferrari of DePaul University Chicago, the author of Still Procrastinating? The No Regrets Guide to Getting It Done, has found that 20 percent of the population of the world are chronic procrastinators, complicating their lives, and probably shortening them, with their incessant delaying and task avoidance. So let’s start by following a few simple tricks in order to reduce the stress of procrastination.

1.) Don’t take breaks unless completely necessary; for hunger, thirst, etc.

2.) Utilize your ‘I’m on a roll’ moments— you know when you’re in the zone, so stay there and avoid diverting your attention. 

3.) Set mental time limits for yourself— don’t just utilize the allotted eCampus deadline, know that within a certain amount of hours your assignment needs to be completed.

4.) Prepare yourself to work— don’t surround yourself with distractions, so prepare snacks, course work and other materials that you’ll need.

5.) Reward yourself— what better way to complete an assignment knowing something positive will come of it? So if you’re planning a dinner date after or catch up on some DVR.

Athletes like Defensive Linebacker Brad Harris attend mandatory study hall in the library in order to focus on his studies. “Mandatory study hall for athletes helps eliminate the chances of procrastination because [the athletes] are required to be in an academic setting and do their work,” said Harris.

Thanksgiving break has come and gone, but have students really gotten back into school mode? “No way,” said freshman Sarah McGrail. “Definitely not,” sophomore Caroline Keating agreed. Between the unavoidable break caused by Hurricane Sandy, the Thanksgiving break, the last thing on students’ minds right now is their schoolwork. Over the past few weeks, it has become increasingly difficult to return to the normalcy that once enabled students to focus on their work. Though it has not been the fault of the University, for President Gazley they could not have possibly handled the situation any better, it seems that Sandy is meant to blame for the lack of focus on the students’ part. “I used to have a good work ethic before the hurricane hit, but after that time off it’s been hard for me to get my work done. It felt like the semester was almost over by the time we got back,” McGrail further explained.

Although students usually have some what of a difficult time getting back into the swing of things after the usual short Thanksgiving break, the extra two weeks off from the hurricane this semester have made it even more difficult. Many students were unsure of whether or not certain projects and homework assignments were supposed to be handed back at school, their pile of work had grown substantially. Although most professors were incredibly understanding and flexible with project deadlines, it was still a struggle to get back on track. “I’m still having a little bit of a hard time getting back on schedule,” Keating said. “It hasn’t been easy.”

Most students would probably agree with both McGrail and Keating that adjusting to classes after the hurricane was no easy task. Even though not having power was a situation that took a lot of getting used to, it certainly hindered the students’ ability to get work done while in school, which in turn affected their focus and work ethic once they finally arrived back at the University. Keating, a commuter, also explained that because her house in Fair Haven still had not gotten its power back even after classes at the University had finally started up again, she had absolutely no motivation to do her school work. It is more than likely that her case was similar to the hundreds of other students who commute to campus every week. But regardless of whether students live on campus or travel every day, it was still a fight to reengage once that bus ride that was lost during the hurricane.

After spending almost two long months powerless weeks at home, students were greeted with the realization that they only had a short amount of time to go until Thanksgiving break when they finally got back to school. This only made matters worse. Getting back on schedule was already difficult enough, and now it seemed that barely anyone was interested in doing homework or going to class. It became harder to concentrate as the anticipation of yet another break from school grew stronger. It seems to be a vicious cycle this semester: the ever-present knowledge that there is a break right around the corner, paired with a lack of motivation that unfortunately comes along with that knowledge.

With winter break less than twenty days away, the cycle has begun yet again. It seems that students are more concerned with buying presents and planning get-togethers with friends from home than they are with going to classes and finishing their homework. Even with finals coming up, most students seem to be just about done with the fall semester. They have lost most of their motivation and drive to work as hard as they did in the beginning of the semester, and it has become especially apparent now that the end of classes is nearing.

Lawrence reveals his strategy to boost student morale toward the end of the semester. “I try to engage students in different kinds of activities that require them to interact with each other on more of a personal level, or something requiring them to be proactive in their approach,” said Lawrence.

Even without the two weeks off during Hurricane Sandy, students are still most likely still had a difficult time rebounding from Thanksgiving break.

However, because of the additional weeks during which classes were cancelled, students have lost almost all of their motivation. It has been an incredibly rough semester in terms of class time, which has been very little help to the work ethic of many students. Winter break might be right around the corner, but the anticipation leading up to the last day of finals is what is going to make these next three weeks seem much longer than they actually are.

The best way to beat procrastination is to prepare for it and schedule library time accordingly.

With so much time off this semester and the approaching holidays, students are having trouble getting back into the swing of things.
Educators from High School to College

“Black Friday Madness”

ERIN KENNEY
Professor of Disability Services

Black Friday: the infamous day after Thanksgiving holiday; a day that appeals to many. Americans yet raises feelings of intimidation and frustration. It marks the start of the holiday shopping season, businesses open shop early, close later and offer promotions. It has been recorded as the busiest shopping day of the year since 2005. The appellation is quite ironic: cold weather lines, no guarantees, sleep deprivation, etc. So when factoring in your sanity, time, uncertainty and the price of your purchases, does it all add up to be worth the trouble? Some would say that highly discounted electronics or other items are not worth freezing their toes off, but Senior, Greg Sentara disagrees. He spent his Thanksgiving night camped outside of a local Target to take home a 32-inch Apex LCD TV for only $147. “It was way worth it. I’m a broke college kid and it was really cool to see him both at my high school’s homecoming and here at Monmouth at a soccer game. He was also my soccer coach and inspired me to go far,” said sophomore Rachel Fox.

More of the education process is geared towards individual styles in high school and a structured learning environment helps to get closer to the real relationships. Some teachers even will teach you the extra mile according to freshman Briana Lieberman.

In terms of other desirable merchandise: clothes, shoes, perfume, sports gear, etc., venturing into the Black Friday gauntlet may not be the wisest move. The swarms of people are easy to get lost in. “Even though I’m only there for one thing, I just can’t wait to get out,” said Pat Nardella. The thought of getting close to strangers can make some people cringe. “Once of my teachers still keeps in touch through phone and email while I am away at MU,” he noted. This is vastly different from a relationship with a professor.

“We have returned to their home town high schools to visit favorite teachers. One major difference is that these teachers know a student on a more personal level and often stay in touch with them after graduation.”

“I am real close friends with my high school Spanish teacher and it really cool to see him both at my high school’s homecoming and here at Monmouth at a soccer game. He was also my soccer coach and inspired me to go far,” said sophomore Rachel Fox. More of the education process is geared towards individual styles in high school and a structured learning environment helps to get closer to the real relationships.

Some teachers even will go the extra mile according to freshman Briana Lieberman.

Ben fell victim to the common one-off model strategy. Basicall-y, distributors will strip down a well-known model and sell the partially gutted product for far less money. Commonly used by retailers, the one-off model poses as a real bargain, but more often times than not.

The biggest perk to shopping on Black Friday is of course the one-off model strategy. As Sen Tara said, “If you shop smart, you save smart.”

Almost all of us have a favorite teacher from high school or even a professor from here at the University who is looked at as a friend or mentor. There are some major differences in the way these relationships are viewed. “One of my communication professors used to work at places such as Walt Disney World and they really allowed me the chance to see what working in the field is like at a professional level,” said Rebecca Zdik, a sophomore. Hearing about real life experience from professors often enlightens students to see the world differently than they might have viewed it in the past and could even inspire them to change their major if a high interest arises in a particular subject.

Over fall break, many students have returned to their home town high schools to visit favorite teachers. One major difference is that these teachers know a student on a more personal level and often stay in touch with them after graduation.

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More of the education process is geared towards individual styles in high school and a structured learning environment helps to get closer to the real relationships.

Some teachers even will go the extra mile according to freshman Briana Lieberman.

In terms of other desirable merchandise: clothes, shoes, perfume, sports gear, etc., venturing into the Black Friday gauntlet may not be the wisest move. The swarms of people are easy to get lost in. “Even though I’m only there for one thing, I just can’t wait to get out,” said Pat Nardella. The thought of getting close to strangers can make some people cringe. So, when the holiday comes around next November, remember to do your homework and to do it well. Only those Black Friday guidelines in mind:

First off, junk is junk, even if it’s cheap. If you don’t need it, don’t buy it!

Second, time is money. So make sure it’s worth it before investing your hard earned money or sleeping hours.

Last but not least, don’t rush your pumpkin pie! Family and friends come first, cutting your pie time in half to race to the stores should be considered a big no-no.

Enjoy your turkey day before giving it up in favor of spending your money.

Perhaps retail enthusiasts should consider turning the World Wide Web to satisfy their shopping needs next holiday season.

“Cyber Monday is way better, you don’t even understand,” exclaimed Nardella.

The fad of convenient online shopping is catching on rather quickly. The possibility of a new holiday is upon us. Online retailers and websites have created their own ‘Black Friday’ on the following Monday. Retailers offer extreme sales on limited items all day and sometimes all week.

‘Cyber Monday’ can very well be the next new thing. Like Sen Tara said, “If you shop smart, you save smart.”
The Gamma Iota chapter of Theta Xi, at Embry-Riddle Aeronautical University in Prescott, Ariz., set up both chapters at Arizona State University and the Gamma Iota chapter in Point Pleasant, N.J. TKE member Lorenzo Russo- manno noted that he and his brothers were trying to get some debris out of their house so that the town could clean up and they could use an extra hand or two, so said Buchalski, Assistant Director of Greek Life. They too have been advised of the fraternity for about a year. She knew of a couple, Kathy and Scott Emery, from Point Pleasant that needed help gutting their home for repairs.

“She shared a story with them about her friends on the east coast that were trying to get some debris out of their house so that the town could clean up and they could use an extra hand or two,” said Buchalski, Assistant Director of Greek Life. They too have been advised of the story and actually did something when it was needed.

“I was overwhelmed,” Ho- gan said in reference to how much the Monmouth brothers were willing to help. Twenty-four TKE members, including actives and alumni, came together in Point Pleasant to help families whose lives had been turned upside down from the storm.
Alpha Xi Delta hosted an event called Xingo for the first time on Friday, November 30 in the study student center in order to raise awareness for their philanthropic organization, Autism Speaks.

The event was free to all students and its purpose was to raise awareness of autism to the students on campus. The students in attendance played bingo and the winners received prizes. While the students were playing bingo, the sisters of Alpha Xi Delta shared facts on autism that they thought were important.

This is the first time that Alpha Xi Delta ran Xingo, and as a result of the turnout and feedback they received, they hope to host it again next year. The sisters of Alpha Xi Delta were pleased with the turnout of the event, which was mainly promoted through a Facebook page that included all of the event information. The cost was covered entirely by the Weekend Warrior grant available to organizations at the University. Ashley Anton, senior, communication major, attended Xingo on Friday night. “I thought this event was really well organized,” said Anton. “I was having fun and learning so I would do it again next year. The sisters of Alpha Xi Delta have a Facebook page that included information about it and I wanted to come out tonight. We are not used to having fun and learning at the same time.”

Another student who was interested in the event was Alexa Caplinger, freshman English and Education major. “I got an email about it and I wanted to come because finals are stressing me out and I wanted to learn new ways to deal with it,” said Caplinger.

McCarthy defined stress as “anything in our lives that exceeds our ability to cope.” It was also characterized as being unavoidable and overwhelming.

Some of the things that were defined as causes of stress were family, money, friends, and relationships. An interesting fact that McCarthy shared was that the number one mental issue on this campus and across the country is anxiety, and that is one of the main reasons why this session was held to educate students. McCarthy also talked about ways in which people can make the pets more at home and at ease. “I came tonight because I had to for a class, but I’m sure it will be beneficial,” said Patel.

Another student who was interested in stress coping methods was Zach Bessette, freshman English and Psychology major. “Most of whom were freshmen, which were fulfilling their "W," which stands for "wellness," requirement for the SHADOW program. The SHADOW program is a program that was designed for first year students in order to get them involved with events on campus. Numerous events fall under the program, each standing for a different letter. Once all of the letters are earned, students are entered into a raffle and eligible to win free clothes, gift cards, and concert tickets.

Some professors were requesting to have their class names called out. One of the three was a questionnaire about your vulnerability to stress, another was a paper with instructions for a deep breathing exercise, and the last paper included tips to relieve the harmful effects of stress. McCarthy demonstrated an alternate deep breathing exercise (different from the handout) and explained how to do it when stress becomes too unbearable. She also expressed his hopes that this was advantageous to the students and that they would leave with some sort of knowledge in the subject. “If they walk away remembering one or two tips and apply them, I’d be happy with that,” said McCarthy.

Also, McCarthy also presented deep breathing exercises, which she thought was really helpful and useful information,” said Bessette.

Deena Haluza
SALES WRITER

Alpha Xi Delta hosted a bingo night while simultaneously providing autism awareness to students of the University. Vice President of Public Relations for Alpha Xi Delta, Katie Crede, sister, said that “their current home was out tonight. We are not used to such a turnout,” said McCarthy. She also expressed his hopes that this was advantageous to the students and that they would be left with some sort of knowledge in the subject. “If they walk away remembering one or two tips and apply them, I’d be happy with that,” said McCarthy.

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Do you think that general education courses should be required?

COMPILED BY: ALEXIS ORLACCHIO

“Yes, they're important because you get a good feel of other majors so you can pick out another interest.”
Taylor senior

“No, I don't think they're important. I don't feel like taking them helped me at all.”
Colleen senior

“Some are helpful. Sometimes they're a little excessive, there's more than you need.”
Erin sophomore

“I'd say they're necessary. I transferred as a business major and I switched to health studies so I feel they helped me a lot.”
Cait junior

“[I think] some of them are, like math and science. I feel like some are to make you seem worldly.”
Anthony freshman

“No, I think it puts an extra strain on students and I'm not really learning what I need for my major.”
Kim senior

“To an extent. I feel like I covered most of them in high school and I learn so much in my actual major courses.”
Matthew junior

“I feel like they should be, but at the same time I feel like everybody learned these things in high school.”
Mike Professor of Communication

“They should be required. We are in a better position than students to determine what should be a common set of knowledge.”
Stephanie junior

“I think they are helpful. They give you a more broad understanding of different subject matter.”

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**Aries** • (Mar. 21 - April 19) - This week is a 6
The pace is picking up, as you have probably already noticed. Accept the greater good of the situation, and even though your workload is getting more intense, your excellent performance in the situation attracts good attention. Release anything that might lead you astray and find a way to keep gaining that positive view others are seeing you in, it very well could lead to a great opportunity.

**Taurus** • (April 20 - May 20) - This week is a 5
Avoid the confrontation by staying away from someone else’s argument. Instead save your energy and relax for the next two days. Someone notices your “chilled out” stance and finds it very appealing. Be on the lookout for this attraction, there very well could be a blossoming romance on the horizon just in time for the holidays.

**Gemini** • (May 21 - June 21) - This week is a 9
Being ambitious is always a good thing but don’t get too carried away with it all. Sticking with the facts at work, getting the job done, and remaining at a steady pace will serve you well in the upcoming week.

**Cancer** • (June 22 - July 22) - This week is a 7
The voracious learning phase has finally rolled in and is coming into play. It would be a good time to start practicing something that you love now, make sure that you don’t lose all of your time to these lessons though.

**Leo** • (July 23- Aug. 22) - This week is an 8
The phrase “work now, play later” will be your mantra for the next couple of days. Avoid anything that might sidetrack you in order to stay on task and get the work done that will give you that extra set of cash. Resist the temptations of slacking and you will be very happy with how much you were able to finish at the end of it all.

**Virgo** • (Aug 23 - Sept. 22) - This week is a 9
Assertiveness works well now, so avoid any distractions in order to be the most effective. You’re feeling more powerful and in control as of late and this will help you in your upcoming tasks. Though take things one step at a time to avoid failure.

**Libra** • (Sept. 23 - Oct. 23) - This week is a 6
Times are getting hectic and nobody knows that better than you right now. Slow down and complete one thing at a time. Contemplate potential outcomes, postpone private meetings, and wrap up the details of the following days. There may be conflicts of interest that arise, but do not worry, those can always be dealt with later.

**Scorpio** • (Oct. 23 - Nov. 21) - This week is a 9
’Tis the season to enjoy yourself! Get out there and have some fun, ponder party possibilities, and plan some music and food filled festivities. Pass on what you’ve learned to those who are willing to listen. In the end everyone learns something and has a good time along the way.

**Sagittarius** • (Nov. 22 - Dec. 21) - This week is an 8
The next few days are going to require patience, seeing as there may be a disagreement about priorities or delayed correspondence. Research the best possible option and consider assuming more authority to get your points across when they finally are decided upon.

**Capricorn** • (Dec. 22 - Jan. 19) - This week is a 9
Time to branch out your creative and intellectual outlets! Plan your agenda for maximum utilization of your time, and use that time to do something new. Attend a business seminar to help you fund doing what you love.

**Aquarius** • (Jan. 20 - Feb. 18) - This week is an 8
Keep things practical in this high stress time. Figure out your finances sooner rather than later to avoid the headache. Also changing the budget revisions and bidding your time will all prove well for you as you make the move to get things done.

**Pisces** • (Feb. 19 - Mar. 20) This week is a 7
It would appear that there is a project in the works for you. Review the instructions again to make sure you are doing things correctly and share the job with people who you can rely on. Choose your coworkers wisely though; you’re the one responsible for the whole thing in the end.
MU’s track and field season began this past weekend as the team hosted both conference rival Wagner College and Division III Stevens Institute of Technology in Monmouth’s Fourth Annual MAC Classic.

The men and women’s teams participated in thirteen events each.

The men won nine of their events while the women won a total of eight events.

Overall, the men scored 150 points while the women were not far behind with 131 points.

Head coach Joe Compagni was proud of his team’s great start to the season.

“I think we were pleased with it for our first meet of the year,” Compagni praised. “It’s important for us to measure where we are at early in the season.”

Highlights on the women’s side came from senior jumper Rachel Watkins. Watkins won the high jump with a height of 1.78 meters (5 feet 10 inches) and long jump with a landing of 5.67 meters (18 feet 7 inches).

Junior Laura Williams won the 300 meter dash with a 41.47 time. Shot put was won by junior Rachel Aliotta as she threw for 13.92 meters (45 feet and 8 inches). Meanwhile, the weight throw was taken by junior Tahlia Young.

Senior Chris Rutherford competes for the Hawks as the Blue and White defeated Wagner and Stevens Institute of Technology in the Fourth Annual MAC Classic.

Men’s Basketball Wins Fourth Straight

The men’s basketball team won its fourth straight game Monday night with a 77-65 win over Binghamton.

Ed Waite led the Hawks (5-3) in scoring with a career-high 26 points and 10 rebounds.

Sophomore Andrew Nichols wasn’t far behind, scoring 19 points on seven of 14 shooting from the field. Nichols also had big games on the boards. Waite had nine rebounds and Nichols grabbed eight, all of them coming on the defensive side of the ball. Nichols had a game-high five steals as well.

The Hawks changed the game right before halftime. The 5:15 remaining in the half, the teams were tied at 26. The Blue and White went on a 12-2 run, capped by a Jesse Steele three-pointer, to take a 10-point lead into the half.

Waite scored seven straight points to put MU ahead 33-26. Reed made a layup for the Bears and Christian White responded with a two-point jumper for the Hawks. Steele made a three as time expired and the Hawks were up by 10.

Free throw shooting was much better for the Blue and White on Monday night. Last week against Lafayette, MU shot 50% from the charity stripe. Monday night they were eight of 12, a much improved 85.7%.

The Bears (2-7) had two scorers in double figures as well. Guard Jordan Reed scored a game-high 26 points, shooting 10 of 17 from the field. Fellow guard Jimmy Gray added 10 points for Binghamton.

The Hawks next game is tonight, Wednesday December 5, at home against Navy.

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**Outlook’s Weekly NFL Picks - Week 9**

**Away**
- Chicago Bears
- New York Jets
- Dallas Cowboys
- Baltimore Ravens
- Kansas City Chiefs
- Atlanta Falcons
- Detroit Lions
- Houston Texans

**Home**
- Minnesota Vikings
- Jacksonville Jaguars
- Cincinnati Bengals
- Washington Redskins
- Cleveland Browns
- Carolina Panthers
- Green Bay Packers
- New England Patriots

**Scores**
- Ed (3-5)(36-28)
- Clutter (3-5)(35-29)
- Gavin (4-4)(41-23)
- Outdoors Club President Greg Cenicola (Brett Gilmartin 1-7)
The men's basketball team opens their 2012-2013 season with non-conference play against some of the top elite basketball teams in the nation.

The Hawks will face teams from six different conferences, including the Big East, Atlantic Coast Conference (ACC), Colonial Athletic Association (CAA), and Patriot League and America East. Of these seven teams, qualified for NCAA men's basketball play in 2012, six are projected to be one of the best, most respected teams in the Northeast Conference, and the seventh is ranked in the 10 to 15 (AA-IB) category.

Head coach King Rice, who is in his second season with the team, is not picking easy teams for the Blue and White. The Hawks have put in just as much work to try and be better than those who are ranked or not, so our mindset is to win the games and look to improve through -

Although the coach's policies may have just been brought on in one of the many practices that coaches hold during the holiday season. For the first time in months, they may have some down time to spend with their families. Or, they may be hitting the town and getting into trouble. Although the coach's policies reign strong during this odd break, there always seems to be the chance of some sort of trouble that arises. If teams have to deal with personal issues of star players or have to deal with NFL scouts having already spoken with some, more coming in to watch the team back from their full potential.

Like I said, there’s a lot of things that happen during the early part of the season. It seems to be the case that there is some kind of underlying issues. And that's what makes it tough to win a bowl game. There are going through all these situations step by step, trying to figure it out. There's the pressure of not only being aware and confident in a Bowl game, look beyond the numbers and the stats. But that's also part of the game. It takes a little investigative work to understand this odd break. During one of the NCAA's 35 bowl invitations, there’s an overwhelming chance that one of these bowl games will be a bowl game; and that’s a prediction I will make for the 2012-2013 bowl season.
The track & field team won its first meet of the season. They defended their home turf in the Fourth Annual MAC Classic, beating both Wagner and Stevens Institute of Technology.

Full Story on page 22