

Health Studies

Subject Research Guide

Contained within this document are selected resources at the Monmouth University Library useful for locating information in the field of Health Studies. For additional resources, search the Library catalog or call the reference desk at 732.571.3438.

Finding Books

Visit <http://millenium.monmouth.edu/search.html> to find books in the Monmouth University Online Library Catalog. For help using the Catalog, go to the Library Help Pages <http://library.monmouth.edu/help/tutorial/tutorial3.htm>

Search Tips

Health Studies topics should be searched as "**Keyword**" to maximize the number of references to a topic. When a subject heading is known, search the "**Subject Heading**" index. To find subject headings in the medical field, try the *Medical Subject Heading* (MeSH) online: <http://www.nlm.nih.gov/mesh/MBrowser.html>

Reference Books

Dictionaries & Encyclopedias

REF QH332 E52 2004	<i>Encyclopedia of Bioethics</i> (5 vols.)
REF QH427 E53 2004	<i>Encyclopedia of Genetics</i> (2 vols.)
REF QP356.45 H433 2002	<i>Hormones, Brain and Behavior</i> (5 vols.)
REF QP771 E53 2004	<i>Encyclopedia of Vitamins, Minerals and Supplements</i>
REF R121 M89 2002	<i>Mosby's Medical, Nursing, and Allied Health Dictionary</i>
REF RA790.6 M46 2001	<i>Mental Health: Culture, Race, and Ethnicity</i>

Handbooks & Guides

REF R733 A475 1999	<i>Alternative Medicine Sourcebook</i>
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REF RA790 W69 2005	<i>Mental Health Atlas 2005</i>
REF RM666 H33 N38 2005	<i>Natural Standard Herb and Supplement Handbook</i>
REF RT98 S783 2001	<i>Handbook of Public and Community Health Nursing Practice</i>
REF TX551 P385 2005	<i>Bowes & Church's Food Values of Portions Commonly Used</i>

Finding Journal Articles

Visit <http://library.monmouth.edu/researchdb/researchdb.php> to locate databases and journal articles available at Monmouth University. Databases specific to "Nursing & Health" are found on the Research Database page under the subject listing:

- **Abstracts in Anthropology** – thousands of fully indexed abstracts in anthropology and archaeology
- **ALT-HealthWatch** – complementary, holistic and integrated approaches to health care and wellness
- **Biomedical Reference Collection** – over 200 full-text medical, clinical and research journals
- **CINAHL** – electronic version of the *Cumulative Index to Nursing and Allied Health Literature*
- **Cochrane Library** – collection of several evidenced-based healthcare databases
- **Health Source: Nursing/Academic Edition** – over 500 scholarly full-text journals and the Lexi-PAL Drug Guide
- **Highwire Press** – high impact journals in the areas of science, technology and medicine
- **Science Direct** – full text scientific, technical and medical articles from Elsevier Publishing
- **Wiley InterScience** – offers full-text access to certain journals available via Wiley InterScience that are commonly held by libraries involved in the New Jersey Knowledge Initiative

Career Resources

Print Resources in Reference Career Collection

REF Career Coll. R690 P45 2000	<i>Peterson's Job Opportunities: Health & Sciences</i>
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REF Career Coll. HD8051 A62 2008-2009 *Occupational Outlook Handbook*

Professional Associations

American Association for Health Education	http://www.aahperd.org/AAHE/
American College Health Association	http://www.acha.org
American Public Health Association	http://www.apha.org
American School Health Association	http://www.ashaweb.org
Gerontology Society of America	http://www.geron.org
International Society of Behavioral Nutrition	http://www.isbnpa.org
International Union for Health Promotion and Education	http://www.iuhpe.org
National Wellness Association	http://nationalwellnessassociation.com/
Society for Public Health Education	http://www.sophe.org
Society of Behavioral Medicine	http://www.sbm.org
New Jersey Public Health Association	http://www.njpha.org
New Jersey Society for Public Health Education	http://www.njsophe.org
World Health Organization	http://www.who.int/en/

Online Government Resources

Centers for Disease Control (CDC) is a clearinghouse for credible health information, easy for everyone to navigate with very current disease and health information.

<http://www.cdc.gov/>

Fedstats is *the* place to go for statistics gathered in the last decade from more than 100 federal agencies, ranging from agricultural to social services. Click on "Health" via the dropdown menu for links to many government health-related websites.

<http://www.fedstats.gov>

MedlinePlus has authoritative information from National Library of Medicine (NLM), the National Institutes of Health (NIH), and other government agencies and health-related organizations. <http://www.nlm.nih.gov/medlineplus/>

Morbidity and Mortality Weekly Report (MMWR) is a free online version of the classic publication published since 1976. Article topics include the effects of prison violence on juveniles, tobacco use, and disease and health conditions for meatpackers. <http://www.cdc.gov/mmwr>

National Center for Health Statistics contains up-to-date state and federal statistics relating to many health issues. This resource provides the quantitative evidence to support research theses. <http://www.cdc.gov/nchs/howto/w2w/w2welcom.htm>

National Institutes of Health (NIH) is one of the nation's top medical research agencies. The NIH website publishes the latest studies in all medical fields with online reports used by many medical professionals in scholarly journals. <http://www.nih.gov>

Occupational Safety and Health Administration (OSHA) aims to ensure employee safety and health in the United States by working with employers and employees to create better working environments. <http://www.osha.gov>

PubMed Central is a free digital archive of biomedical and life sciences journal literature at NIH developed and managed by NIH's National Center for Biotechnology Information in the NLM. <http://www.pubmedcentral.nih.gov/>

Substance Abuse and Mental Health Administration (SAMHSA) was created by an act of Congress in 1992. SAMHSA is a public health agency that confirms the accountability and effectiveness of programs that deal with mental health and substance abuse. Scholarly researchers contribute to and cite the information gathered by SAMHSA. <http://www.samhsa.gov>

Need more help?

- Access the Monmouth University Library Page at <http://library.monmouth.edu/>
- Access the Research Help Page at <http://library.monmouth.edu/help/help.php>
- Use our Ask-a-Librarian service at <http://library.monmouth.edu/help/ask.php>
- See the Library's hours at <http://library.monmouth.edu/about/about.php#hours>
- Call the reference desk at **732.571.3438**.